




MAHARASHTRA STATE TEAM




The poster for the IAP Women Cell Maharashtra State 2024 team features a background image of the Gateway of India in Mumbai. On the left is the IAP logo, and on the right is the logo of the Association of Physiotherapists, India. The team members are listed as follows:


Name	Role
Dr. Sanjiv Jha	IAP President
Dr. Ruchi Varshney	National Head IAPWC
Dr. Pooja Kamble	West Zonal Head
Dr. Suvarna Ganvir	State Co-ordinator
Dr. Snehal Patel	State Joint Co-ordinator
Dr. Uthra Mohan	State Sub Co-ordinator
Dr. Priya Karande	State Sub Co-ordinator
Dr. Nirali Sanghavi	State Sub Co-ordinator

COMMITTEE OF AHILYANAGAR




**IAP WOMEN CELL
AHMEDNAGAR
DISTRICT
MAHARASHTRA**






DR. DEEPALI HANDE (PT)
DISTRICT COORDINATOR




DR. TEJAS BORKAR (PT)
DISTRICT SUB-COORDINATOR




DR. TRUPTI GUPTA (PT)
DISTRICT SUB-COORDINATOR


WITH SUPPORT OF



DR. SANJIV JHA (PT)
IAP PRESIDENT



DR. RUCHI VARSHNEY (PT)
IAPWC NATIONAL HEAD



DR. POOJA KAMBLE (PT)
IAPWC ZONAL HEAD



Pravara Institute of Medical Sciences

(Deemed to be University)

Dr. APJ Abdul Kalam College of Physiotherapy

Loni Bk. Tal. Rahata, Dist. Ahilyanagar (MS) India

On The Occasion of

World Physiotherapy Day

Dept. of Community Physiotherapy,
Dr. Dr. APJ Abdul Kalam College of
Physiotherapy

Organises

Fall Prevention Awareness Lecture
& Camp at Babhaleshwar PHC

In Association with

Indian Association of Physiotherapists
Women Cell, Ahilyanagar District

Date & Time

02.09.2025 at 10 am onwards



Address: Babhaleshwar PHC, Tal- Rahata,
Dist- Ahilyanagar, Maharashtra

Follow us on Instagram :
dr_apj_abdul_kalam_copt



Babhaleshwar, Maharashtra, India

Hgw5+pmc, Babhaleshwar, Maharashtra 413737, India

Lat 19.59674° Long 74.509104°



02/09/2025 11:26 AM GMT +05:30



Babhaleshwar, Maharashtra, India

Hgw5+pmc, Babhaleshwar, Maharashtra 413737, India





Pravara Institute of Medical Sciences
(Deemed to be University)
Dr. APJ Abdul Kalam College of Physiotherapy
Loni Bk. Tal. Rahata, Dist. Ahilyanagar (MS) India

On The Occasion of
World Physiotherapy Day

Dept. of Paediatric Physiotherapy,
Dr. Dr. APJ Abdul Kalam College of
Physiotherapy


Organises

Awareness lecture on 'Sedentary Lifestyle
& Physical Activity' in Children & Adolescents
at Dhruv Academy, Sangamner

In Association with

Indian Association of Physiotherapists
Women Cell, Ahilyanagar District

Date & Time
03.09.2025 at 3 pm onwards



**SEDENTARY
LIFESTYLE
& PHYSICAL
ACTIVITY**

Address: Dhruv Academy Tal- Sangamner,
Dist- Ahilyanagar, Maharashtra

Follow us on Instagram :
dr_apj_abdul_kalam_copt



COMMITTEE OF AURANGABAD

 **IAP WOMEN CELL
AURANGABAD BRANCH
2022** 

 Dr. Ashwini Kale (PT) District Co-ordinator	 Dr. Antara Deshmukh (PT) District Sub Co-ordinator	 Dr. Sai Vispute (PT) District Sub Co-ordinator
WITH SUPPORT OF		
 Dr. Sanjay Jha (PT) IAP President	 Dr. Ruchi Varshney (PT) National Head	 Dr. Pooja Kamble (PT) Zonal Head
 Dr. Suvarna Ganvir (PT) State Co-ordinator	 Dr. Snehal Patel (PT) State Joint Co-ordinator	
 Dr. Uthra Mohan (PT) State Sub Co-ordinator	 Dr. Priya Karande (PT) State Sub Co-ordinator	 Dr. Nirali Sanghavi (PT) State Sub Co-ordinator



*The Indian Association of Physiotherapy
Women Cell, Ch .Sambhaji Nagar
District, Maharashtra.*



International Physiotherapy Day

"Motion is Our Mission"

Date: 10 th Sept 2025

Time: 10-3pm

Location: Kamalnayan Bajaj Hospital, CSN

With the support and guidance

National IAPWC Team :

IAP President -Dr.Sanjiv Jha (PT)

