

CURRICULUM VITA

Janet R. Bezner, PT, DPT, PhD, FAPTA

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Employment (highlights)

Professor, Dept. of Physical Therapy, Texas State University, Round Rock, TX	09/01/20 – Present
Professor, Rocky Mountain University, Provo, UT	01/01/02 – Present
Associate Professor, Texas State University, Round Rock, TX	09/01/14 – 08/31/20
Vice President, Educ., Governance & Administration, APTA, Alexandria, VA	1/01/12 – 08/15/14
Vice President, Education, APTA, Alexandria, VA	1/01/11 – 12/31/12
Deputy Executive Director, APTA, Alexandria, VA	1/01/07 – 12/31/10
Senior Vice President, Education, APTA, Alexandria, VA	5/15/05 – 12/31/06

Education

Doctor of Physical Therapy, Rocky Mountain University, Provo, UT, 2014
PhD, Health Education, University of Texas, Austin, TX, 1995
MS, Physical Therapy, Texas Woman's University, Houston, TX, 1988
BS, Physical Therapy, University of Texas Medical Branch, Galveston, TX, 1981

Publications (selected)

Book Chapters

Bezner, J. R. (2020). Prevention, Health Promotion, and Wellness in Physical Therapist Practice. In *Introduction to Physical Therapy, 6th Edition*. St. Louis, MO, United States: Elsevier.

Bezner, J. R. (2020). A Health and Wellness Perspective in Primary Care. In *Primary Care for the Physical Therapist, 3rd edition*. Atlanta, GA, United States: Elsevier.

Bezner, J. R., & Bradford, E. H. (2019). Integrating Health Promotion and Wellness into Neurorehabilitation. In *Umphred's Neurological Rehabilitation, 7th edition*. Atlanta, GA, United States: Elsevier.

Black, B., & Bezner, J. R. (2019). Promoting Health and Wellness. In *Physical Rehabilitation, Ed 7th Edition*. Philadelphia, PA, United States: F.A. Davis.

Peer Reviewed Manuscripts

Berner, P., Bezner, J. R., Morris, D., & Lein, D. H. (2021). Nutrition in Physical Therapist Practice: Tools and Strategies to Act Now. *PTJ: Physical Therapy and Rehabilitation Journal, 101*. Published.

Berner, P., Bezner, J. R., Morris, D., & Lein, D. H. (2021). Nutrition in Physical Therapist Practice: Setting the Stage for Taking Action. *PTJ: Physical Therapy and Rehabilitation Journal, 101*. Published.

Rethorn, Z. D., Covington, J. K., Cook, C. E., & Bezner, J. R. (2020). Physical Activity Promotion Attitudes and Practices Among Outpatient Physical Therapists: Results of a National Survey. *Journal of Geriatric Physical Therapy, 44*(1), 25–34.

McGowan, E., Hale, J. L., Bezner, J. R., Harwood, K., Green-Wilson, J., & Stokes, E. (2020). Leadership Development of Health and Social Care Professionals - A Systematic Review. *BMJ Leader, 4*(4), 231–238.

Rethorn, Z. D., Maxwell, J. L., Bezner, J. R., Davenport, T. E., Bradford, E. H., Ingman, M., & Magnusson, D. M. (2020). What are DPT program practices and attitudes related to health promotion and wellness? Results of a national survey. *PTJ: Physical Therapy & Rehabilitation Journal*. Published.

Magnusson, D. R., Rethorn, Z., Bradford, E. H., Maxwell, J., Ingman, M., Davenport, T., & Bezner, J. R. (2020). Population Health, Prevention, Health Promotion, and Wellness Competencies for Entry-Level Physical Therapist Education: Results of a Modified Delphi Study. *PTJ: Physical Therapy & Rehabilitation Journal, 100*(9), 1645–1658.

Bezner, J. R., Franklin, K., Lloyd, L. K., & Crixell, S. L. (2018). Effect of Group Behavior Change Coaching on Psychosocial Constructs Associated with Physical Activity Among University Employees. *International Journal of Sport and Exercise Psychology*, 1–15.

Bezner, J. R., Lloyd, L. K., Crixell, S. L., & Burke, P. J. (2017). The Health Care Provider's Role in Supporting Positive Health Behavior Change: Developing an Effective and Supportive Communication Approach. *Medical Research Archives*, 5(9).

Bezner, J. R. (2015). Promoting health and wellness: implications for physical therapist practice. *Physical Therapy*, 95:1433–1444.

Presentations

Bezner, J. R., Lloyd, L. K., Crixell, S. L., Franklin, K., Conference, "Health Behavior Change Coaching in Physical Therapy: Improving Physical Fitness and Related Psychological Constructs of Employees in a University Setting," WCPT, Cape Town, South Africa. (July 2, 2017).

Bezner, J. R. Conference, "Health Behavior Change Coaching: An Emerging Role for the Physical Therapist," WCPT, Cape Town, South Africa. (July 2, 2017).

Professional Development Activities Attended (selected)

Conference Attendance, "Where the Biopsychosocial and Cognitive Behavioral Models Meet: Understanding Self-efficacy," Texas Physical Therapy Association Virtual Conference, Austin, TX, United States. (October 29, 2020).

Conference Attendance, "Education Leadership Conference 2020," American Council of Academic Physical Therapy, Alexandria, VA, United States. (October 16, 2020 - October 18, 2020).

Workshop, "CAPTE Self-Study Workshop for PT Programs," American Physical Therapy Association, Alexandria, VA, United States. (October 1, 2020 - October 8, 2020).

Workshop, "Intersections of Racism and Power: Healthcare Redefined," YouSeeLogic, Austin, TX, United States. (July 18, 2020).

Workshop, "Designing Your Online Course (Virtual)," Texas State University, San Marcos, TX, United States. (May 15, 2020).

Train the Trainer Program, "Resilience and Thriving," National Wellness Institute, Stevens Point, WI. (April 23, 2020 - May 10, 2020).

Conference Attendance, "Combined Sections Meeting 2020," American Physical Therapy Association, Denver, CO. (February 14, 2020 - February 16, 2020).

Conference Attendance, "LGBTQ Brave Space Training: Encouraging Difficult Dialogues in Physical Therapy Practice," HPA the Catalyst Section of the American Physical Therapy Association, Denver, CO, United States. (February 12, 2020).

Institute, "Multicultural Curriculum Transformation and Research Institute," Texas State University, San Marcos, TX, United States. (May 20, 2019 - May 24, 2019).

Service (selected)

Chair, Faculty Senate, Texas State University. (June 1, 2019 - May 31, 2021).

Chair, American Council of Academic Physical Therapy Leadership Academy Oversight Committee, Alexandria, VA, United States. (November 2016 - Present).

Member, American Physical Therapy Association House of Delegates Reference Committee, Alexandria, VA. (July 1, 2019 - June 30, 2021).

Chief Delegate, Texas Physical Therapy Association. (October 31, 2015 - October 31, 2019).

Co-Chair, World Confederation of Physical Therapy Governance Review Working Group, London, England. (November 1, 2017 - June 2019).

Vice President, American Physical Therapy Association. (January 1, 2003 - December 1, 2005).

Member, Board of Directors, American Physical Therapy Association. (January 1, 1999 - December 1, 2005).