

I am a physiotherapist with 27 years of diverse experience in strategic healthcare leadership, health care commissioning, academic teaching and administration, research, and clinical expertise. My career has spanned the UK, Canada, and India, where I have honed my skills and leadership abilities

Education

Course Studied	Institution/University
MSc in Medical Rehabilitation October 2014	School of Medical Rehabilitation, Faculty of Medicine, University of Manitoba, Winnipeg, Canada
Masters in Physiotherapy (MPT- Orthopedics) July 2006	College of Applied education and Health Sciences, Meerut, Chaudary Charan Singh University, Uttar Pradesh, India
Bachelor in Physiotherapy (BPT) January 1998	Government College of Physiotherapy, Tiruchirappalli, The Tamil Nadu Dr. M.G.R Medical University, India

Board Level Volunteer Leadership and Governance Experience

1) Council Member (Elected)- Chartered Society of Physiotherapists, UK- Nov 2022 to Nov 2026 Council Nominee on Finance, Risk and Audit Committee

Council is made up of 12 elected members to lead and represent CSP members wherever they live and work. Council members are collectively responsible:

- For setting strategy and policy and to ensure that they are delivered
- Providing a collective voice for the profession and acting in the best interests of the profession as a whole;
- For listening to and connecting with members to understand frontline issues;
- For ensuring that CSP finance and resources are well used and accounted for to ensure the Society's long-term sustainability;
- For appointing the Chief Executive and holding them to account;

Volunteer Leadership and Governance Experience

2) Deputy Chair, Chief Allied Health Professions Officer's Black and Minority Ethnic (BAME), Strategic Advisory Group, NHS England- September 2023 to May 2024

- The Deputy Chair assists the Chair with delivery of the group's objectives and deputises for the Chair when required.
- Works with the chair to assist in developing the agendas for the Strategic Advisory Group
- Assists the Chair by taking on responsibility and duties as within and external to the group
- Deputises for the chair at meetings

3) Governor (Elected from the public constituency of Oxfordshire)- June 2022 to June 2025 Oxford Health NHS Foundation Trust, Oxfordshire

- **Deputy Lead Governor from October 2024**
- **Chair of Council of Governor's Safety and Clinical Effectiveness group**
- **Member of Council of Governor's Staff Experience Group**
- **Member of Council of Governor's Nominations and Remuneration Committee from Jan 2025**

The Council of Governors is an accountability forum between the Board of Directors and the Trust's main stakeholders

4) Local Advisory Board (School Governor)- March 2022 to November 2022

MacIntyre Academies, UK

Endeavour's Local Advisory Board (LAB) plays a key role in supporting MacIntyre Academies Trust Board to fulfil their regulatory duties by providing local scrutiny.

5) Professional Committee Member- November 2021 to July 2022

Chartered Society of Physiotherapy, UK

The Professional Committee provides expertise and insight on significant physiotherapy practice, learning and development issues in its role to provide leadership for the physiotherapy profession and governance of the CSP

6) Freedom to Speak up Champion- April 2021 to August 2021

Oxford University Hospitals NHS Foundation Trust, UK

- Champions play a vital role in promoting the importance of speaking up, listening up, and following up within the organisation

7) Work place Steward- September 2020 to August 2021

Chartered Society of Physiotherapy, UK

- Representing members : either individually or collectively - is the core role of the CSP steward. First port of call for all members in respect of casework and workplace issues.

Professional experience

1. Clinical Fellow (2024-25) to the Chief Allied Health Professions Officer- NHS England

May 2024 to till date (On Secondment)

2. Senior Commissioning Manager (Rehab) and Clinical Lead Therapist- May 2022 to May 2024

NHS Gloucestershire Integrated Care Board, Gloucestershire, UK

3. Health and Social Commissioning Manager- November 2021 to May 2022

NHS Gloucestershire Integrated Care Board, Gloucestershire, UK

4. Trauma Inpatient Physiotherapist Band 6 Static- June 2016 to November 2021

Trauma Unit, John Radcliffe Hospital, Oxford University Hospitals NHSFT, Oxford, UK

5. Physiotherapist- June 2013 to August 2015

Concordia Hospital, Winnipeg, Manitoba, Canada

6. Physiotherapist- November 2014 to April 2015

Portage La Prairie District General Hospital, Manitoba, Canada

7. Graduate student research assistant- September 2009 to June 2013

Department of Physical therapy, School of Medical Rehabilitation, University of Manitoba, Winnipeg

8. Principal and Chief Physiotherapist- Sep 2003 to June 2004 and July 2006 To August 2009

Shree Ghantakarna Mahavir Physiotherapy College, Godhra, Gujarat, India

9. Vice-Principal & Chief Physiotherapist – April 1999 to August 2003

Krupanidhi College of Physiotherapy, Bangalore, India

10. Lecturer in Physiotherapy and Senior Physiotherapist- Jan 1998 to March 1999

Krupanidhi College of Physiotherapy, Bangalore, India