National Head-Dr. Ruchi Varshney(PT)

West Zone Head-Dr.Pooja Kamble (PT)

IAPWC Maharashtra team

Dr.Suvarna Ganvir (PT)

Dr. Snehal Patel (PT)

Dr. Uthra Mohan (PT)

Dr. Priya Pawar (PT)

IAPWC Ch.Sambhaji

Nagar District team

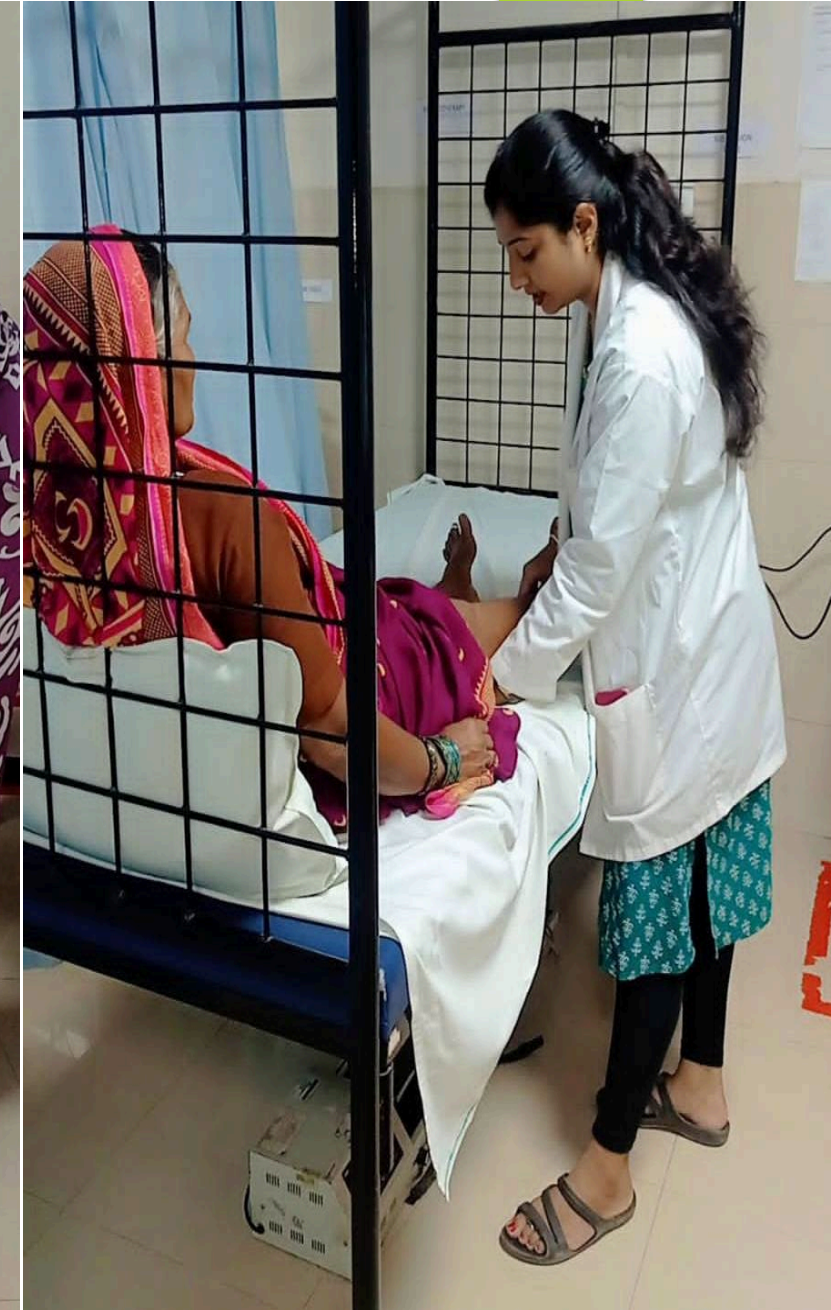
Coordinator

Dr. Ashwini Kale (PT)

Sub Coordinator

Dr.Antara Deshmukh (PT)

Dr.Sai Vispute (PT)



COMMITTEE OF KOLHAPUR



INDIAN ASSOCIATION OF PHYSIOTHERAPISTS WOMEN CELL MAHARASHTRA STATE, KOLHAPUR DISTRICT



Dr. Sanjiv Jha
IAP President



Dr. Ruchi Varshney
National Head



Dr. Pooja Kamble
Zonal Head

KOLHAPUR TEAM



Dr. Amrutkuvar Rayjade
District Coordinator



Dr. Pranjali Dhamane
District Sub-Coordinator



Dr. Namrata Bavalekar
District Sub-Coordinator

WITH SUPPORT OF



Dr. Suvarna Ganvir
State Coordinator



Dr. Snehal Patel
State Joint Coordinator



Dr. Uthra Mohan
State Sub-Coordinator



Dr. Priya Karande
State Sub-Coordinator



Dr. Nirali Sanghavi
State Sub-Coordinator



The Indian Association of Physiotherapists
Women Cell
Kolhapur District
In Collaboration with
D. Y. Patil College of Physiotherapy, Kolhapur
Organises
Yoga Session for Elderly
On The Occasion of
World Physiotherapy Day



