

Summary Report on Celebration of World Physiotherapy Day- 2019



School of Physiotherapy celebrates World Physiotherapy Day on 8th September every year to spread awareness about health and wellness among people. In context to focal theme of 2019 – “Role Of Physiotherapist in Chronic Pain”, students and faculties had organized various activities such as :-

- **Walkathon** from Police Headquarters Circle via Kishanpara Chowk to Police Headquarters Circle, Ring Road- Rajkot.
- **Fitness Challenges** for morning walkers at Race course
- “**Ergonomics for traffic police with Zumba Session**” at Police Headquarters Ground.
- **Camp for Chronic Pain** at RK Physiotherapy and Rehabilitation Research Centre.

Proceeding of the day was as followed:

TIME	EVENTS
6.30-8.00 AM	Walkathon & Fitness Challenges for Morning Walkers
8.00-9.00 AM	“Ergonomics and Zumba Sessions for Rajkot Traffic police
10.00-12.00 PM	Camp for Chronic Pain at RKPRRC

The events coordinated by Dr. Nidhi Ved & Dr. Chirag Solanki

“Walkathon” for Rajkotian

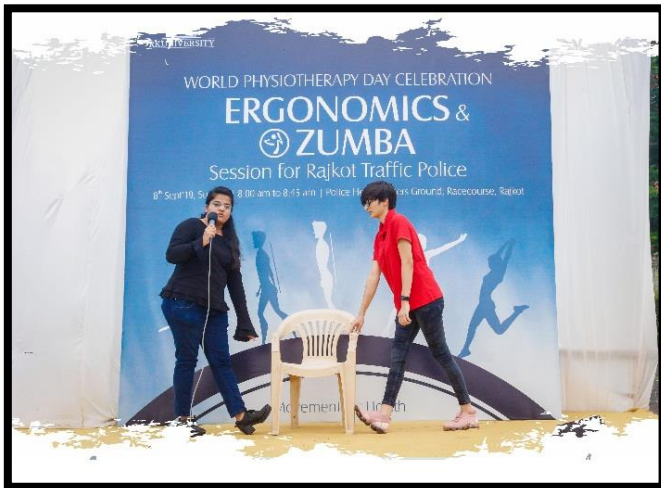




Fitness Challenges for Morning Walkers



Ergonomics and Zumba Sessions for Rajkot Traffic Police



Camp for Chronic Pain at RK Physiotherapy and Rehabilitation
Research Center, Bhaktinagar, Rajkot





Team, School of Physiotherapy, RK University, Rajkot