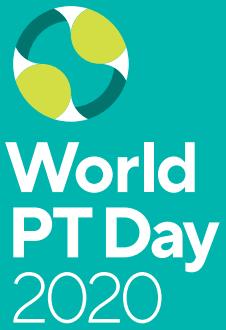




Samar da lafiya ta hanyoyin sadarwa na zamani (telehealth)



Fa'idodin amfani da hanyar sadarwa ta zamani a rehabilitation



Wacce ce hanyar samar da lafiya ta sadarwar zamani (telehealth)?

Samar da lafiya ta hanyar sadarwar zamani (telehealth) ce ake amfani da ita wajen yada muhimman bayani akan iganta lafiyar mutane.

Mene dalilin amfani da hanyar sadarwar zamani?

Bullar cutar COVID-19 ta sanya shamaki wajan ganawar da marar lafiya ke yi tsakaninsa da likitocin physiotherapy da kuma sauran ma'aikatan lafiya. Amma ta hanyar sdarwa na zamani za iya samun wasu ayyukan physiotherapy kana zaune a gida.

A wannan zamani na yaduwar cutar COVID-19 likitocin physiotherapy kasancewar su na zama kwararru a ilimin kimiyar motsa jiki, su na taka muhimmiyar rawa wajen taimakawa mutanen da ke hadarin tabarbarewar lafiyar jikin su.