INDIAN ASSOCIATION OF PHYSIOTHERAPISTS WOMEN CELL MAHARASHTRA STATE, KOLHAPUR DISTRICT



Dr. Sanjiv Jha
IAP President



Dr. Ruchi Varshney
National Head



Dr. Pooja Kamble
Zonal Head

KOLHAPUR TEAM



Dr. Amrutkuvar Rayjade
District Coordinator



Dr. Pranjali Dhamane
District Sub-Coordinator



Dr. Namrata Bavalekar
District Sub-Coordinator

WITH SUPPORT OF



Dr. Suvarna Ganvir
State Coordinator



Dr. Snehal Patel
State Joint Coordinator



Dr. Uthra Mohan
State Sub-Coordinator



Dr. Priya Karande
State Sub-Coordinator



Dr. Nirali Sanghavi
State Sub-Coordinator

IAPWC KOLHAPUR TEAM

Dr. Amrutkuvar Rayjade (PT) District Coordinator
Dr. Pranjali Dhamane (PT) District Sub Coordinator
Dr. Namrata Bavalekar (PT) District Sub Coordinator

IAPWC Zonal Head

Dr. Pooja Kamble (PT)
State Joint Coordinator
Dr. Snehal Patel (PT)
State Sub Coordinator
Dr. Priya Pawar (PT)

Date – 08/09/2025
Day – Monday
Time – 11 am onwards

President IAP

Dr. Sanjeev Jha (PT)

MAHARASHTRA IAPWC STATE TEAM

IAPWC National Head
Dr. Ruchi Varshney (PT)
State Coordinator
Dr. Suvarna Ganvir (PT)
State Sub Coordinator
Dr. Uthra Mohan (PT)
State Sub Coordinator
Dr. Nirali Sanghavi (PT)



On occasion of World Physiotherapy Day, we The IAP Women Cell Kolhapur District, Maharashtra visited Old Age Home “Sawali Care Center” on 7th September, 2025 with the moto of “Healthy Ageing” We met 31 inmates senior citizens which were able to come out for interactive session.

→ Firstly we had an awareness talk Healthy Ageing and Importance of fall prevention.

→ We did few mobility exercise in sitting and standing with support.

→ Breathing exercises were taught to senior citizens to encourage better respiratory health, relieve stress, and support overall well-being.”

→ Games were played to encourage fun and interaction.”

→ Meditation session was conducted and guided the care takers of that centre about importance of exercise and to continue with the same for them.

COMMITTEE OF MUMBAI



IAP WOMEN CELL MUMBAI DISTRICT MAHARASHTRA



DR. SANJIV JHA (PT)
IAP President



DR. RUCHI VARSHNEY (PT)
IAPWC National Head



DR. POOJA KAMBLE (PT)
West Zone Head



**DR. DEEPIKA
VIRAS (PT)**
District Co-ordinator



**DR. REEMA
RANKA (PT)**
District Sub
Co-ordinator



**DR. EKTA
SINGHAL (PT)**
District Sub
Co-ordinator



**DR. BINAL
DAVE (PT)**
District Sub
Co-ordinator

With Support of



**DR. SUVARNA
GANVIR (PT)**
State
Co-ordinator



**DR. SNEHAL
PATEL (PT)**
State Jt
Co-ordinator



**DR. UTHRA
MOHAN (PT)**
State Sub
Co-ordinator



**DR. PRIYA
KARANDE (PT)**
State Sub
Co-ordinator



**DR. NIRALI
SANGHAVI
(PT)**
State Sub
Co-ordinator

IAP WOMEN CELL MUMBAI DISTRICT. MAHARASHTRA

A Visit to Senior Citizen Caring Center. Kandivali

CELEBRATING WORLD PHYSIOTHERAPY DAY 2025

- **Talk on Healthy Ageing and Tips on Fall prevention were shared with about 50 inmates .**
- **Coordination Games were played.**
- **Breathing techniques with short meditation was done.**
- **Bed ridden patient were given mobility exercises.**
- **Mobility exercises and patient care precautions were shared with caregivers at the Center.**

