



## **JSS COLLEGE OF PHYSIOTHERAPY MYSORE**

### **REPORT OF WORLD PHYSIOTHERAPY DAY 2019**

The JSS College of Physiotherapy has been organising World Physiotherapy Day (WPT day) by active participation by students and staff each year. There was active involvement and enthusiasm of the entire college for conducting the programme for 2019 also. The college, with permission of the Mysore City Corporation, organized a cyclotron through the main streets of the city, creating awareness about the importance of being physically fit to the general public; the Principal, Dr Kavitha Raja, flagged off the rally in front of the premises of the college at 7:30 am.



### **CYCLOTHON BY THE STUDENTS THROUGH THE CITY**

This was followed up with a free screening and evaluation camp on the theme of “**Chronic Pain- A Significant Burden On Global Health**”, as per the World Confederation for Physical Therapy, held in the department of Physiotherapy, JSS Hospital from 10 am to 1:30 pm. The camp was organized by the college in collaboration with the hospital, and the Director of the hospital, Col (Dr) Dayanand, as well as the Medical Superintendent, Dr Guruswamy, inaugurated the camp and wished for the success of the camp.



#### **CAMP INAUGURATION IN THE DEPARTMENT OF PHYSIOTHERAPY, JSS HOSPITAL**

The programme was compeered by Mr Prashanth V M, the co-ordinator of the programme; Mrs Renuka Devi, Professor of the college, spoke about the importance of conducting the WPT Day globally on different themes each year while Mr Vijay Samuel Raj, Asst Professor, highlighted on the theme of Chronic Pain, and how Physiotherapy is important in management of chronic pain. The Principal, Dr Kavitha Raja, presided over the programme.

All the students and staff were present for the camp, which was followed by a photograph with the dignitaries. About 25 patients attended the camp and took benefit for overcoming their chronic pain. Screening, evaluation and advice was given to all the patients, and handouts on do's and don'ts to be followed in chronic pain were distributed.

As an awareness initiative of the theme and facilities provided by the college as well as the physiotherapy department to the people of Mysore, audio recording was done by the 92.7 Big FM radio channels, which was aired on 11<sup>th</sup> September 2019.