

EVENT REPORT
IAP WOMEN CELL UTTARAKHAND STATE

REPORT: WORLD PHYSIOTHERAPY DAY

DATE: 08/09/2025

IAP Women Cell, Uttarakhand Branch celebrated World Physiotherapy Day in collaboration with Dolphin PG Institute of Biomedical and Natural Sciences, Dehradun and Sardar Bhagwan Singh University, Dehradun. Various events were organized by the team at various places. In guidance of Dr Sanjiv Jha, IAP President and Dr Ruchi Vashney, National Head IAPWC academic and social events were organized.

The event, centered around this year's global theme "Healthy Ageing," brought together students, faculty, and esteemed guests for a day of education, creativity, and community outreach. As part of the outreach efforts, Dolphin PG Institute organized a Geriatric Rehabilitation Camp in the nearby village of Bhauwwala, aiming to raise awareness about the role of physiotherapy in elderly care and promote healthy lifestyle practices within the rural community. A special lecture was also organized by DIBNS on the topic, "PHYSIOTHERAPY IN HEALTHY AGING" by Dr. Vasudha Verma, Senior Physiotherapist at Raj Bhawan, Uttarakhand.

Sardar Bhagwan Singh University also organized a special lecture by Dr. Chitra on the topic "Prevention of frailty and falls in elderly and how physiotherapy improves quality of life".

Along with that a Health camp was also organized at the university's OPD in the new campus.

Whole program was organized in collaboration with IAP Women Cell Uttarakhand.

Dr. Reena Kumari (Patron), Dr. Deeptee Warikoo (state coordinator), Dr. Charu Sharma (Joint Coordinator), Dr. Keerty Mathur (Sub coordinator), Dr. Sharda Sharma (Sub coordinator) and Dr. Manmeet Kaur (Sub coordinator) were present for the celebrations.

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IAPWC Uttarakhand Branch

Celebrates
World Physiotherapy Day
08 September, 2025

In Collaboration With
**DOLPHIN (PG) INSTITUTE
&
SBS UNIVERSITY**

SN.	Events	Collaborating HEI
1	Health Camp	SBS University
2	Rural Geriatric Health Camp	Dolphin (PG) Institute
3	Special Lecture by Dr. Vasudha	Dolphin (PG) Institute
4	Special Lecture by Dr. Chitra	SBS University

With Immense Support of

Dr. Sanjiv K. Jha (PT)
President, IAP

Dr. Reena Kumari (PT)
Patron
(IAPWC-UK)

Dr. Keerty Mathur (PT)
Sub Coordinator
(IAPWC-UK)

Dr. Ruchi Varshney (PT)
Treasurer, IAP
National Head, IAPWC

Organizing Committee

Dr. Deeptee Warikoo (PT)
State Coordinator
(IAPWC-UK)

Dr. Sharda Sharma (PT)
Sub Coordinator
(IAPWC-UK)

Dr. Niti Khurana (PT)
Head, North Zone
IAPWC

Dr. Charu Sharma (PT)
Joint Coordinator
(IAPWC-UK)

Dr. Manmeet Kaur (PT)
Sub Coordinator
(IAPWC-UK)

Faculty of DIBNS & SBSU

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