COMMITTEE OF NAGPUR



**Indian Association of Physiotherapists
Women Cell, Maharashtra, Nagpur District**



Dr Sanjiv Jha
IAP President



Dr Ruchi Varshney
IAPWC National Head



Dr Pooja Kamble
West Zonal Head

IAPWC NAGPUR DISTRICT TEAM



Dr. Megha Laddha
District
Coordinator



Dr. Sonal Bhagat
District
Sub Coordinator



Dr. Pallavi Zade
District
Sub Coordinator



Dr. Sangeeta Sharma
District
Sub Coordinator



Dr. Leena Jaiswal
District
Sub Coordinator

WITH SUPPORT OF



Dr Suvarna Ganvir
State Coordinator



Dr Snehal Patel
State Joint Coordinator



Dr Uthra Mohan
State Sub-Coordinator



Dr Priya Karande
State Sub-Coordinator



Dr Nirali Sanghavi
State Sub-Coordinator



COMMITTEE OF NASHIK



**INDIAN ASSOCIATION OF PHYSIOTHERAPISTS WOMEN CELL
MAHARASHTRA STATE, NASHIK DISTRICT**



Dr Sanjiv Jha
IAP President

Dr Ruchi Varshney
IAPWC National Head

Dr Pooja Kamble
West Zonal Head

NASHIK TEAM

Dr Paksha Kamble
District Coordinator

Dr Ankita Shrikant
District Sub-Coordinator

WITH SUPPORT OF

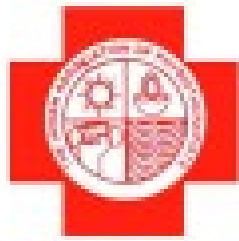
Dr Suvarna Ganvir
State Coordinator

Dr Snehal Patel
State Joint Coordinator

Dr Uthra Mohan
State Sub-Coordinator

Dr Priya Karande
State Sub-Coordinator

Dr Nirali Sanghavi
State Sub-Coordinator



INDIAN ASSOCIATION OF PHYSIOTHERAPISTS WOMEN CELL, NASHIK DISTRICT WORLD PHYSIOTHERAPY DAY, 2025



VENUE:
VATSALYA VRUDHASHRAM,
PANCHAVATI AND
ANANDVALLI BRANCH.
DATE: 7-09-2025
TIME: 9 am- 11 am



INTRODUCTION ABOUT
IAP & IAPWC IN BOTH
BRANCHES.
WITH THE SUPPORT OF
INTERNS FROM
MOTIWALA COLLEGE OF
PHYSIOTHERAPY



APPRECIATION AND
FELICITATION BY VATSALYA
OLD AGE HOME

GERIATRIC
SCREENING
TEST



COMMITTEE OF NAVI MUMBAI

The poster is for the IAP Women Cell, Maharashtra State - Navi Mumbai District. It features a background image of a temple and a flooded street. The top section includes the IAP logo, the title 'IAP WOMEN CELL MAHARASHTRA STATE - NAVI MUMBAI DISTRICT', and the IAP Women Cell logo. Below this, four portraits of the national and zonal heads are shown. The middle section features a portrait of the district coordinator. The bottom section features two portraits of sub-coordinators.

**IAP WOMEN CELL
MAHARASHTRA STATE -
NAVI MUMBAI DISTRICT**

Dr. Sanjiv Jha
IAP PRESIDENT

Dr. Ruchi Varshney
NATIONAL HEAD

Dr. Pooja Kamble
ZONAL HEAD

Dr. Suvarna Ganvir
STATE COORDINATOR

NAVI MUMBAI IAPWC TEAM

Dr. D.Shabiethaa
DISTRICT COORDINATOR

Dr. Tanuja Ranganathan
SUB COORDINATOR

Dr. Pooja Shastri
SUB COORDINATOR

IAPWC – MAHARASHTRA : NAVI MUMBAI



**THE INDIAN ASSOCIATION OF
PHYSIOTHERAPISTS**
WOMEN CELL | NAVI MUMBAI District
Celebrates

WORLD PHYSIOTHERAPY DAY 2025 by Organizing an event on
"HEALTHY AGEING" as "REVIVE & THRIVE"

The program will focus on improving balance, flexibility, and strength, all essential for maintaining independence and overall well-being in older adults.

DATE : 7/9/2025
TIMING: 10.30 to 12PM
VENUE : GIRIJA WELFARE ASSOCIATION Kharghar 410210



IAPWC Navi Mumbai Team
District Coordinator
Dr D Shabliethaa (PT)

District Sub Coordinator
Dr Tanuja Ranganathan (PT)
Dr Pooja Shastri (PT)

IAPWC National Head
Dr Ruchi Varshney (PT)

IAPWC Zonal Head
Dr Pooja Kamble (PT)

MAHARASHTRA IAPWC STATE TEAM
Dr Suvarna Ganvir (PT)
Dr Snehal Patel (PT)
Dr Uthra Mohan (PT)
Dr Priya Karande (PT)
Dr Nirali Sanghavi (PT)



