



IAPWC Karnataka State Team

IAPWC KARNATAKA STATE TEAM

2025



DR. SANJIV JHA (PT)
PRESIDENT IAP



DR. RUCHI VARSHNEY (PT)
NATIONAL HEAD IAPWC



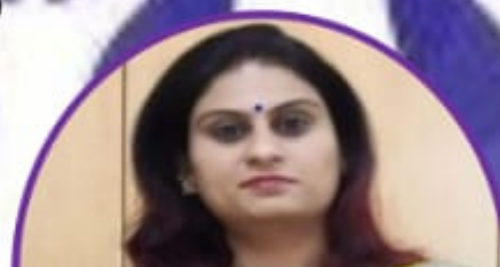
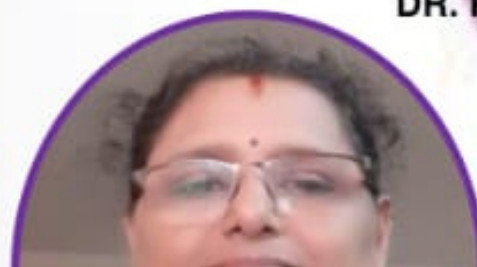
DR. MERCY JEYA PRABHA (PT)
SOUTH ZONE HEAD IAPWC



DR. P SUMITHA HEMAVATHY (PT)
**KARNATAKA STATE
COORDINATOR**



DR. K KALAISELVI (PT)
**KARNATAKA STATE
JOINT COORDINATOR**





IAPWC Bangalore Central and North Team



DR. SANJIV JHA (PT)
PRESIDENT IAP



DR. RUCHI VARSHNEY(PT)
NATIONAL HEAD IAPWC



DR. MERCY JEYA PRABHA(PT)
SOUTH ZONE HEAD IAPWC



DR. P SUMITHA HEMAVATHY(PT)
**KARNATAKA STATE
COORDINATOR**



DR. K KALAISELVI (PT)
**KARNATAKA STATE
JOINT COORDINATOR**



DR. PRIYAS(PT)
**KARNATAKA STATE
SUB COORDINATOR**



DR. SHANTI KARTHIK(PT)
**KARNATAKA STATE
SUB COORDINATOR**



DR. RICH SINGH(PT)
**KARNATAKA STATE
SUB COORDINATOR**



DR. BEENA P O(PT)



DR. DHANALAKSHMI (PT)



DR. POOJA PANDEY TRIPATHI(PT)



DR. NICE MATHEW (PT)



DR. INDUSHREE P(PT)



DR. BINDIYA R(PT)



IAPWC KARNATAKA-MANGLORE TEAM



DR. SANJIV JHA (PT)
PRESIDENT IAP



DR. RUCHI VARSHNEY (PT)
NATIONAL HEAD IAPWC



DR. MERCY JEYA PRABHA (PT)
SOUTH ZONE HEAD IAPWC



DR. P SUMITHA HEMAVATHY (PT)
KARNATAKA STATE
COORDINATOR



DR. K KALAISELVI (PT)
KARNATAKA STATE
JOINT COORDINATOR



DR. PRIYAS (PT)
KARNATAKA STATE
SUB COORDINATOR



DR. SHANTI KARTHIK (PT)
KARNATAKA STATE
SUB COORDINATOR



DR. RICHA SINGH (PT)
KARNATAKA STATE
SUB COORDINATOR





IAPWC Karnataka Team

in association with

CAPAAR

Workshop on

**OROMOTOR AND SENSORY APPROACH -
ASSESSMENT AND INTERVENTION**



SPEAKER : Mrs Rashmi Priya Rubavathy MASLP (RCI - A677993)

