Female genital mutilation

Policy statement



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World physiotherapy opposes all forms of female genital mutilation (FGM). FGM is a fundamental violation of girls' and women's rights, including the right to life, the right to physical integrity and the right to health. In the absence of any medical necessity, FGM subjects girls and women to health risks and has life-threatening consequences. Further, it contravenes the UN Convention on the Rights of the Child and violates the fundamental ethical principle of "do no harm". (1, 2) World Physiotherapy advocates that physiotherapists should be aware that this practice has serious physical and mental health consequences.

FGM, often referred to as "female circumcision", comprises all procedures involving partial or total removal of the external female genitalia or other injury to the female genital organs for cultural, religious or other non-therapeutic reasons. World Physiotherapy recognises that change in this practice may require time and great sensitivity to culturally accepted norms, but that every effort should be made to protect girls and women from FGM and to educate and modify behaviour to bring about its elimination.

The World Health Organization (WHO), together with a wide range of international organisations including World Physiotherapy, maintain the view that there is no justification for FGM. (3)

Although the global prevalence of FGM has decreased over the past decades, an estimated 200 million girls and women alive today have undergone FGM (4)

World Physiotherapy recognises the important role that the International Organization of Physical Therapists in Pelvic and Women's Health (IOPTPWH) has played in raising awareness of this issue. World Physiotherapy offers its full support to its position statement on FGM. (5)

Further, World Physiotherapy supports:

- the global strategy to stop health providers from performing female genital mutilation (1)
- the joint WHO/UNICEF/UNFPA policy statement on FGM that promotes policy development and action at the global, regional and national levels (1)
- the Cairo Declaration for the Elimination of Female Genital Mutilation (6)
- the World Medical Association Statement on FGM and its Resolution on Violence Against Women and Children(7)
- the International Confederation of Midwives Statement on Female Genital Mutilation (8)
- the Abandon FGM Campaign (9)

World Physiotherapy urges all member organisations to join national and international efforts to oppose and eliminate this practice and believes that only through international collaboration will efforts to eliminate FGM be realised.

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Glossary (https://world.physio/resources/glossary)

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Approval, review and related policy information	
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Related World	World Physiotherapy policy statements:
Physiotherapy policies:	Torture
	Ethical principles and the responsibilities of physiotherapists and member organisations
	World Physiotherapy endorsements:
	UN Convention on the Rights of the child
	UN Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment

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- 2. United Nations. Convention on the Rights of the Child. New York, USA: United Nations; 1989 [Available from: https://www.unicef.org/child-rights-convention.
- 3. UNAIDS, UNDP, UNFPA, UNHCR, UNICEF, UNIFEM, et al. Global strategy to stop health-care providers from performing female genital mutilation. Geneva, Switzerland: WHO; 2020 [Available from: https://www.who.int/publications/i/item/WHO-RHR-10.9.
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