



Samar da lafiya ta hanyoyin sadarwa na zamani (telehealth)



Yaushe ne mafi dacewa wajan amfani da hanyar samar da lafiya ta sadarwar zamani (telehealth)?

A wannan zamani na yaduwar cutar COVID-19, likitocin physiotherapy na amfani da hanyar sadarwa ta zamani wajen kulawa da taimakawa masu cututtuka kamar:



Kafin haɗuwa da marar lafiya ta hanyar telehealth, a yi la'akari da waɗannan abubuwan



Tabbata ka/ki na da lambar likitan ka/ki na physiotherapy domin kaucewa abin da zai-je-ya-dawo, kuma ka/ki yi shiri tamkar ido-da-ido za ku sadu.

Hanyar sadarwa ta zamani (telehealth) za ta iya zama dauwamammiyar hanyar kula da lafiya mai tasirin gaske wajen rage raɗaɗin ciwo da haɓaka lafiyar jiki