

Summary Report on Celebration of World Physiotherapy Day- 2018

School of Physiotherapy Celebrates World Physiotherapy Day on 8th Sept Every year to spread awareness about Health and Wellness. In Context to Focal Theme of 2018 – “**Exercise Therapy & Mental Health**”, Students and Faculties organized following activities -

Walkathon



Walkathon was inaugurated by Mr. Banchhanidhi Pani, Commissioner, Rajkot Municipal Corporation.

Leading Physiotherapists of Rajkot, Dr. Ankur Parekh, Dr. Dilip Doshi and many more joined and supported the Walkathon.

Walkathon started from police Head Quarter Gate (Nal-Circle), Racecourse Ring Road, Rajkot to Indoor stadium, Race course, Rajkot. More than 350 supporters including medicos, clinical physiotherapists, and citizens actively participated.



Cyclothon:
Flag off ceremony was done by Mr. Banchhanidhi Pani, Commissioner, Rajkot Municipal Corporation.

Cyclothon started from police Head Quarter Gate (Nal-Circle), Racecourse Ring Road, Rajkot to Indoor stadium, Race course, Rajkot.



Students and faculties of School of Physiotherapy had arranged health and fitness challenges for Morning walkers at Racecourse ring road.



Health & Fitness Challenges at Various Schools including Kadvibai Virani Kanya Vidhyalaya, Kotak Kanya Vidhyalaya, Gyanganga School, Popular School, Hari Om secondary and Higher secondary School, etc...



“Zumba” Session was arranged in front of indoor stadium, Racecourse, Rajkot by Dr. Riddhi Mehta and Team. Around 250 participants joined the session.



RJ Nupoor from 94.7 FM, Rajkot had taken interview and released the activities on air.



More than 250 supporters including medicos, clinical physiotherapists, and citizens actively participated in “Zumba” Sessions.

Camp for Football Players and Swimmers

Camp was organized for More than 18 Football players at Race course to improve their performances.



Camp was organized for More than 20 swimmers at Race course to improve their performances.



Camp for Ankle, Foot and Heel Pain at RK Physiotherapy, Research and Rehabilitation Centre, Rajkot. More than 18 Patients from Rajkot had taken benefit of this camp.



Camp for Pediatrics was Organized at Outpatient Department of School of Physiotherapy, RK University, Tramba, Rajkot. More than 10 Pediatric Patients from Peripheral Rural area were Evaluated and treated.



TEAM AT A GLANCE:

