

## **Prof. Dr. Ali Irani, Physiotherapist (MIAP L2000)**

Guinness World Record holder: **FASTEST TIME TO TRAVEL ALL 7 CONTINENTS**

### **Personal Details:**

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### **Qualifications:**

1. B.Physio from M.S. University, Baroda
2. Ph.D in Sports Medicine
3. Ph.D in Anatomy of Body Movement and Dance, Bombay University
4. Doctor of Physiotherapy, NUMS, Spain

### **Designation:**

- Head of Department, Physiotherapy, Sports Medicine & Rehabilitation Centre, Nanavati Max Super Speciality Hospital, Mumbai
- Chairperson – International Affairs, Indian Association of Physiotherapists · Principal, NMIMS University

### **Experience:**

- ❖ Physiotherapist for the Indian Cricket Team, 1987-1997.
- ❖ Member Board of studies NMIMS University
- ❖ Worked as researcher at Bombay Hospital, 1985-86.
- ❖ Presented papers on Knee Mobility, Backache, Hammer Tone for Frozen Shoulder, Fitness & Sports injuries and held workshops on innovative physiotherapy & sports medicine at various national and international conferences.
- ❖ Conducted a workshop for the Iranian Physiotherapy Association, 2004 and again in Feb. 2005. ❖ Set up physiotherapy and rehabilitation centre in Bhuj, Gujarat for earthquake victims. ❖ Lectures on Disaster Management along Holding rural physiotherapy camps (Community Based Rehabilitation)

### **Academic Experience :**

- ❖ Examiner and Lecturer for students of Masters of Fine Arts (Dance), Mumbai University ❖ PhD guide at various universities in India since 2004. NMIMS University, Charotar University, DY Patil University, Pune, Garden city University, Bangalore, NUMS, University, Toronto.
- ❖ Over 110 Online lectures and webinars conducted in Covid 19 Pandemic.
- ❖ Professor at NMIMS, University, Mumbai

### **Awards:**

- ❖ "HITRA ORATION" Award in 1994 for achievements made in the field of Physiotherapy ❖ Lifetime Achievement Award by Indian Association of Physiotherapy, 2004 ❖ Awarded Fellowship by Indian Association of Sports Medicine, 2005 ❖ Awarded Fellowship by Indian Association of Physiotherapists, 2005 ❖ Best Citizens of India award 2011
- ❖ Best Physiotherapist Award in India from Medscape in 2014.
- ❖ Lifetime Achievement Award from Nanavati Max Super Speciality Hospital 2021

### **Memberships:**

- ❖ Patron Member, Indian Association of Physiotherapists
- ❖ Life Member of Indian Association of Sports Medicine
- ❖ Vice-President of Bombay District Sports Medicine Association
- ❖ Vice-President of Bombay Suburban Amateur Athletic Association
- ❖ Gujarat Physiotherapy council
- ❖ Maharashtra OT PT Council

### **Languages Spoken:**

- ❖ English, Hindi, Persian, Marathi, Gujarati