# WORLD PHYSIOTHERAPY DAY 2019



# SHRI SULESHWARI COLLEGE OF PHYSIOTHERAPY

(Managed by M.L.Charitable trust,Mumbai) Lalji Park, Mehsana-unjha Highway,At and Po: Bhandu-384120, Ta.Visnagar Dist:-Mehsana, Gujarat ,India 8<sup>TH</sup> September,2019

### **COLLEGE INFORMATION**

- Shri Suleshwari college of Physiotherapy,Bhandu celebrated world physiotherapy day on 6<sup>th</sup> to 12<sup>th</sup> September 2019 for a week.
- Shri Suleshwari college of Physiotherapy,Bhandu is affiliated by Hemchandracharya North Gujarat University, Patan-384265. Accredited by NAAC "A" grade (CGPA 3.02).

# <u>COLLEGE ACTIVITIES ON WORLD PHYSIOTHERAPY DAY</u> BY SHRI SULESHWARI COLLEGE OF PHYSIOTHERAPY (6<sup>TH</sup> TO 12<sup>TH</sup> SEPTEMBER 2019)

On 8th September, on the occasion of **World Physiotherapy Day**, Shri Suleshwari college of Physiotherapy has organized different Events.

Theme of world physiotherapy day is "Chronic Pain"

- \rm Lamp Lighting
- 🖊 Prayer
- 🖊 Essay Writing
- Drawing Competition
- Rangoli Competition
- Debate competition
- Skit competition
- 📥 Yoga
- 🖊 Aerobic exercise
- Laughter yoga
- 🖊 Rally On Physiotherapy Awareness in Bhandu village
- Poster presentation
- Model Presentation
- 4 Quiz Competition
- Camp arrangement
- Frize Distribution
- 4 Thanking Speech By Principal sir And Staff

## ESSAY WRITING

In Essay Competition around 8 students has participated. They have prepared drawing based on physical therapy and Chronic pain Theme. Dr.Hetal Vaghela and Dr.Jignasha Patel Faculty of Physiotherapy had judged the Competition.





## **DRAWING COMPETITION**

In Drawing Competition around 9 students has participated. They have prepared drawing based on Physiotherapy role in chronic pain Theme. Dr.Zarana Barot and Dr. Hetal Vaghela Faculty of Physiotherapy had judged the Competition.



# **RANGOLI COMPETITION**

In Rangoli Competition, around 8 students had participated. They had prepared drawing based on **CHRONIC PAIN** Theme. Dr.Zarana Barot and Dr.Hetal vaghela Faculty of Physiotherapy had judged the Competition.



## **DEBATE COMPETITION**

In debate Competition around 18 students had participated in 2 groups. They had done debate on 2 topics. Dr. Hetal Vaghela, Dr. Zarana Barot and Dr.Ajja Mansuri Faculty of Physiotherapy had judged the Competition. **Exercise therapy vs. electrotherapy** and **love marriage vs. arranges marriage** were the topics for debate.



## SKIT COMPETITION

In skit competition, there were 3 groups who had performed skit in different topics of physiotherapy. <u>CPR on Road, ergonomic advises, and neighbor with different gait</u> were the title of skit competition. Skit competition had judged by Dr. Jignasha Patel and Dr. Hetal Vaghela.





#### **TREE PLANTATION**

We have planted few plants in our campus so this will helps us to make the world green. All students and faculties of our college had enthusiastically taken a part in tree plantation. Of course saving a plants and trees are our prime duty so it will help our future generation.



#### FIT INDIA AND FIT LALJI PARK PROGRAM

As a part of the world physiotherapy day celebration, yoga, laughter yoga and aerobics were performed by the students and staff of college. The principal of our college, Dr Indravadan Patel had given a speech on yoga and aerobic and how it helps in relieving chronic pain.





## <u>Rally</u>

Then we had organized rally, from SSCP College to bhandu village, to aware the people of and nearby bhandu village to improve their health, exercise for body, yoga for health, do not use plastic, prevent global warming, and save trees and save water.







#### **POSTER PRESENTATION**

Students of our collage had presented poster on different topics. This competition was judged by Dr. Hariom Raval and Dr. Neha Patel. Presentations were proved very helpful for everyone and were very unique.





## **MODEL PRESENTATION**

Students of our collage had presented poster on different topics. This competition was judged by Dr. Hariom Raval and Dr. Neha Patel.





## **QUIZ COMPETITION**

In quiz competition, there were 4 teams, each group had 5 students. 3 rounds had been held. Round 1 was Physio round, round 2 was GK round and round 3 was buzzer round. This competition was judged by Dr. Jignasha Patel and Dr.Ajja Mansuri.

#### **CAMP ARRANGEMENT**

Physiotherapy camp was organized at two places by our college.

- Satlasana Medical and Physiotherapy Camp
- Danta Medical and Physiotherapy Camp





## **PRIZE DISTRIBUTION**

At the end of the celebration of the world physiotherapy day, prizes had been given to the winners of competition. On the basis of their performance, involvement and creativity, rank were given to the students.











## **VOTE OF THANKS**

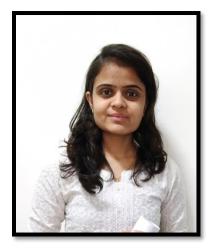
The Programme ended with Vote of Thanks by Principal Dr.Indravadan Patel and all staff members of college. They have also appreciated all the participants, winners and students.

We are so thankful to our faculties and all 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> year students

## Faculties:-

- **4** Dr.Indravadan Patel(Principal)
- Dr. Shweta Sodha(Assi.Professor)
- **4** Dr.Hetal Vaghela(Assi.Professor)
- **4** Dr. Foram Modh(Assi.Professor)
- Dr, Jignasha Patel(Assi.Professor)
- **4** Dr.Ajja Mansuri(Tutor)
- **4** Dr. Rashmi Chaudhry(Tutor)
- 4 Dr. Zarna Barot (Tutor)
- **4** Dr. Hemadri Bhrmbhatt(Tutor)

# **EVENT CO-ORDINATOR**



**DR. JIGNASHA PATEL** 



DR.INDRAVADSAN PATEL PRINCIPAL, SSCP