COMMITTEE OF PARBHANI



**LAP WOMEN CELL
MAHARASHTRA STATE
PARBHANI DISTRICT**



Dr. Sanjiv Jha
IAP President

Dr. Ruchi Varshney
National Head

Dr. Pooja Kamble
Zonal Head

PARBHANI IAPWC TEAM



Dr. Varsha Sadavarte
District Coordinator

Dr. Arzoo Shaikh
Sub Coordinator

Dr. Shreya Lohiya
Sub Coordinator

Dr. Sakshi Parve
Sub Coordinator

WITH SUPPORT OF



Dr. Suvarna Ganvir
State Coordinator

Dr. Snehal Patel
State Joint Coordinator

Dr. Uthra Mohan
State Sub Coordinator

Dr. Priya Pawar
State Sub Coordinator

Dr. Nirali Sanghavi
State Sub Coordinator



- Our 1st Parbhani District IAP women cell - Maharashtra state Event on the occasion of World physiotherapy day 2025 is successfully completed on **5th september 2025** .
- We organized the event in collaboration with Parbhani College of Physiotherapy , Parbhani
- Venue -**Sneh Senior Citizen home ,Parbhani**
- Theme –**“Healthy Ageing”**
- The day was very special as we gave physiotherapy treatment for all senior citizen in old age home as well as food distribution program has been done .
- Thirty to forty patients participated in the group exercise program ,and our purpose is successfully achieved. We aimed to bring smiles on old age patients

COMMITTEE OF PIMPRI CHINCHWAD

The poster is for the IAP Women Cell, Pimpri Chinchwad. It features a pink background with a subtle floral pattern. At the top, there are two logos: the IAP logo on the left and the IAP Women Cell logo on the right. The title "IAP Women Cell, Pimpri Chinchwad" is written in a large, black, serif font. Below the title, there are three circular portraits of the committee members, each with a colored border. The first portrait is of Dr. Sanjiv Jha (PT), IAP President, with an orange border. The second is of Dr. Ruchi Varshney (PT), National Head, with a white border. The third is of Dr. Pooja Kamble (PT), Zonal Head, with a blue border. Below each portrait is the name and title in a black, sans-serif font. In the center, there is a decorative flourish followed by the text "Pimpri-Chinchwad IAP WC Team" in a bold, black, serif font. Below this, there are two more circular portraits, each with a yellow border. The first is of Dr. Sanjivani Kamble (PT), District Coordinator, with a pink border. The second is of Dr. Farheen S. Patel (PT), District Sub Coordinator, with a red border. Below each portrait is the name and title in a black, sans-serif font. At the bottom, there is a yellow banner with the text "With Support of" in a bold, black, serif font. Below the banner, there are two more circular portraits, each with a green border. The first is of a woman with dark hair, and the second is of a woman with glasses. The poster is decorated with various floral and geometric patterns.

**IAP Women Cell,
Pimpri Chinchwad**

Dr. Sanjiv Jha (PT)
IAP President

Dr. Ruchi Varshney (PT)
National Head

Dr. Pooja Kamble (PT)
Zonal Head

**Pimpri-Chinchwad
IAP WC Team**

Dr. Sanjivani Kamble (PT)
District Coordinator

Dr. Farheen S. Patel (PT)
District Sub Coordinator

With Support of

World PT Day Celebration

Venue: Dr. D. Y. Patil Medical College, Hospital & Research Centre, Pimpri

Date: 8th September 2025

Time: 9:00 am – 1:00 pm

On the occasion of World PT day, IAPWC Pimpri Chinchwad actively participated in the Osteoarthritis Camp jointly organized with the Department of Medicine (Dr. D. Y. Patil Medical College, Pimpri) & Geriatric Society of India.

Highlights of the Camp:

Total 42 patients benefited from physiotherapy consultation and management.

Diagnostic and screening facilities provided included:

- ✓ Physiotherapy consultation & management
- ✓ Blood tests
- ✓ Vitamin D & Thyroid tests
- ✓ Bone Mineral Density (BMD)
- ✓ X-ray investigations



COMMITTEE OF RATNAGIRI



**Indian Association of
Physiotherapist, Women's Cell,
Maharashtra state , Ratnagiri
District**



Dr. Sanjiv Jha
IAP PRESIDENT



Dr. Ruchi Varshney
IAPWC National Head



Dr. Pooja Kamble
West Zonal Head

District: Ratnagiri



Dr. Aasma Sharma
District Co-ordinator



Dr. Jui Phaltankar
District Sub Co-ordinator

With Support from



Dr. Suvarna Ganvir
State Co-ordinator



Dr. Snehal Patel
State joint co-ordinator



Dr. Uthra Mohan
State sub co-ordinator



Dr. Priya Karande
State sub co-ordinator



Dr. Nirali Sanghavi
State sub co-ordinator



World Physiotherapy Day 2025 themed, "Healthy Aging" was celebrated in community with active involvement of geriatric and middle-aged population conveying message to elderly how physiotherapy plays a vital role in maintaining functional independence, balance, pain relief and maintaining quality of life as we age. Activities performed at Grampanchayat Bhavan Nandagaon, SKITPLAY, FUNGAMES, GENERAL ASSESSMENT, SOCIAL INTERACTION & EXPERIENCE SHARING & SHOWCASING REELS FROM REEL COMPETITION



