

Dr. Stacy De Gale, PT, DPT

Executive Board Member, World Physiotherapy

📍 Point Fortin, Trinidad, W.I.

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✉️ sdegale@yahoo.com

Core Competencies

- Mentor
- Creative
- Committed
- Solution Selling
- Communication
- Team Leadership
- Dynamic Speaker
- Thought Leadership
- Relationship Building
- Operational Excellence
- Strategic Planning Analysis

Community Involvement

- **Elected Board Member** – Physiotherapists' Board of Trinidad and Tobago
- **Organizations** – Physiotherapy Association of Trinidad and Tobago; National Centre for Persons with Disabilities (Trinidad); Associate Member of the International Association of Physical Therapists Working with Older Persons; International member of the American Physical Therapy Association
- **Volunteer** – Diabetes Association of Trinidad and Tobago; Virtual Wellness (Caribbean)

Activities

- **Master Clinician for New York University** – Mentor for NYU Physical therapy students
- **Real-time with Dr. Stacy** – Free online talk show for the public with health and wellness experts
- **St. Anthony's R.C. Church** – Communications liaison; choir member

Summary

Global leader in physiotherapy, Dr. Stacy de Gale is a premier physiotherapist, wellness practitioner and consultant with 20 years' of experience. She currently sits on the Executive Board of the World Confederation for Physical Therapy, now known as World Physiotherapy. Stacy is considered as a Master Clinician for New York University, as she has served as a mentor for their physical therapy students for almost ten years. She is also owner and manager of Back In Motion Physical Therapy Services, an elite private practice situated in South Trinidad established in 2009.

A creative and dynamic speaker with proven expertise in consistently penetrating all levels of the professional organization through service and vision. Leverages exemplary communication and in-person meetings to establish a presence and build a positive brand while fostering continuous engagement. Adept at working effectively to achieve goals both as a cross-functional team member and individual contributor.

Professional Experience

Executive Board Member 2019 - 2021
World Physiotherapy

Served as a key member of the executive team charged with formulating strategic direction and devising business development initiatives consistent with the overall strategy. Communicated with many member organizations, especially throughout the North America Caribbean Region. This was magnified with the onset of covid-19. Effectively chaired the Membership Committee of World Physiotherapy. Part of executed marketing strategies and events, particularly the upcoming ONLINE CONGRESS 2021.

Executive Board Member 2015 - 2019
World Physiotherapy

Served as a key member of the executive team charged with formulating strategic direction and devising business development initiatives consistent with the overall strategy. Communicated with many member organizations, especially throughout the North America Caribbean Region. Part of the International Scientific Committee for World Physiotherapy Congress, South Africa 2017

Chair, North America Caribbean Region 2007 - 2015
World Physiotherapy

Coordinated communication and activities of member organizations within the North America Caribbean Region. Developed working groups for the submission of World Physiotherapy policy documents related to education and physiotherapy practice regulations. Active networking and development of twinning relationships amongst members. Formal lobbying and creation of support documents to organizations to facilitate improved recognition, and to aid in advocacy activities. Presentations at ministerial levels on behalf of member organizations.

Earlier Experience 2001 - 2014

The Physiotherapy Association of Trinidad and Tobago

Secretary- 2001-2004

President- 2004-2006

Public Relations Officer- 2006-2014

Coordinator of Continuing Education Programmes- 2001-2016

Education

Multiple post graduate courses 2009 - present

Transitional Doctor of Physical Therapy 2009 - 2011
Utica College, New York, USA

Diploma in Physical Therapy 1997 - 2000
School of Physical Therapy, Jamaica, W.I.

Scholarly Activity/Presentations

- ***Global Health and Physical therapy- The Other Perspective***

Guest presenter to physical therapy students at Widener University, USA: 2019, 2020

- ***Diagnostic Imaging in Physical Therapy AND Health Care Technology Today: A Living and Breathing Ecosystem***

The 20th International Society of Radiographers and Radiological Technologists World Congress: **April 2018**

- ***Going Beyond Borders: Perspectives on Global Health in Physical Therapy***

Presenter at the Combined Sections Meeting (CSM) of the American Physical Therapy Association (APTA), San Diego, California, **January 2013**

- ***Virtual Reality: A Whole New World of Education and Care***

Presenter at the Annual Conference of the Society of Radiographers of Trinidad and Tobago: **October 2012**

- ***The Global Impact of the Physical Therapy Profession***

Guest Speaker at Widener University, Philadelphia, USA: **January 2012**

- ***The Benefits and Challenges of Living and Learning in a Global Community***

Guest speaker at Widener University, Philadelphia, USA: **January 2012**

- ***Imaging in Physical Therapy***

The Annual Conference of the Society of Radiographers of Trinidad and Tobago: November 2010