

# WORLD PHYSIOTHERAPY DAY-2022 REPORT

Target Group: BPT Students, Staff and students of KRMU

Coordinators: Dr. Mamta Shankar (PT), Dr. Badri Vishal (PT)

**Date:** Thursday, September 08,2022

**Venue:** KRMU campus, Sohna road, Gurugram

### Introduction

In 1996, 8 September was designated as World PT Day. This is the date World Physiotherapy was founded in 1951. The day marks the unity and solidarity of the global physiotherapy community. It is an opportunity to recognize the work that physiotherapists do for their patients and community. Using World PT Day as a focus, World Physiotherapy aims to support member organizations in their efforts to promote the profession and advance their expertise. Reports from around the world indicate that World PT Day activities have a positive impact on the profession's profile and standing with both the public and policy makers. Many World Physiotherapy member organizations already have their own national physiotherapy days, weeks and months.

The Department of Physiotherapy, K. R. Mangalam University celebrated World Physiotherapy Day (8th sept) to spread awareness about health and wellness. In context to focal theme of 2022 – "OSTEOARTHRITIS", students and faculties had organized various activities.

# **Objectives**

- To spread awareness amongst the university staff and students about the physiotherapy day.
- To engage students in extra curricular activities and inculcate competitive spirit amongst students.
- To raise health awareness among the staff of the university and teach them to deal with osteoarthritis.
- To help the staff of the university for early diagnosis of diseases or illnesses and management/treatment of the diseases.



### Content

The programme started with Rangoli Competition by different groups of students at the reception area of college. The competition was judged by Pro-Vice Chancellor ma'am; Prof. Pushpa Lata Tripathi. The programme was followed by a skit presentation by the students which provided an emphasis on the theme of World Physiotherapy Day 2022- Osteoarthritis which was continued by Flash Mob by the students which captured a lot of attraction on the field of KRMU Campus.

Post lunch, the programme further proceeded with poster competition among the students which was judged by DEAN, Student Welfare, Prof. Tania Gupta. The program ended with an expert talk on Osteoarthritis by Dr Gurpreet Singh

### Attendees

BPT students participated in the celebration and in various competitions, staff and students of KRMU attended the event.

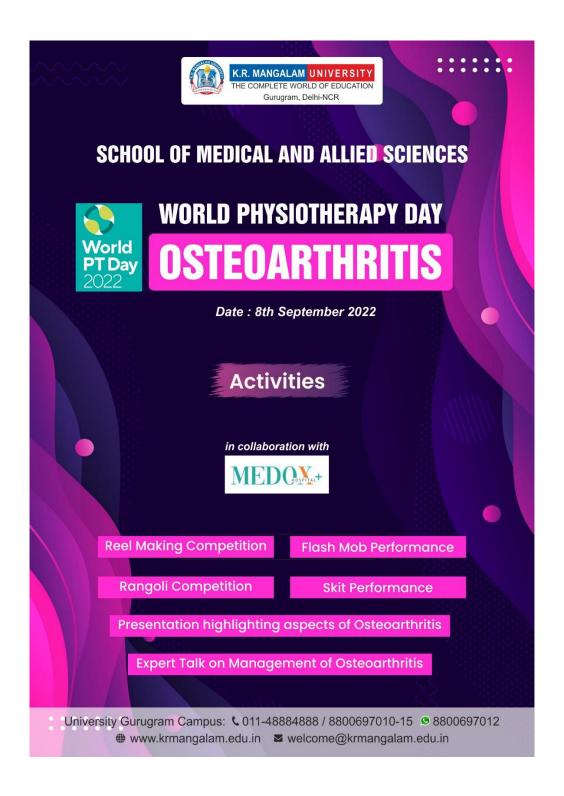
### **Activities**

TIME	EVENT
9:30 AM	Assessment Session of Faculties of KR Mangalam University
10:00 A.M.	Rangoli competition
12:00 P.M.	Skit by BPT students
1:00 P.M.	Flash mob by BPT students
2:00-3:00 P.M.	Poster competition
2:30 P.M.	Expert talk on Osteoarthritis

# Conclusion

The celebration had a positive impact on the students and staff of KRMU. They were motivated to participate and further spread awareness about Physiotherapy. The conduction of event was successful.











Assessment Session of Faculties of KR Mangalam University







Rangoli Competition among Students







Skit Performance by the Students







Flash Mob by the Physiotherapy Department







Poster Competition among Students







Talk by an Expert Session on Osteoarthritis





Physiotherapy Department, KR Mangalam University