

World Physiotherapy Day 2018



World Physiotherapy Day is celebrated every year to raise awareness about the crucial contribution Physiotherapist make to keeping people well, mobile and independent. On 13/10/18, the Rehabilitation Team of Gleneagles KL organized a day filled with fun programmes following the Theme (Physical Therapy and Mental Health) set by the World Confederation for Physical Therapy (WCPT).

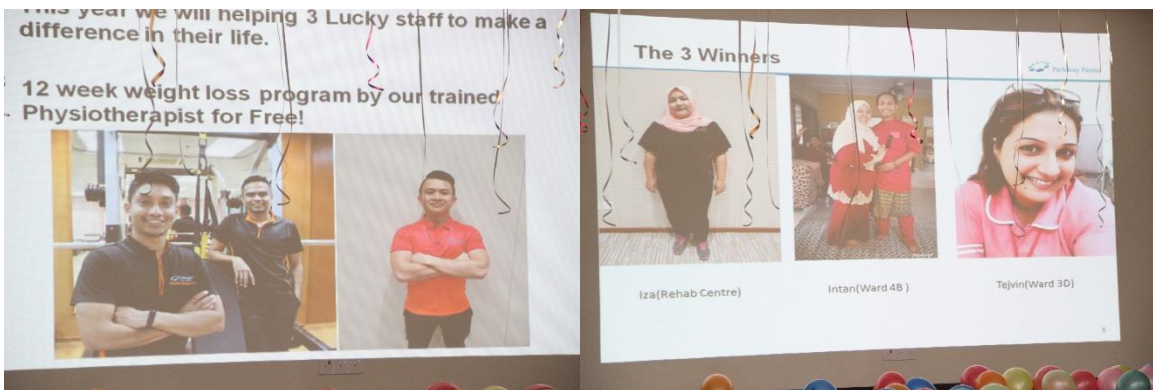
Activities:

1) Zumba

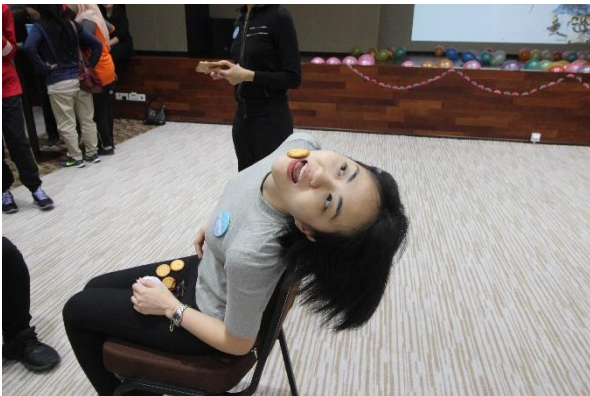




2) Talk on “Physiotherapy and Mental Health” and launching of Weight Loss Program for 3 Lucky Staff



3) Games



4) Circle of Wellness – using musical instrument to improve coordination and focus



Other Shots:

