



World PT Day 2024

Motsa jiki don ciwon baya kasa



Motsa jiki yana da amfani ga ciwon baya kasa.



Motsa jiki na iya hana dawowar ciwon baya kasa.



Mafi kyawun nau'in motsa jiki shine wanda kake jin dadin yi.



Motsa jiki yana da sauran fa'idodi ga lafiya.

Yi magana da mai physiotherapy ga'me da mafi kyawun motsa jiki a gare ka.



**World
Physiotherapy**

#WorldPTDay

www.world.physio/wptday