

# Press release

*For immediate release*

11 September 2022

## World PT Day materials available in 38 languages

**This year's World PT Day materials have been translated into 38 languages, from Arabic to Vietnamese.**

The translations have been kindly provided by volunteers from 29 World Physiotherapy member organisations and nine individual or groups of physiotherapists. All the [translations for 2023 have been published](#) on the World Physiotherapy website and shared on social media.

Michel Landry, World Physiotherapy president, said: "It's great to see so many of our member organisations and individual physiotherapists getting involved in World PT Day and helping raise the profile of the physiotherapy profession.

"There is no better way to show how inclusive our profession is than being able to share the World PT Day materials in a range of languages and to reach people around the world."

The World PT Day materials are available in the following languages:

- [Arabic](#)
- [Bosnian](#)
- [Catalan](#)
- [Chinese Simplified](#)
- [Chinese Traditional](#)
- [Croatian](#)
- [Czech](#)
- [Dutch](#)
- [Dutch - Belgian](#)
- [English](#)
- [Filipino/Tagalog](#)
- [Finnish](#)
- [French](#)
- [German](#)
- [Greek](#)
- [Gujarati](#)
- [Hausa](#)
- [Hungarian](#)
- [Icelandic](#)
- [Indonesian](#)
- [Italian](#)
- [Japanese](#)
- [Kurdish](#)
- [Latvian](#)
- [Macedonian](#)
- [Mongolian](#)
- [Norwegian](#)
- [Polish](#)
- [Portuguese](#)
- [Portuguese - Brazilian](#)
- [Romanian](#)
- [Sinhala](#)
- [Slovenian](#)
- [Spanish](#)
- [Tamil](#)
- [Thai](#)
- [Ukrainian](#)
- [Urdu](#)
- [Vietnamese](#)

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The Lithuanian version of the World PT Day materials is in production and will be uploaded to our website when it is approved.

### **World PT Day toolkit**

The theme for World PT Day 2023 is arthritis and the toolkit includes information sheets, posters, banners, and an activities guide. All the materials are aimed at the general public and promote the role of physiotherapists in the prevention of arthritis, including some forms of inflammatory arthritis eg rheumatoid arthritis and axial spondyloarthritis, and in the management of people affected by arthritis. There is also a resource list for facts and additional reading for physiotherapists. This follows on from the theme for 2022, which focused on osteoarthritis.

Please note: the materials may not be amended without the permission of World Physiotherapy.

World Physiotherapy would like to express its thanks to the volunteer translators who have helped produce the World PT Day materials in 38 languages.

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### **EDITOR'S NOTES**

#### **About physiotherapy**

Physiotherapists are experts in developing and maintaining people's ability to move and function throughout their lives. With an advanced understanding of how the body moves and what keeps it from moving well, they promote wellness, mobility and independence. They treat and prevent many problems caused by pain, illness, disability and disease, sport and work related injuries, ageing and inactivity.

Physiotherapists are educated over several years, giving them a full knowledge of the body's systems and the skills to treat a wide range of problems. This education is usually university-based, at a level that allows physiotherapists to practise independently. Continuing education ensures that they keep up to date with the latest advances in research and practice. Many physiotherapists are engaged in research themselves.

#### **About World Physiotherapy**

World Physiotherapy is the profession's global body representing over 600,000 physiotherapists from member organisations in 127 countries/territories. More information: [www.world.physio](http://www.world.physio)