



FATHER MULLER COLLEGE OF PHYSIOTHERAPY

World Physiotherapy Day 2024 Celebration Report

"LOW BACK PAIN" Awareness Drive Report

"Smart Posture, Smart Back: Empowering through Movement"

Location: Mangalore, India

Father Muller College of Physiotherapy, part of the Father Muller Charitable Institution, marked World Physiotherapy Day 2024 with a special healthcare drive focusing on "Low-Back Pain," as highlighted by the World Confederation for Physical Therapy (WCPT). This initiative aimed to raise awareness and empower students across pre-university (PU) colleges in Mangalore about the significance of health and fitness.

The program, titled "Smart Posture, Smart Back: Empowering through Movement," featured a range of engaging activities designed to educate participants on effective strategies for managing and preventing low-back pain. Through this initiative, we successfully reached and supported over 1,200 students, enhancing their understanding and promoting healthier lifestyle choices.