Dr. Asma Sharma
IAP District Coordinator
Ratnagiri district

Dr. Jui Phaltankar
IAP District Sub coordinator
Ratnagiri District

Dr. L. Chandrasekar
Principal, BKLWCOP
IAP Ratnagiri District
EC Member

Dr. Sandeep Khare
IAP Coordinator
Ratnagiri



**RATNAGIRI
DISTRICT**





HEALTHY AGING AND FALL PREVENTION - SAFETY

Reel Making Competition

Rules for Reel Competition World Physiotherapy Day 2025

1. ELIGIBILITY

Open to all Physiotherapy colleges of Ratnagiri district.
The reel competition has no restriction on participant numbers.
Multiple entries and team participation are encouraged.

2. REEL GUIDELINES

Duration: 30-90 seconds only.

3. CONTENT FOCUS

Tips for safe mobility in older adults.
Exercises promoting balance & strength.
Role of physiotherapy in fall prevention.
Awareness messages for caregivers & community.
Must be educational creative engaging.

4. SUBMISSION RULES

Last date for submission: [6-09-2025].

5. JUDGING CRITERIA

Relevance to Theme.
Clarity of Message
Originality
Presentation & Editing
6. GENERAL INSTRUCTIONS

Patient videos can be used and requires written consent.
No offensive, political, or inappropriate content.
Inappropriate clothing, foul language won't be appreciated.
By submitting, participants agree that the organizers may use reels for awareness and promotional purposes.
Decision of judges will be final.

As extended activity on World Physiotherapy Day 2025, the IAP Women's Cell (IAPWC) Ratnagiri District in Collaboration with BKL Walawalkar College of Physiotherapy & Indian Association of Physiotherapists (IAP) Ratnagiri District organizing a fun and creative reel competition themed Healthy Aging & Role of physiotherapy in living a healthy, active life at every age BKL Walawalkar College of Physiotherapy Sawarde & SM Joshi College of Physiotherapy Ratnagiri participated & out of total of 8 reels received 3 were awarded 1st, 2nd & 3rd others were given appreciation price sponsored by Rotary Club Ratnagiri Midtown and price distribution

RATNAGIRI DISTRICT



Ratnagiri District conducted a free seminar & assessment camp at swagruhi, seva sanstha, shirgao, Ratnagiri.



दि इंडियन असोसिएशन ऑफ फिजिओथेरेपिस्ट्स रत्नागिरी जिल्हा शाखा



दि इंडियन असोसिएशन ऑफ फिजिओथेरेपिस्ट्स वूमन सेल

एस. एम. जोशी कॉलेज ऑफ फिजिओथेरेपी, रत्नागिरी



यांच्या संयुक्त विद्यमाने

जागतिक फिजिओथेरेपी दिनानिमित्त

ज्येष्ठ नागरिकांच्या उत्तम आरोग्यासाठी मार्गदर्शन, प्रात्याक्षिके
आणि मोफत आरोग्य तपसणी शिबीर



स्वगृही सेवा संस्था, शिरगाव, रत्नागिरी



08 सप्टेंबर, 2025

डॉ. अनघा शेळके (PT)
सहाय्यक प्रोफेसर
एस. एम. जोशी कॉलेज ऑफ
फिजिओथेरेपी, रत्नागिरी

डॉ. अंजली गोगटे (PT)
सचिव
आय.ए.पी., रत्नागिरी

डॉ. संदीप करे (PT)
संयोजक
आय.ए.पी.
रत्नागिरी

डॉ. जुई फलटणकर (PT)
जिल्हा उप समन्वयक
आय.ए.पी. वूमन सेल
रत्नागिरी

डॉ. करणकुमार कर् रा(PT)
सहाय्यक प्रोफेसर
एस. एम. जोशी कॉलेज ऑफ
फिजिओथेरेपी, रत्नागिरी

