

## Education Task force

### Impact of COVID-19 on physiotherapist entry level education

2021 Webinar series

### Webinar #4: Fostering good mental health of students and educators during the pandemic

#### Meet our moderators and speakers



Nine Rydland Olsen is an Associate Professor at the Department of Health and Functioning, Faculty of Health and Social Science at Western Norway University of Applied Sciences. She led a MSc in Clinical Physiotherapy (2018-2020) and is now program director of MSc in Evidence-based Practice. She is head of the research group “Educational research in health- and social care professions”. She received her PhD in 2015, holds a master’s degree in physiotherapy, University of Bergen, Norway and a bachelor’s degree in physiotherapy, Coventry University, UK. Dr. Olsen supervises master and PhD students within the field of evidence-based practice (EBP) and implementation science.

Dr. Olsen is author and co-author of 11 publications in peer-reviewed journals. Dr. Olsen is engaged in research and development projects related to education, such as development of a mobile application; the EBPsteps. She co-facilitates the Facebook group World Physiotherapy Network for Physiotherapist Educators, and she is also member of the global task force that have produced a number of briefing papers on the impact of COVID-19 on physiotherapy education.



Barbara Sanders is Professor of Physical Therapy and Chair of the Department of Physical Therapy at Texas State University. She received physical therapy education at the University of Kentucky and completed PhD in educational leadership at the University of Texas. She has been working at Texas State for over 30 years, where she is responsible for development of the curriculum for entry level education for physical therapists at the baccalaureate, masters, and the doctoral level. The program has grown from an enrollment of 16 students per cohort with four faculty to 44 students per cohort with 18 faculty.

Prior to Texas State, she was faculty at University of Wisconsin-LaCrosse and the University of Kentucky. Barbara is one of the first PTs to become a Board-Certified Sports Specialist, a credential held since 1987 and currently with emeritus status. She is an active member of APTA, served in leadership positions at the local, chapter, section, and national level. She has been two term President of the Texas Physical Therapy Association as well as Chief Delegate; two term President of American Council of Academic Physical Therapy – concluded in Oct 2020, and Vice-Chair of the Texas Board of Physical Therapy Examiner. Her clinical practice has been in Kentucky, Wisconsin, Minnesota, Tennessee, and Texas; in acute care, rehabilitation, home health, long-term care, outpatient orthopaedics and sports



Tshering Norbu is the Chief Physiotherapist and Head of Department, Department of Physiotherapy at Jigme Dorji Wangchuck National Referral Hospital, Thimphu, Bhutan. He is also an Assistant Lecturer with the Faculty of Nursing and Public Health under the Khesar Gyalpo University of Medical Sciences of Bhutan.

He has been a manager, clinician and tutor for the last 15 years. Tshering Norbu has also provided technical support as well as in policy and planning aspects to the Disability Prevention and Rehabilitation Program, Elderly Care Program and other public health programs related to physiotherapy and rehabilitation in the Ministry of Health, Bhutan.



Norma Elisa Galvez Olvera has been teaching in bachelor degree programme in Physiotherapy since 1994. She is also a coordinator of the physiotherapy course in mental health. Norma Elisa has a Bachelor degree in Physical Therapy from the School of Physical and Occupational Therapists of DIF, a Master degree in Educational Awareness with Gestalt Orientation by Instituto Humanista de Psicoterapia Gestalt, and a post-graduate diploma in Basic Body Awareness Methodology from the Western Norway University of Applied Sciences.

She has 31 years of experience in the treatment of patients with rheumatic diseases, orthopedics, geriatrics and mental health, as well as experience in group management in physiotherapy and psychotherapy. Norma Elisa has worked with groups of seniors in health centers, and has experience in psychotherapeutic work with the Mexican Association of Support and Fight against Scleroderma, working as psychotherapist and independent physiotherapist since 2000.

Norma Elisa is a President and Founding Member of the Mexican Association of Physiotherapy in Mental Health, the Representative for Mexico at the International Organization of Physical Therapy in Mental Health, and the Founding Member of the American Network of Physiotherapy in Mental Health.



Emanuel graduated from Zurich University of Applied Sciences (ZHAW) in 2010. In 2012 he completed the Master of Rehabilitation Sciences and Physiotherapy at KU Leuven, Belgium, with the major in rehabilitation in mental health care. Back in Switzerland, in 2012 he started working as clinical physiotherapist at the Kantonsspital Winterthur. Since then, he has been consulting patients with complex chronic pain problems and comorbid mental illness at Kantonsspital Winterthur.

Additionally, Emanuel has started working as lecturer in physiotherapy. In 2018 he completed his PhD at the KU Leuven, under supervision of Prof. Michel Probst and Prof. Wim Dankarts. His research focuses on the management of psychological factors associated with chronic back pain. In January 2020, he took a new position as lecturer in physiotherapy at the Eastern University of Applied Sciences (OST), in St.Gallen, Switzerland. In this role he is responsible for the development of a new Bachelor of Physiotherapy. Since 2018 Emanuel has been treasurer of the IOPTMH, a subgroup of World Physiotherapy. He is also a member of the Swiss Organisation for Physiotherapy in Psychomatics and Psychiatry (SAG PPP).