



# WORLD PHYSIOTHERAPY DAY-2018

# SHRI SULESHWARI COLLEGE OF PHYSIOTHERAPY

(Managed by M.L.Charitable trust, Mumbai) Lalji Park, Mehsana-unjha Highway, At and Po: Bhandu-384120, Ta.Visnagar Dist:-Mehsana, Gujarat, India 8<sup>TH</sup> September,2018

# **COLLEGE INFORMATION**

- Shri Suleshwari college of Physiotherapy, Bhandu celebrated world physiotherapy day on 8<sup>th</sup> September 2018.
- Shri Suleshwari college of Physiotherapy, Bhandu Permitted by Government of Gujarat, Gujarat state council for physiotherapy, Indian association of physiotherapist and affiliated by Hamchandracharya North Gujarat University, Patan-384265. Accredited by NAAC "A" grade (CGPA 3.02).
- > Our college is established in green nature and large campus.

# PHYSICAL THERAPY AND MENTAL HEALTH



# **College Activity on World Physiotherapy Day**

#### BY SHRI SULESHWARI COLLEGE OF PHYSIOTHERAPY

8th September 2018

On 8th September, on the occasion of **World Physiotherapy Day**, Shri Suleshwari college of Physiotherapy has organized different Events.

- Lamp Lighting
- Prayer
- 📥 Yoga
- 4 Aerobic exercise
- 4 Speech By Chief Guest And Principal
- Rally On Physiotherapy Awareness in Bhandu village
- Poster presentation
- Model Presentation
- Quiz Competition
- Rangoli Competition
- Drawing Competition
- **4** Essay Writing
- Prize Distribution
- Thanking Speech By Principal sir And Staff

#### LAMP LIGHTING AND SPEECH BY GUEST





On 8<sup>th</sup> September in the morning session all staff and students perform the YOGA. Then our college Principal Dr.Indravadan Patel was given speech on Physical Fitness and Mental health. After that our Chief Guest Dr.Mukesh Patel, who is member of Gujarat State council of physiotherapy done Lamp lighting and speech regarding to physiotherapy awareness.



## <u>YOGA</u>



AEROBIC EXERCISE



### **RALLY ON PHYSIOTHERAPY AWERNESS**

Then we held rally at Bhandu village and this rally inaugurated by Dr.Mukesh Patel and Dr.H.B.Patel (senior doctor at Manchhiba hospital).





## POSTER AND MODEL PRESENTATION

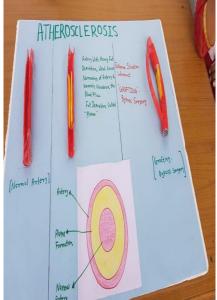
On 8<sup>th</sup> September in the afternoon Poster Competition and model Competition were organized. Topic for the Poster and Model Competition was based on physical therapy and mental health and total 65 students have participated, with their innovative Ideas. Dr.Ankur Prajapati, Jankiben, Shailiben and Dr.Babbansinh have judged the Event. Students have briefly explained their poster and model theme to the judge.



#### **POSTER PRESENTATION**







**MODEL PRESENTATION** 



In afternoon session rest of competition was started involve Quiz competition, Essay writing, Drawing competition, Rangoli competition.

### **QUIZ COMPETITION**

In quiz competition total 5 teams have taken part. They were having 3 rounds this includes MCQs, audio visual, identify the author, identify the disease or condition. Students have enjoyed a lot in this Competition. There were also questions for audience.

In quiz competition around 15 students has participated. Dr.komal Patel, Dr.Pinal Patel and Dr.Ajja Mansuri Faculty of Physiotherapy has held and judged the Competition.



#### **RANGOLI COMPETITION**

In Rangoli competition around 20 students has participated. They have prepared drawing based on physical therapy theme. Dr.Hetal Vaghela and Dr.Shweta Sodha faculty of Physiotherapy have judged the competition.





## **DRAWING COMPETITION**

In drawing competition around 16 students has participated. They have prepared drawing based on Physiotherapy role in neurological condition theme. Dr.Shweta Sodha and Dr.Komal Patel faculty of Physiotherapy have judged the Competition.



#### ESSAY WRITING

In essay competition around 10 students has participated. They have prepared drawing based on physical therapy and mental health Physiotherapy theme. Dr.Pinal Patel and Dr.Ajja Mansuri faculty of Physiotherapy have judged the competition.

niya 3rd year BPT Essay weating Physical Thenapy & Mental Health Print Physical Therapy also known as Physicaenenapy is the Interment by which pain netared atsonders & conditions are sucated. Physical Thurapy was first found by a Swedich Scientist in 1844 who introduced different systes of movement and dechniques in successing patients. Would confidential patients, Would confidential of physical Thenapy (WCPT) was founded in 1951 on 8th september. Then in 1996, on 8th september wCPT declared it as would physicatherapy Day. It is the day when all the physica--therapiets spread awareness about theig have in Physical Therapy. It is the day of solidativity & respect towards the field across the words country. Mendal Health is referenced as the punctioning of brain. That is, if pain is caused, the brain signals to avoid that movement or position. All the fease, anxiety, pain are thoughts or sensations which are present in brain. If a penson has a good courage a then hay of the succession is done. But most commonly people fear against pain and so they do not perform any movement & the condition becomes



#### **COMPETITION WINNER LIST**

<u>SR.</u>	NAME OF	<u>1<sup>ST</sup> WINNER</u>	2 <sup>ND</sup> WINNER	<u>3<sup>RD</sup> WINNER</u>
<u>NO</u>	<b>COMPETITION</b>			
1	Poster	Abhisekh And Himalay	Krupa And Priyal	Jahnavi And Dhrumi
	Presentation			
2	Model	Daksh And Tanvi	Vanita And	Parth And Rajeshwari
	Presentation		Bhumija	
3	<b>Quiz Competition</b>	Parth, Gopika And	Ali, Bharat And	Himalay, Srushti And
		Daksh	Ajay	Abhisekh
4	Rangoli	Rajeshwari And	Amar And Nipurna	Nisha And Tanvi
	Competition	Manshi		
5	Essay	Parth	Tithi	Purvi
	Competition			
6	Drawing	Vanita	Khushbu	Maitri
	Competition			

## **PRIZE DISTRIBUTION**

The programmed end by prize distribution to the winners of all competition.





#### **VOTE OF THANKS**

The programmed ended with vote of thanks by Principal Dr.Indravadan Patel and all staff members of college. They have also appreciated all the participants, winners and students.







We Are Thanks full To Our Faculties and All 2<sup>nd</sup>/3<sup>rd</sup>/4<sup>th</sup> Year Students

- Faculties:-
- 4 Dr.Indravadan Patel (Principal)
- 4 Dr.Shweta Sodha (Assi.Professor)
- **4** Dr.Hetal Vaghela (Assi.Professor)
- **4** Dr.Pinal Patel (Tutor)
- \rm Dr.Ajja Mansuri (Tutor)
- 4 Dr.Komal Patel (Clinical Instructor)
- 4 Dr.Laxman Dabhi (Clinical Instructor)

## **EVENT CO-ORDINATOR**



**DR.AJJA MANSURI** 



**DR.PINAL PATEL** 

**PRINCIPAL** 



**DR.INDRAVADAN PATEL**