



## NORMA ELISA GÁLVEZ OLVERA

*Physical Therapist*

### CONTACTS

#### PHONE NUMBER

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#### EMAIL

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#### ADDRESS

Mexico City, 09440, Mexico

### SKILLS

#### Manual Therapy



#### Obesity and Nutrition



#### Mental Health Physiotherapy



#### Humanist Counselor



#### Psychoneuroimmunoendocrinology



#### Neurocognitive Sciences in Mindfulness



#### Mindfulness Based Stress Reduction



#### Human Development



#### Group Facilitator



### ABOUT ME

*With 36 years in private practice and a parallel academic career teaching at various universities, I bring a wealth of expertise and leadership. As President of AMEFISAM, a founding member, and national representative at the International Organization of Physiotherapy in Mental Health, I have chaired the Education Committee and led initiatives like webinars and the Summer School. I am excited to join your team to contribute to its success.*

### WORK EXPERIENCE

#### TEACHER

📍 Mexico City

*Since Jan 1994, at various educational institutions, actually at the UNAM (National University Autonomous of Mexico).*

- Delivered engaging bachelor and postgraduate lectures.
- Developed a comprehensive curriculum for advanced courses.
- Implemented innovative teaching methods that boosted attendance.

#### COORDINATOR

*Physiotherapy International Diploma Course*

*Actually (since 2016-2025)*

- Coordinated the International Diploma Course in Physiotherapy in Mental Health, collaborating with diverse global educators and students.
- Led global physiotherapy mental health diplomas program.

#### PRESIDENT AND FOUNDING MEMBER

*Mexican Association of Physiotherapy in Mental Health (AMEFISAM) subgroup of AMEFI.*

*Present*

- Founding Member of the American Network of Physiotherapy in Mental Health, driving innovation and advancing the field.
- Built strategic partnerships in the mental health sector

- Gestalt Psychotherapy
- Neurolinguistic Programming
- Physiotherapy in Mental Health
- Gerontology
- Social Network manage in AMEFISAM

## LANGUAGES

Spanish

English

## REFERENCES

• DR. DANIEL CATALÁN  
MATAMOROS  
*IOPTMH President*  
*dcatalan@ual.es*

## REPRESENTATIVE

*International Organization of Physical Therapy in Mental Health (IOPTMH)*

*Present*

- Represented Mexico at the IOPTMH and served as elected Chair of the Education Committee
- Strengthened international academic partnerships.

## FOUNDING MEMBER

*American Network of Physiotherapy in Mental Health (AMEFISAM)*

*Present*

- Founding member of AMEFISAM

## SPEAKER/ CONGRESS

- I have participated as a speaker at the World Physiotherapy Congress in 2022, in Dubai.
- As a workshop leader in the 10th. Congress of the International Organization of Physiotherapy in Mental Health, in Barranquilla Colombia, September 2024.
- Speaker at the 3rd. International University Meeting of Physiotherapy and Kinesiology, September 25-28, 2024.
- Speaker at the International Meeting of Physiotherapy and Kinesiology schools, Puebla, October 2 and 3, 2024.

## EDUCATION

2017

## POSTGRADUATE

*Hoskulen pa Vestlandet, Norway, Bergen, Norway*

- Basic Body Awareness Methodology

2012

## MASTER'S DEGREE IN EDUCATION

Humanistic Institute of Gestalt Psychotherapy, Mexico City

1989

## BACHELOR'S DEGREE

*Centro de Rehabilitación y Educación Especial, Gaby Brimmer., Mexico*

## RESEARCH

Her research is in Physiotherapy in Mental Health.

## INTERNATIONAL COURSES

### TEACHER TRAINING COURSE IN GERONTOLOGY

*Colombia*  
*Aug 2013*