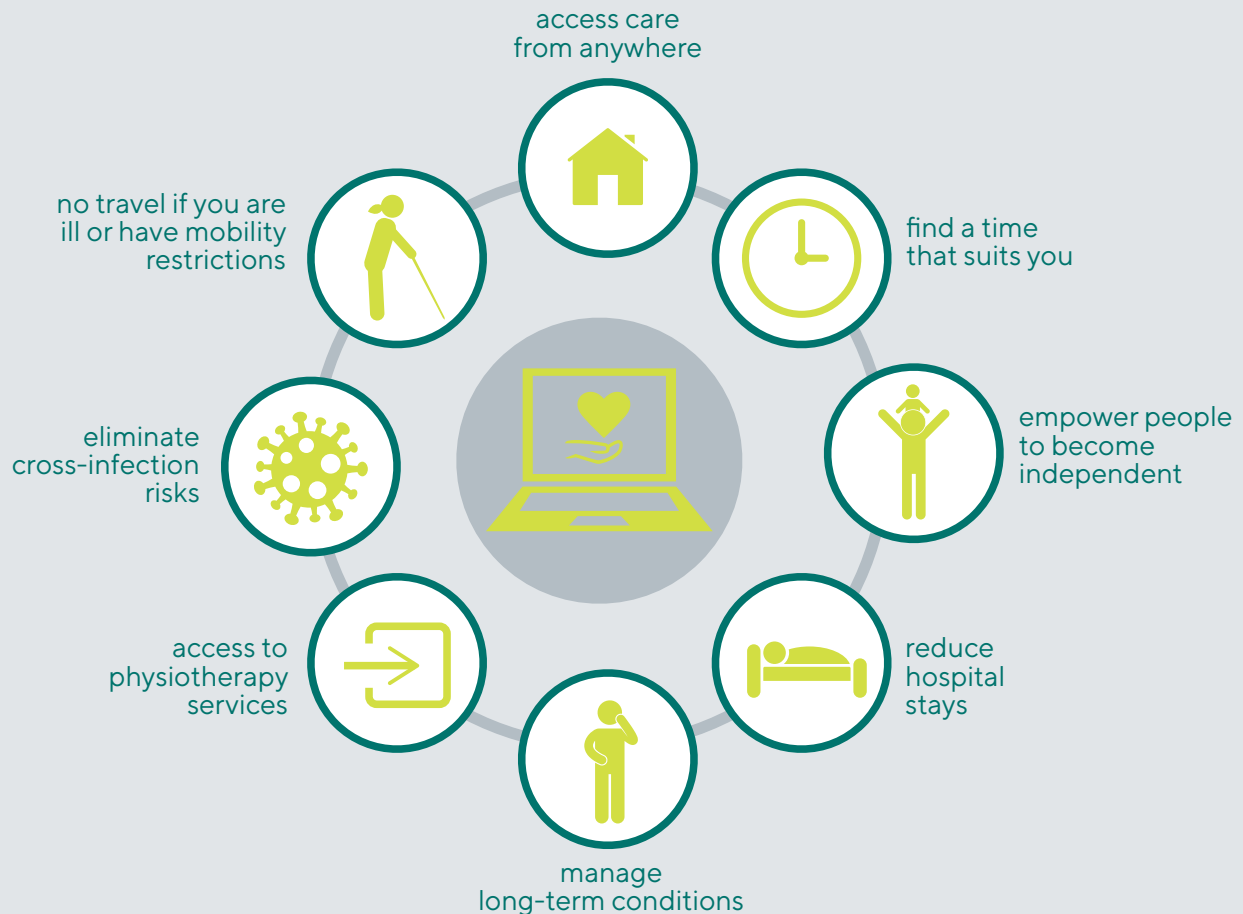




Accessing rehabilitation with telehealth



Benefits of using telehealth for rehabilitation



What is telehealth?

Telehealth or eHealth is the use of electronic communications to share medical information to improve a person's health.

Why use telehealth?

COVID-19 has affected face to face time between healthcare professionals, including physiotherapists, and patients. Telehealth means you can access physiotherapy services from your own home.

As movement experts, physiotherapists can play an important role in the COVID-19 pandemic and help people who are at risk of functional decline during periods of social distancing and quarantine