

Dr. Stacy de Gale, PT, DPT

Lover of Physiotherapy



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Summary

Global leader in physiotherapy, Dr. Stacy de Gale is a premier physiotherapist, wellness practitioner and consultant with 22 years' of experience. She currently sits on the Executive Board of the World Confederation for Physical Therapy, now known as World Physiotherapy. Stacy is considered as a Master Clinician for New York University, as she has served as a mentor for their physical therapy students for almost ten years. She is also owner and manager of Back In Motion Physical Therapy Services, an elite private practice situated in South Trinidad established in 2009.

A creative and dynamic speaker with proven expertise in consistently penetrating all levels of the professional organization through service and vision. Leverages exemplary communication and in-person meetings to establish a presence and build a positive brand while fostering continuous engagement. Adept at working effectively to achieve goals both as a cross-functional team member and individual contributor.



Education History

- PWR!Moves Certified Therapist **(2021 to present)**
- Transitional Doctor of Physical Therapy
 - Utica College, New York, USA **(2009-2011)**
- Diploma of Physical Therapy
 - School of Physical Therapy, Jamaica, W.I. **(1997-2000)**
- Multiple post graduate courses **(2000 to present)**

Core Competencies

- Mentor
- Creative
- Committed
- Solution Selling
- Communication
- Team Leadership
- Dynamic Speaker
- Thought Leadership
- Relationship Building
- Operational Excellence
- Strategic Planning Analysis

Affiliations

Elected Board Member –

Physiotherapists' Board of Trinidad and Tobago

Organizations –

Physiotherapy Association of Trinidad and Tobago; Diabetes Association of Trinidad and Tobago; National Centre for Persons with Disabilities (Trinidad)

Other-

*Master Clinician for New York University- Mentor for NYU Physical therapy students
Real-time with Dr. Stacy – Free online talk show for the public with health and wellness experts*

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Professional Experience

World Physiotherapy Executive Board Member (from the North America Caribbean Region) 2015-2019, 2019-present

Serves as a key member of the executive team charged with formulating strategic direction and devising business development initiatives consistent with the overall strategy. Communicated with many member organizations, especially throughout the North America Caribbean Region. This was magnified with the onset of covid-19. Effective Chair of the Membership Committee of World Physiotherapy. Team member of the International Scientific Committee for World Physiotherapy Congress, South Africa 2017

Chair, North America Caribbean Region 2007-2015

Coordinated communication and activities of member organizations within the North America Caribbean Region. Developed working groups for the submission of World Physiotherapy policy documents related to education and physiotherapy practice regulations. Active networking and development of twinning relationships amongst members. Formal lobbying and creation of support documents to organizations to facilitate improved recognition, and to aid in advocacy activities. Presentations at ministerial levels on behalf of member organizations.

The Physiotherapy Association of Trinidad and Tobago

Secretary: 2001-2004

President: 2004-2006

Public Relations Officer: 2006-2014

Coordinator of Continuing Education Programmes-
2001-2016

The Physiotherapists' Board of Trinidad and Tobago

Chair: 2012-2014

Executive Board Member: 2014 to 2019

Committee Member: 2002-2014

Recent International Presentations

61st Scientific Conference of the Nigeria Physiotherapy Association, Nigeria (virtually), 2021

Presentation: "Response to the Pandemic"

5th World Conference on Exercise Medicine, (Malaysia virtually), 2021

Presentation: "Weight Stigma in Physiotherapy"

2nd International Physiotherapy Conference, India (virtually), December 2021

Presentation "Physiotherapy: Our Present and Future Selves"

Global Health and Physical Therapy- The Other Perspective

Guest presenter to physical therapy students at Widener University, USA: 2019, 2020, 2021, 2022

Diagnostic Imaging in Physical Therapy AND Health Care Technology Today: A Living and Breathing Ecosystem

The 20th International Society of Radiographers and Radiological Technologists World Congress: April 2018

Going Beyond Borders: Perspectives on Global Health in Physical Therapy

Presenter at the Combined Sections Meeting (CSM) of the American Physical Therapy Association (APTA), San Diego, California, January 2013