 **24 Feb 2025**

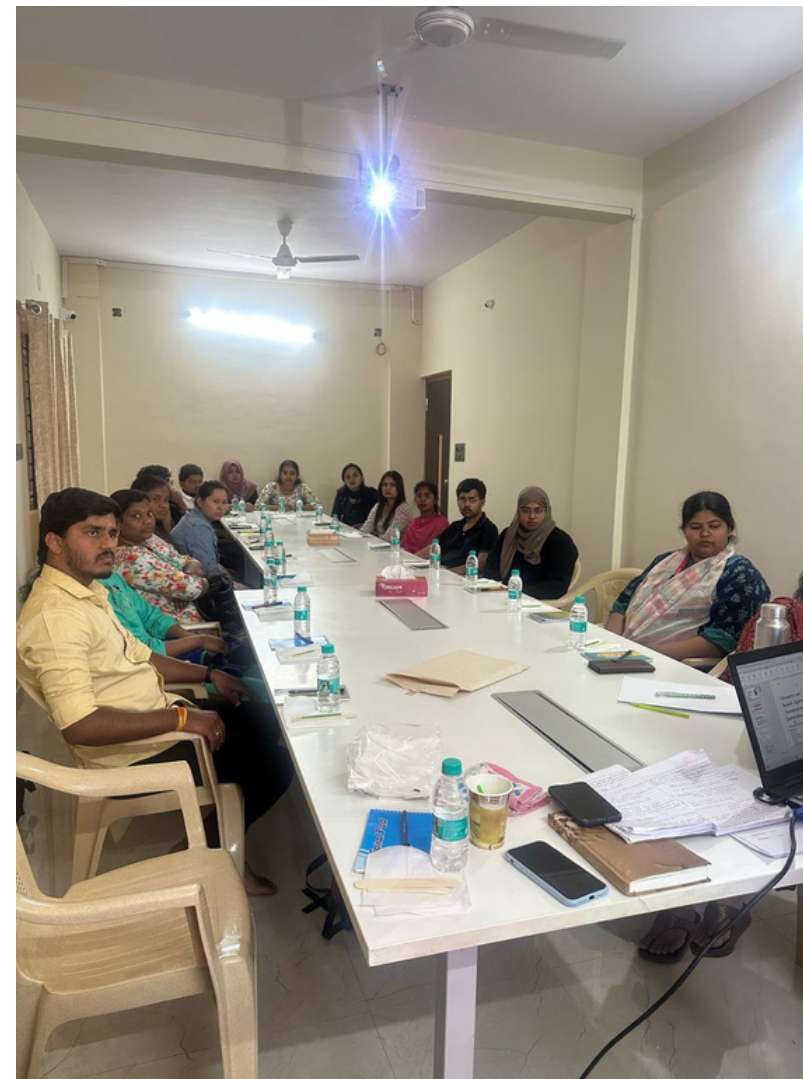
 **02:30 pm - 04:30 pm**

 **CAPAAR - NR Branch**

Website: www.capaar4autism.com

Contact: 98452 73273

**A hands-on workshop focusing on
assessment and intervention strategies
for oromotor and sensory integration in
clinical practice.**



Women's Day celebrated with activities of strength, unity, and joy.



Indian Association of Physiotherapists Women Cell
IAPWC KARNATAKA
Bangalore North , Karnataka

JOIN US TO CELEBRATE
Women's Day

THEME: Elderly Empowerment

"Stay Active, Stay Happy! 🧘🏻‍♀️💪"

Join us for gentle exercises designed to keep our seniors strong, healthy, and full of energy! 🥰👵👴 Let's move together for a happier, healthier life! ❤️ #ActiveAging #HealthySeniors #WellnessForAll

 **Priaashraya Senior Assisted Living**

Date : 08.03.2025
Time: 11am to 1pm

Event organizers



Dr. Nice Mathew(PT)
Bangalore North
Co-ordinator

Dr. Bindya Ramesh(PT)
Bangalore North
Sub-coordinator

Dr. Indushree.P (PT)
Bangalore North
Sub-coordinator

With the support of Karnataka state team

Dr.Sanjiv K.jha (PT) IAP PRESIDENT	Dr.P Sumitha Hemavathy(PT) Karnataka State coordinator	Dr.K Kalaiselvi (PT) Karnataka State Joint coordinator	Dr. Shanthi Karthik(PT)
Dr Ruchi Varshney (PT) IAPWC NATIONAL HEAD	Dr Beena P O (PT) Bangalore district Coordinator	Dr.Dhanalakshmi (PT) Dr. Pooja pandey tripathi(PT) - Sub coordinators	Dr. Priya S (PT) Dr.Richa Singh (PT) - SUB COORDINATORS



IAPWC - KARNATAKA STATE
MANJUNATHA COLLEGE OF PHYSIOTHERAPY & IAPWC

Webinar On Physiotherapy Management for Urinary Incontinence and Osteoporosis

Dr. Dhanalakshmi, Manager,
Dept of Physical Medicine & Rehabilitation, Manipal Hospital

International Women's Day



DATE: 06/03/2025
TIME: 11AM ONWARDS



PHYSIO 369 CLINIC
Breaking boundaries , Building Strength

On the occasion of International Women's day

Indian Association of physiotherapists Women cell (IAPWC)

Bangalore North Karnataka organises

- Free first Physiotherapy Consultation for Girls /Women
- Free Exercise Prescription
- Free diet advice
- Ergonomic advice
- Also get exciting offers on Packages

From 4th March to 10th March 2025

 **Location: Physio 369 Clinic, Yelahanka new town, Bangalore North**

Schedule your appointment today

Contact:
7975760108/ 8150017752

Address: #467, 3rd main, 4th cross road, Attur layout, Yelahanka new town Bangalore 560064

Women's Day Highlights: Strength and Togetherness

**PHYSIOTHERAPY
INTERVENTION FOR DIASTASIS
RECTI**

WOMEN'S DAY WORKSHOP AT CAPAAR BY

DR. POOJA PANDEY TRIPATHI: A JOURNEY OF EMPOWERMENT
FOUNDER AROGYA PHYSIOTHERAPY
MPT (REHAB)
PELVIC FLOOR THERAPIST



"There's no limit to what we as WOMEN can accomplish"

