

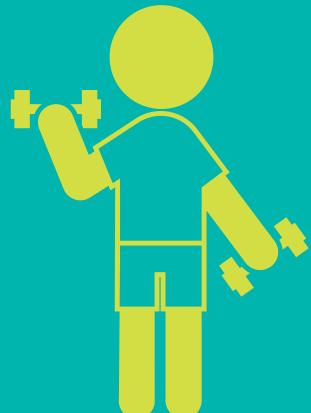
CUTUKAN ZUCIYA DA MAGUDANAN JINNI DA KUMA CIWON SANYIN AMOSANIN GAB'BAI NA RUMATOYID

Mutanen dake dauke da ciwon amosanin gabbai na rumatoyid da sauran cututtukan kumbirin gaba nada karin hadarin kamuwa da ciwon zuciya.

Mutanen dake dauke da ciwon na da hadarin kamuwa da ciwon tsayawar zuciya da ninki biyu.

Kasancewar ka/ki cikin motsi na inganta lafiya, kuma likitoci sun bada shawarar yin hakan ga al'umma dake dauke da ciwon. Motsa jiki da atisaye na taimakwa wajen:

- ingantuwar lafiya
- karfafar tsokoki
- sassauci
- daidaituwa
- ciwo da gajiya
- ciwon damuwa
- rage saurin zaizayewar kashi



Likitan ka na fisiyo zai taimake ka gurin yin tsararren aiki da ya dace da kai a hankali sa annan ya dinga karawa kadan-kadan



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