ऋतुजा हेगशेट्टे
डायरेक्टर
एस. एम. जोशी कॉलेज ऑफ
फिजिओथेरेपी, रत्नागिरी



COMMITTEE OF SANGLI



**IAP WOMEN CELL
MAHARASHTRA STATE
SANGLI DISTRICT**



Dr Sanjiv Jha
IAP President

Dr Ruchi Varshney
National Head

Dr Pooja Kamble
Zonal Head

SANGLI IAPWC TEAM



Dr Manal Anthikat
COORDINATOR

Dr Sneha Katke
SUB COORDINATOR

Dr Sheetal Limaye
SUB COORDINATOR

WITH SUPPORT OF



Dr Suvarna Ganvir
STATE COORDINATOR

Dr Snehal Patel
STATE JOINT
COORDINATOR

Dr Uthra Mohan
STATE SUB
COORDINATOR

Dr Priya Karande
STATE SUB
COORDINATOR

Dr Nirali Sanghavi
STATE SUB
COORDINATOR

On Occasion of World Physiotherapy Day 2025, Indian Association of Physiotherapists Women Cell (IAPWC) Maharashtra, Sangli District has organised an talk on नवीन संजीवनी - Movement as New Medicine for geriatric population on 24/08/2025, from 4 pm to 5 pm at Bapat Mala ground, Sangli. Total of 35 inmates participated in the program and got benefitted from the talk.



IAPWC MAHARASHTRA SANGLI DISTRICT

organises

Talk on नवीन संजीवनी - Movement as New Medicine

Date: 24 Aug 2025
Place: Bapat Mala / ground, Sangli
Time: 4 pm to 5 pm

IAPWC TEAM

National Head: Dr Ruchi Varshney	District Coordinator: Dr Manal Anthikat
Zonal Head: Dr Pooja Kamble	
State Coordinator: Dr Suvarna Ganvir	
State Jt. Coordinator: Dr Snehal Patel	
State Sub Coordinator: Dr Uthra Mohan	District Sub coordinator: Dr Sneha Katke
Dr Nirali Sanghavi	Dr Sheetal Limaye
Dr Priya Karande	



On occasion of World Physiotherapy Day 2025, IAPWC Maharashtra state Sangli District organized an impactful event at Sanvedana Old Age Home, spreading awareness about physiotherapy's role in enhancing elderly health and well-being followed by braingym Exercise Sessions for elderly individuals. Total of 20 inmates got benefitted from the program



COMMITTEE OF SOLAPUR



IAP WOMEN CELL SOLAPUR DISTRICT



Dr. Sanjiv Jha
IPA President



Dr. Ruchi Varshney
National Head



Dr. Pooja Kamble
Zone Head

SOLAPUR IAPWC TEAM



Dr. Radhikka Kshirsagar
Dist.Co-ordinator



Dr. Radhika Honap
Dist. Sub Co-ordinator



Dr. Madhura Shah
Dist. Sub Co-ordinator



Dr. Radhika Agrawal
Dist. Sub Co-ordinator

With Support of



Dr. Suvarna Ganvir
State Co-ordinator



Dr. Snehal Patel
State Joint
Co-ordinator



Dr. Uthra Mohan
State Sub
Co-ordinator



Dr. Priya Karande
State Sub
Co-ordinator



Dr. Nirali Sanghavi
State Sub
Co-ordinator



INDIAN ASSOCIATION OF PHYSIOTHERAPISTS IAPWC, SOLAPUR DISTRICT



On The Occasion of **WORLD PHYSIOTHERAPY DAY** Organizes **PHYSIOTHERAPY FOR HEALTHY AGING**

Date - 7 Sep 2025

Time - 4 pm Onwards

Venue- Brijdham Old Age Home



UNDER THE GUIDENCE OF -

IAP President

Dr Sanjiv Jha (PT)

IAPWC National Head

Dr Ruchi Varshney (PT)

IAPWC Zonal Head

Dr. Pooja Kamble

Maharashtra IAPWC State Team

Dr Suvarna Ganvir (PT)

Dr Snehal Patel (PT)

Dr Uthara Mohan (PT)

Dr Priya Karande (PT)

Dr Nirali Sanghavi (PT)

ORGANIZERS

Solapur District Team:

Dr. Radhikka Kshirsagar PT –

District Coordinator

Dr. Radhika Honap PT –

District Sub Coordinator


Dr. Madhura Shah PT –

District Sub Coordinator

Dr. Radhika Agarwal PT –

District Sub Coordinator





IAPWC, Solapur District organized a program on “**Physiotherapy for Healthy Aging**” at Brijdham Old Age Home on 7th Sept 2025.

👉 Group exercises for neck, shoulder & lower limb were conducted.

👉 Individual assessments & treatments provided.

👉 10 residents received one-to-one physiotherapy care.

A successful initiative by Solapur District Team under the guidance of IAPWC leaders.