MARCH 8TH 2025

🕒 10am-12pm
📍 CAPAAR, NR Branch

+91 9986455919 www.capaar4autism.com

Arogya **Special OFFER**

Womens's Day

FOR ALL WOMEN
MARCH 3RD TO MARCH 8TH

FREE CONSULTATION



CONTACT US

9019741011

IAPWC - KARNATAKA STATE
**MANJUNATHA COLLEGE OF PHYSIOTHERAPY
& IAPWC**

On the occasion of International Women's Day
IAPWC –Bengaluru District is organizing
Physiotherapy and Wellness Camp for Women

Event Highlights

- ✓ Health and Wellness Check
- ✓ Ergonomic Consultation
- ✓ Physiotherapy Consultation
- ✓ Bone Density Analysis

FREE

DATE: 07/03/2025
TIME: 10 AM -5 PM

Venue:
Karnataka College Group of Institutions,
Bengaluru

**CELEBRATE INTERNATIONAL WOMEN'S DAY
WITH CAPAAR IN ASSOCIATION WITH IAPWC
KARNATAKA**

FREE PHYSIOTHERAPY CONSULTATION

Let's celebrate strong, healthy,
and empowered women
together

**Thrive as a Woman
in Modern Era**



What We Offer:

- ✓ Free Physiotherapy Consultation for Women
- ✓ Expert Advice on Women's Health & Wellness
- ✓ Guidance on Posture, Pain Management & Fitness
- ✓ Special Focus on Women's Health Issues

8 MARCH 2025
From 9:00am - 4:00pm

Phone: 9845273273

Address: Capaar 66, Nobel Residency Rd, near Nandi Citadel apartment

International WOMEN'S Day



World Physiotherapy Day Webinar focusing on Healthy Aging. Learn strategies and tips to promote wellbeing and an active lifestyle for all ages.

manipalhospitals
LIFE'S ON



Manipal Hospital Old Airport Road
in association with **Karnataka State IAPWC Team**
presents **World Physiotherapy Day 2025**

Theme: Healthy Aging

We invite you to a series of engaging webinars by leading experts in
Physiotherapy, Geriatrics, and Cardiology.

DATE & TIME	SPEAKERS
8 th September 3:00 pm - 4:00 pm	 Dr. Anand . PT Lead Musculoskeletal Physiotherapist Topic: Common Myofascial Conditions in the Geriatric Population
9 th September 3:00 pm - 4:00 pm	 Dr. Umashankar L . PT Lead Musculoskeletal Physiotherapist Topic: Healthy Aging - A Musculoskeletal Perspective
10 th September 3:00 pm - 4:00 pm	 Dr. Anoop Amarnath HOD & Consultant - Geriatric Medicine Topic: Advances in Geriatrics
11 th September 3:00 pm - 4:00 pm	 Dr. Keshava R HOD & Consultant Cardiology Topic: Healthy Aging and the Heart
15 th September 3:00 pm - 4:00 pm	 Dr. Manjushree . PT Obstetrics and Gynaecology Physiotherapist Topic: Menopause & Aging - A Lifestyle-Based Approach
16 th September 3:00 pm - 4:00 pm	 Dr. Sharel . PT Neuro Physiotherapist Topic: Role of Physiotherapy & Physical Activity in Healthy Aging

RSVP: +91

The IAPWC Karnataka Team conducted a Pre-Conference Workshop to enhance professional skills and knowledge sharing. Participants engaged in hands-on activities and interactive sessions to gain practical insights.

 IAPWC Karnataka IN ASSOCIATION WITH
SRV REHAB 

**PEDIATRIC REHABILITATION STRATEGIES TO
ENHANCE GROSS MOTOR MILESTONES**

 SRV REHAB
Recapture your life



OUR SPEAKER



2025

Date - 31st AUGUST
Time- 10 AM - 4 PM

Venue- SRV REHAB
87, Manvi Arcade, Behind Ever Fine Super Market,
WGHCS Layout, JP Nagar 7th Phase, JP Nagar
Bangalore- 560078

DR. MOHANDASS.G. PT
Senior Pediatric Physiotherapist
Manipal Hospital
Old Airport Road, Bangalore

For Registration :
Call/WhatsApp: 9845273273

 **ROPODS**
IAPWC Karnataka in Association
with ROPODS 

presents a Pre-Conference
Knowledge Sharing Session
Title

**Sensory-Motor Processing Enhancement
Through Motion Sensing Technology**

06-9-2025
10.30am to 12.30 

Our Speaker
Dr. P. Sumitha Hemavathy (PT)
IAPWC Karnataka State Head

 **SPOT**
Spot is a smart motion tracking device that
measures and analyzes movement in real time.
Ideal for physiotherapy and fitness.

Venue:
Capaar
66, Nobel Residency,
Bannerghatta Road, Bengaluru





Thank You!