

**Ali Albarrati, PT, MSc, PhD**

Associate Professor

*Cardiorespiratory Rehabilitation Consultant*

*President of Saudi Physical Therapy Association*

Collage of Applied Medical Sciences

King Saud University

**Mobile:** +966-0-553215665

**E-mail:** [albarrati@ksu.edu.sa](mailto:albarrati@ksu.edu.sa)

**Education:**

**SEDA Certificate:**

**Staff and Educational Development Diploma:**

**Dec 2015- March 2016**

Staff and Educational Developers Association

London

United Kingdom

**PhD: A Longitudinal Evaluation of Novel Outcome Measures in Chronic Obstructive Pulmonary**

**Disease:**

*April 2011 - July 2014*

Department of Physiotherapy

School of Healthcare Sciences

Cardiff University

United Kingdom

**Experiences:**

**Editor in Chief**

*Nov 2019-Present*

Saudi Journal of Physical Therapy

King Saud University

**Member of Prince Naif Health Research Center**

*Dec 2017- present*

King Saud University Medical City

King Saud University

**Director of Nursing College Research Center**

*March 2017- May 2018*

King Saud University

## Prizes

- Researchers Connection Program, British Council, 2016.
- International Scientific Partnership Program, King Saud University, 2016.
- Postdoctoral Summer Research Award, British Council, 2016.
- Research Grant Award for New Faculty by King Saud University, 2016.
- American Society for Hypertension **Young Investigator Travel Award**, ASH 29th Annual Scientific Meeting, May 16 – 20, 2014.
- ARTERY 12 **Young Investigator Travel Award**, Vienna, Austria 18-20 October 2012.
- Travel Award from the **William Morgan Thomas Fund**. London 4-7 December 2012.

## Conferences Organization and Committees

1. Member of advisory board of Collage of Applied Medical Sciences at Um Alqura University, 2020
2. Member of advisory board of Collage of Applied Medical Sciences at Alqaseem University, 2019-2020
3. Member of advisory board of Collage of Health and Rehabilitation Sciences, Princess Nora University, 2019-2020
4. Member of Organizing Committee of *GSpine20*, part of G20, 10-11 November 2020
5. Member of Organizing committee of 1<sup>st</sup> International Virtual Trauma Conference, 7-8 November 2020
6. Member of Organizing Committee of Stroke Symposium 7 November 2019
7. Chairperson of 3<sup>rd</sup> Saudi Physical Therapy Association Conference, 6-8 September 2019

## **Publications:**

1. **Albarrati, A.M.**, Nazer, R.I., Taher, M., Alshammary, T. (2020). Effect of inspiratory muscle training on respiratory muscle strength and functional capacity in patients with type 2 diabetes mellitus: A randomized clinical trial
2. **Albarrati, A.M.**, Gale, N. S., Munnery, M., Hubbard, R Tal-Singer, R., Cockcroft, J. R., Shale, D. J. (2020) Daily physical activity and related risk factors in COPD. *BMC PULMONARY MEDICINE*
3. Severin, Richard; Sabbahi, Ahmad; Albarrati, Ali; Phillips Shane; Arena, Sara. (2020). Blood Pressure Screening by Outpatient Physical Therapists: A Call to Action. *Physical Therapy*
4. Nazer R, **Albarrati A**, Ullah A, Alamro S, Kashour T. 2019. Intra-abdominal hypertension in obese patients undergoing coronary surgery: A prospective observational study. *Surgery*.
5. Gale, N. S., **Albarrati, A.M.**, Munnery, M., Hubbard, R Tal-Singer, R., Cockcroft, J. R., Shale, D. J. . (2019). Aortic Pulse Wave Velocity as a Measure of Cardiovascular Risk in Chronic Obstructive Pulmonary Disease: Two-Year Follow-Up Data from the ARCADE Study. *Medicina*
6. **Albarrati, A.M.**, Alghamdi, MS., Nazer, RI., Alkorashy, MM., Alshowier, N., Gale, NS. 2018. Effectiveness of Low to Moderate Physical Exercise Training on the Level of Low-Density Lipoproteins: A Systematic Review. *Biomedical Research Journal*
7. Gale, N. S., **Albarrati, A.M.**, Munnery, M., Hubbard, R Tal-Singer, R., Cockcroft, J. R., Shale, D. J. (2018). Frailty: A global measure of the multisystem impact of COPD. *Chronic Respiratory Disease*
8. **Albarrati, A.M.**, Zafer, H, Alghader, A, Anwer, S. Effect of slouched posture on respiratory muscle strength in healthy males. *Biomedical Research Journal*
9. **Albarrati, A.M.** (2018). Outpatient Cardiovascular Assessment: Physical Therapist Perspective and Experience. *Physiotherapy Theory and Practice Journal*.
10. **Albarrati, AM and** Nazer, RI. Utility of Timed Up and Go in Outpatient Cardiology Clinic. (2018). *Rehab Nurs*