



World Physiotherapy Day Celebration 2025

**Organized by: IAP Tripura State Branch
& IAP Women Cell (IAPWC), Tripura**

Theme: HEALTHY AGEING

Date: 7th – 8th September 2025



INTRODUCTION

- World Physiotherapy Day is celebrated globally on 8th September to highlight the value and contribution of physiotherapists in promoting health and well-being.
- This year, the **IAP Tripura State Branch, along with the IAPWC Tripura Chapter**, organized a two-day grand celebration with the active participation of members, students, and the community.
- The theme for **2025** was “**Healthy Ageing**”, emphasizing the importance of physiotherapy in maintaining mobility, independence, and quality of life as people grow older.

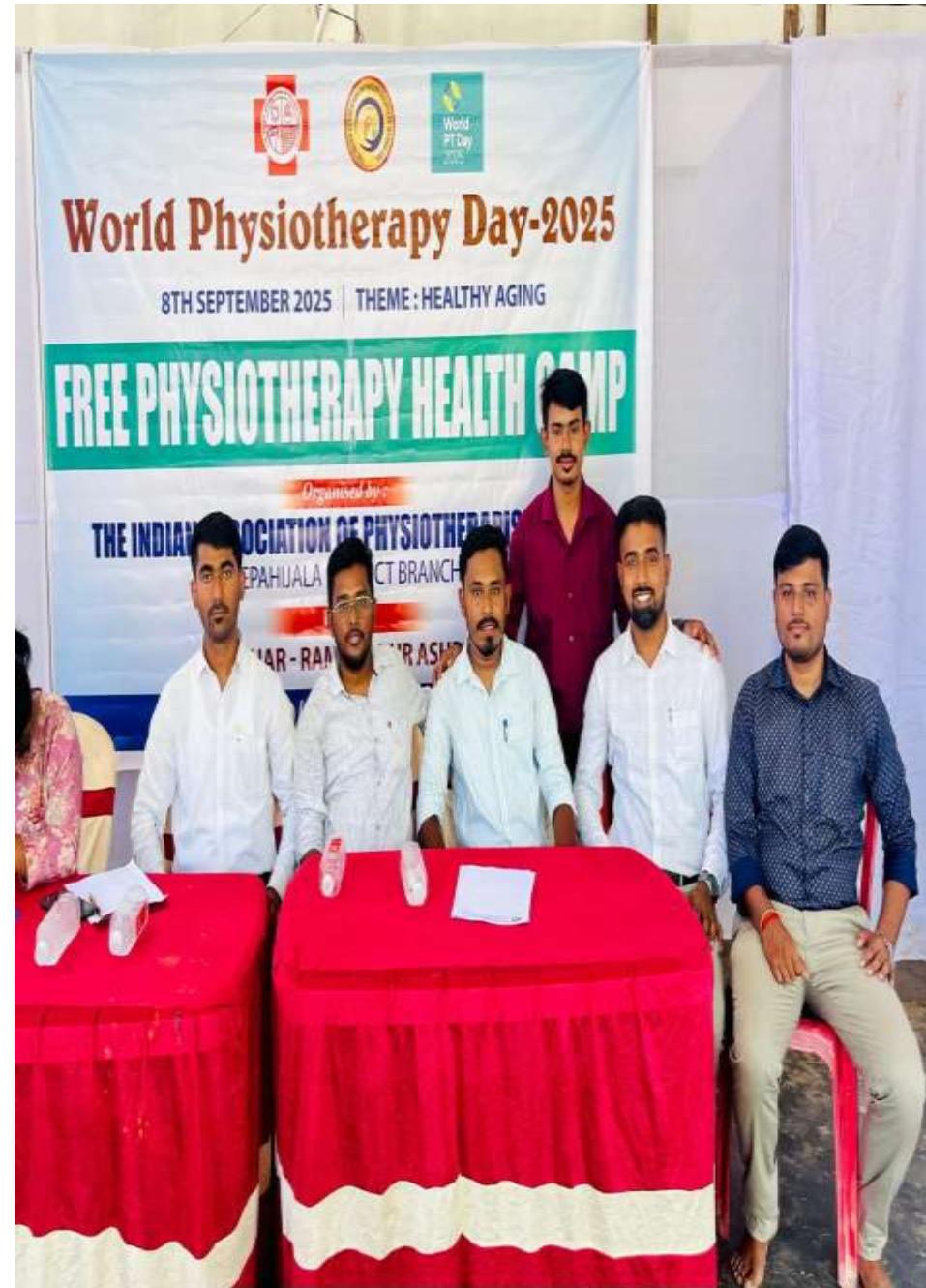
IAP/IAPWC [TRIPURA]

Sr. No.	<u>Activity Name/Title</u>	<u>Date</u>	<u>Venue</u>
1.	Mega Health Camp: Free physiotherapy consultations.	7th September 2025	Apnagar Old Age Home & Nalchar
2.	Community Outreach: Volunteers distributed leaflets and educated elderly residents about daily exercises and healthy lifestyle practices.	7th September 2025	Apnagar Old Age Home & Nalchar
3.	Walkathon: Flagged off in the morning to spread awareness about physiotherapy.	8th September 2025	Agartala City
4.	Mobility Aids Distribution	8th September 2025	Agartala City
5.	Oath-Taking Ceremony for Young Professionals	8th September 2025	Agartala City
6.	Cultural & Motivational Segment	8th September 2025	Agartala City

Day 1: 7th September 2025

📍 **Venue: Apnagar Old Age Home & Nalchar**

- **Mega Health Camp:** Free physiotherapy consultations, posture assessments, and awareness sessions on joint care, fall prevention, and mobility.
- **Community Outreach:** Volunteers distributed leaflets and educated elderly residents about daily exercises and healthy lifestyle practices.







Day 2: 8th September 2025

Venue: Agartala City

Walkathon: Flagged off in the morning to spread awareness about physiotherapy. Participation of students, practitioners, and senior citizens. Slogans and banners on Healthy Ageing attracted community attention.

Mobility Aids Distribution: Wheelchairs, walkers, and supportive devices provided to needy individuals. Beneficiaries expressed gratitude, highlighting the social impact of physiotherapists.

Oath-Taking Ceremony for Young Professionals: Newly joined physiotherapists took an oath to serve society with dedication. This motivated upcoming professionals to embrace their role with responsibility.

Cultural & Motivational Segment: Short speeches by senior physiotherapists on the role of physiotherapy in ageing. Inspirational performances by students to mark the day.











Acknowledgements:

We extend our heartfelt gratitude to:

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- **Dr. Smita (Zonal Head, IAPWC)** for her encouragement.
- **IAP Tripura State Branch President Dr. Birbar Debnath (PT)** for his guidance.
- Our dedicated team – **Dr. Rini Chakraborty (PT) (State Coordinator, IAPWC Tripura), Dr. Jui Nag (PT) , Dr. Papiya Debnath (PT), Dr. Rashmita Saha (PT), Dr. Bijaya Paul (PT),** and all members for their tireless efforts.
- Collaborating organizations, including **TIPS and Yashoda Hospital,** for extending their support.

Conclusion:

The **World Physiotherapy Day 2025** celebration in **Tripura** was a vibrant blend of community service, awareness, and professional bonding. It successfully highlighted the importance of physiotherapy in ensuring Healthy Ageing. The enthusiastic participation and outreach activities reinforced the vision of physiotherapists as essential contributors to public health and well-being.

Long Live Physiotherapy....

THANK YOU

