

WORLD PHYSIOTHERAPY DAY CELEBRATION, 2020

**BARANAGAR
PHYSIOMAX ORGANISATION**

Registered society under Gov of W.B.
Reg No: S0003333
NGO Darpan NITI Ayog Govt.Of India
WB/2019/0234195



**PHYSIOMAX
ORGANISATION**

- * ADVANCE ORTHOPAEDIC PAIN CARE CLINIC
- * COMMUNITY HEALTHCARE SERVICES
- * EDUCATIONAL HUB
- * HOME HEALTHCARE SERVICES
- * WOMEN'S FITNESS ZONE

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**Happy
World PT Day
on
8 September!**

#worldptday



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About us :

Baranagar Physiomas Organisation, one of the largest organisation of West Bengal working in the field of rehabilitation both in Community Healthcare and Education.

Since last 6 years this Organisation not only arranged different medical and Disability camps but reached to those who are in greater need of these rehabilitation and those who are not aware about Physiotherapy and Rehabilitation.

So like the last year this year too Our Organisation celebrated World Physiotherapy day although this year the process of celebration was little different due to Outbreak of this Corona pandemic Situation in India.

This year (2020) we have celebrated the day under our different unit few in digital platform and few in community rehabilitation and awareness with proper precautionary measures.

❖ Event 1:-

- **Physiomax Educational Hub (Educational Unit of Baranagr Physiomas Organisation)**

This year we have arranged a series of webinar before and on the world physiotherapy Day. The important topics which we covered during these Free webinar series were:

1. Cervicogenic headache (Pathomechanics to its treatment procedure).
2. Management of Chronic Pain in geriatric cases using Psychotherapy .

Students, practitioner from different parts of India participated in this online learning process. Our specialists Dr. Tapas Kumar Pal (PT) & Dr. Shaon Bhattacharjee (PT) conducted the webinar on Cervicogenic Headache and Mr. Siddhartha Sanyal, Rehabilitation Psychologist conducted the 2nd webinar on Psychotherapy and pain.



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❖ Event 2:-

- **Physiomax Pain Clinic (Clinical Unit of Baranagar Physiomax Organisation)**

Our clinical unit (Pain relief Center, Habra) under the guidance of Dr. Shaon Bhattacharjee organized free exercise program session on 8th September morning for general people to aware them regarding the role of Physiotherapy and the importance of Respiratory exercises. Enthusiastic participants enjoyed the session very well.

6 years before on this auspicious day we started our journey. So we also celebrated the 6th birthday of our Organisation within our members only at our Clinical unit (Physiomax Pain Clinic, Kolkata)



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❖ Event 3 :-

- **Physiomax Community Developmental program (Community unit of Baranagar Physiomax organisation)**

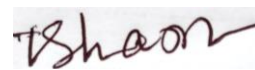
We believe we all should have our social responsibilities and to maintain that responsibility Physiomax Organisation reached to needy people mostly children who were badly suffered due to Covid Pandemic Situation.

For this we have arranged a free food distribution camp among the needy children of Kolkata and North 24 Paragans. We have distributed free food packets consisted of several nutritious foods in different phases.

Also we reached to a rural area of Bankura district and distributed Free Orthotic devices (AFO, CTEV shoe and Gaiter) among few Childs who were not aware regarding their deformities. We also conducted parental classes for their Education regarding the Childs difficulties and trained them for home exercise program.



Signature of Organisation President



Signature of Organisation Manager



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