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### ARIP - World PT Day Celebration Report

Ashok & Rita Patel Institute of Physiotherapy (ARIP), a constituent institute of Charotar University of Science & Technology, celebrated World Physiotherapy Day on 8<sup>th</sup> September, 2022 in accordance with the World Physiotherapy's theme "Osteoarthritis and the role of Physiotherapists". ARIP organised various activities keeping students, local community and all teaching and non-teaching staff of CHARUSAT university in mind.

The World Physiotherapy materials (information sheets, banners and posters) were translated in local language which is Gujarati. The translated content in Gujarati was distributed to the CHARUSAT's teaching and non-teaching staff as well as to the local community in the form of leaflets. Student centric activities such as video making competition and quiz competition were organised. Ten patient education videos based on world physiotherapy materials were prepared by undergraduate and post graduate students in English and Gujarati language. There were three best videos given the cash prizes. Quiz competition was organised for undergraduate and post graduate students. Total 9 teams and 36 students participated in this event. After the eliminating round, three teams reached to finale and finally two teams were winner.

Various awareness and screening sessions were arranged at outreach centres of ARIP. Awareness talk, fun games, role play and osteoarthritis screening were organised at Mitra Rehabilitation Centre in Mogri, Kasor village, Mahagujarat Physiotherapy centre and Ayurvedic centre in Nadiad and Gangswaroop Maniben Lakwa Kendra at Demol. For the CHARUSAT university's staff, risk screening of osteoarthritis was organised. Along with it, awareness session was organised for university's non-teaching staff.

Around 200-250 students participated along with the faculty members.

The event was financially supported by the management of charusat.

The whole event was planned and executed by the Principal and the faculty members of the institute.