COMMITTEE OF WARDHA



**IAP WOMEN CELL
WARDHA DISTRICT**





DR. SANJIV JHA
IAP PRESIDENT

DR. RUCHI VARSHNEY
NATIONAL HEAD

DR. POOJA KAMBLE
ZONAL HEAD

WARDHA IAPWC TEAM



DR. KSHAMA DHOBLE
COORDINATOR

DR. SURBHI KOTHARI
SUB COORDINATOR

With Support of



DR. SUVARNA GANVIR
STATE COORDINATOR

DR. SNEHAL PATEL
STATE JOINT
COORDINATOR

DR. UTHRA MOHAN
STATE SUB
COORDINATOR

DR. PRIYA KARANDE
STATE SUB
COORDINATOR

DR. NIRALI SANGHAM
STATE SUB
COORDINATOR

Wardha district activity world physiotherapy day 2025

Indian Association Of Physiotherapists
Women Cell
Wardha District(Maharashtra)
IS ORGANISING
**A free Checkup
and Awareness camp**

**OF
PHYSIOTHERAPY
FOR ELDERLY PEOPLE**

Date :- 07 Sep., 2025 Time :- 02 to 04 pm
On Occasion Of World Physiotherapy Day

**-: Venue :-
बेघर निवारा आश्रम**

With The Support Of
Dr. Surbhi Kothari District Coordinator
Dr. Ruchi Varshney IAPWC National Head
Dr. Maithali Deshpande District Sub Coordinator
Dr. Pooja Kamble IAPWC Zonal Head

MAHARASHTRA IAPWC STATE TEAM
Dr. Suvarna Ganvir, Dr. Snehal Patel, Dr. Uthra Mohan,
Dr. Priya Karande, Dr. Nirali Sanghavi



COMMITTEE OF WEST MUMBAI



IAP WOMEN CELL

West Mumbai District
Maharashtra



Dr. Sanjiv Jha
IAP PRESIDENT

Dr. Ruchi Varshney
NATIONAL HEAD IAPWC

Dr. Pooja Kamble
West Zonal Head

West Mumbai District



Dr. Urvi Nirav Katokia
District Coordinator

Dr. Neha Jayant Mishra
Sub Coordinator

Dr. Varsha Santosh Chambyal
Sub Coordinator

Dr. Siddhi Deepak Gotecha
Sub Coordinator

With Support of



Dr. Survana Ganvir
State Coordinator

Dr. Snehal Patel
State Joint Coordinator

Dr. Uthra Mohan
State Sub Coordinator

Dr. Priya Karande
State Sub Coordinator

Dr. Nirali Sanghavi
State Sub Coordinator



IAP WOMEN CELL

West Mumbai
District
Maharashtra





Dr. Sanjiv Jha
IAP PRESIDENT



Dr. Ruchi Varshney
NATIONAL HEAD IAPWC



Dr. Pooja Kamble
West Zonal Head

West Mumbai District



Dr. Urvi Nirav Katakia
District Coordinator



Dr. Neha Jayant Mishra
Sub Coordinator



Dr. Siddhi Deepak Gotecha
Sub Coordinator

With Support of



Dr. Suvarna Ganvir
State Coordinator



Dr. Snehal Patel
State Joint Coordinator



Dr. Uthra Mohan
State Sub Coordinator



Dr. Priya Karande
State Sub Coordinator



Dr. Nirali Sanghavi
State Sub Coordinator



IAP WOMEN CELL MAHARASHTRA STATE WEST MUMBAI DISTRICT



On occasion of

World Physiotherapy Day

Organises

GERIATRIC HEALTH CAMP

INTEGRATED COMMUNITY HEALTH INITIATIVE

- General Health Check-up by Dr. Srikant Mhatre
- Orthopedic Spine Surgeon Consultation by Dr. Gaurav Ranglani - One Spine
- Bone mineral density (BMD) screening
- Musculoskeletal screening & physiotherapy assessment

 **7th September**
(Sunday) 2025

 **11 AM-1PM**

 Assisi Bhavan, near obero international school, Yashodham, Goregaon, Mumbai, Maharashtra 400063



ORGANISING COMMITTEE:
 District Co-ordinator: **Dr Urvi Katakia (PT)**
 District Sub Co-ordinators: **Dr. Neha Mishra (PT)**
Dr. Siddhi Gotecha (PT)

WITH SUPPORT OF: IAP President: **Dr. Sanjiv Jha (PT)**
 IAPWC National Head: **Dr. Ruchi Varshney (PT)**
 IAPWC West Zonal Head: **Dr. Pooja Kamble (PT)**

MAHARASHTRA IAPWC STATE TEAM:
 State Coordinator: **Dr. Suvarna Ganvir (PT)**
 State Jt. Coordinator: **Dr. Snehal Patel (PT)**
 State Sub Coordinators: **Dr. Uthra Mohan (PT)**
Dr. Priya Karande (PT)
Dr. Nirali Sanghavi (PT)



This was a integrated community health initiative on the occasion of World Physiotherapy Day 2025 , we organised a health camp for geriatric in an old age home (Assissi Bhavan, Goregoan). The camp included Free BMD analysis, consultation by ortho spine surgeon and MSK PT assessment and training for all 50+ elderly individuals.



THANK YOU