

SRM College of Physiotherapy

SRM Institute of Science and Technology



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WORLD PHYSIOTHERAPY DAY CELEBRATION – 2020 WORLD PT DAY ORATION - 2020

World Physiotherapy Day oration 2020 was organized by SRM College of Physiotherapy, SRM IST on September 8th, 2020 (Tuesday) in online mode through ZOOM. The Program was inaugurated by Lt.Col.Dr. A.Ravikumar, PROVC, Faculty of Medical and Health Sciences, SRM IST. Prof. D.Malarvizhi, Dean, SRM College of Physiotherapy delivered the welcome address. The resource person Dr. Suresh Mani Ph.D. HoD, Faculty of Physiotherapy and Paramedical Sciences., School of Physiotherapy, Lovely Professional University. Punjab was introduced by Mr.J.Ayyappan, Associate Professor and the convenor of the oration program. The oration was started at 11.15 AM by Dr. Suresh Mani on the topic of Physiotherapy during COVID 19 Pandemic: Telerehabilitation is the solution. On the oration, he explained about current evidence and Challenges of implementing the Telerehabilitation in the global and Indian context. Mr.T.N.Suresh had delivered a vote of thanks.







ACTIVITY: 2

WORLD BREASTFEEDING WEEK CELEBRATION- 2020

Adhering to the guidelines of CDC, with proper facial mask, social distancing, and gloves, Prof. P. Sekar, HOD, Department of Pediatrics, SRM Medical College Hospital and Research Centre started the program with a small introduction about the breastfeeding practices during COVID 19 Pandemic in India. Followed by Mrs.M.Anbupriya, Assistant Professor, SRM College of Physiotherapy gave a speech on Breastfeeding principles to be followed and benefits to the Young Breastfeeding mothers during the pandemic. The Demonstration was given about the breastfeeding positions and latching techniques by our Internship students. Effectiveness of the breastfeeding education was documented in the form of Pre and Post-test in their native language. An audiovisual demonstration regarding breastfeeding techniques was also played.





ACTIVITY: 3

ROLE OF PHYSIOTHERAPY IN WOMEN WITH PCOS

A webinar session was organized by SRM College Of Physiotherapy as a part of world PT day and PCOS Awareness Month on 30th September 2020(Wednesday) at 06:00 P.M on the topic-ROLE OF PHYSIOTHERAPY IN WOMEN WITH PCOS. The session commenced with the Welcome Address by Prof. D. Malarvizhi, (Dean, SRM College of Physiotherapy). The Chief Guest for the session was Dr. Sunita Samal ((HOD OBG Department, SRM Medical College Hospital and Research center) who gave the Inaugural Address and a brief introduction about the importance of the topic to the participants. The Convener of the Webinar Mrs. S.F. Mariyam Farzana (Assistant Professor, SRM college Of Physiotherapy) introduced the resource person Mrs.Preetha. R (Associate Professor, Department of Physiotherapy, Manipal College of Health Professions, Manipal Academy of Higher Education). The session was presented with the introduction, prevalence of PCOS, and a discussion of two different real life case scenarios. Followed by the difficulties faced by females suffering from PCOS and how an exercise protocol would help them. A few of the queries and doubts were discussed in the end. The session had participants from different colleges and physiotherapists from various places in India and Abroad, with a participation of more than 350+ students. The session was concluded by Mr.T.N. Suresh, Vice Principal,SRM College of Physiotherapy by thanking the resource person for sharing her valuable findings and the active participation of the students who attended the session.







