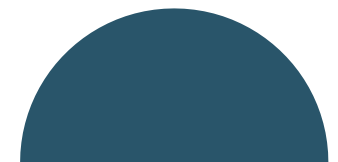
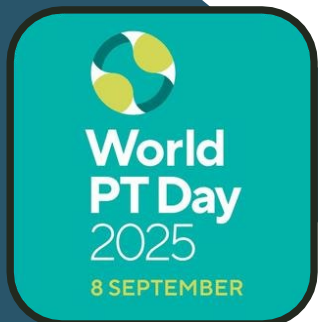




The Indian Association Of Physiotherapists
Celebrating World Physiotherapy Day 2025

HEALTHY AGEING

Enhancing the Quality of Elder Care



What is Healthy Ageing?

A process of maintaining physical, mental and social well-being of elderly.

It involves staying active through regular exercise, eating a balanced diet, engaging in activities that stimulate the mind.

Preventive healthcare, adequate sleep and managing stress also play key roles.





<IAP/IAPWC> <Utkal-Odisha >

Sr. No.	Activity Name/Title	Date	Venue
1	Free health Camp	7/09/25	Trident galaxy ,Bhubaneswar
2	Free health Camp	8/9/25	Utkal Royal Residency, Bhubaneswar
3	Free health Camp	8/9/25	Assotech society, Bhubaneswar
4	Free health Camp	8/9/25	Mothers Public School, Pahala, Bhubaneswar



<IAP/IAPWC> <Utkal-Odisha >

Sr. No.	Activity Name/Title	Date	Venue
5	Ergonomic assessment workshop	8/09/25	Impulsion Pvt Ltd
6	Physiotherapy consultation camp	8/9/25	Lifeline Physiocare ,sambalpur
7			
8			

Activity Topic: Physiotherapy Awareness camp

Date & Time: 7/9/25 & 9 am -12:30pm

Venue:Trident galaxy club house ,Bhubaneswar

**Team Members:Dr.Stiti,Dr.Pani,Dr.Prabhanjan
,Dr.Natasha & team**



The poster is for a 'FREE PHYSIOTHERAPY AWARENESS CAMP'. At the top, it features logos for 'The Indian Association of Physiotherapists & IAP Women Cell' and 'World Physiotherapy MEMBER ORGANISATION'. Below these, it says 'Celebrating World Physiotherapy Day 2025 In association with GetAlive HEALTHCARE Brings you'. The main title 'FREE PHYSIOTHERAPY AWARENESS CAMP' is in a large, bold, orange and white box. Below the title, there is a photograph of a physiotherapist assisting an elderly woman with a walker, with another man standing nearby. To the right of the photo, a list of activities is provided: 'Free physiotherapy consultations', 'Postural assessments', 'Preventive care guidance', 'Awareness on lifestyle & orthopedic conditions', and 'Tips for general well-being'. At the bottom, the location is 'Trident Galaxy Clubhouse' and the date/time is 'September 7, 2025 9 AM - 12:30 PM'. The footer includes the contact information 'Call For Rehabilitation & Recovery | +91 9583210333' and the website 'www.getalive.co.in'.

FREE
**PHYSIOTHERAPY
AWARENESS CAMP**

- Free physiotherapy consultations
- Postural assessments
- Preventive care guidance
- Awareness on lifestyle & orthopedic conditions
- Tips for general well-being

Trident Galaxy Clubhouse
September 7, 2025 9 AM - 12:30 PM

Call For Rehabilitation & Recovery | +91 9583210333
www.getalive.co.in



Description of Activity:



Description of Activity:

THE DHWANI PRATIDHWANI

ଗେଟାଲାଲଭ ହେଲଥ କେୟାର ପକ୍ଷରୁ ନିଃଶୂଳ ଫିଜିଓଥେରାପି ଶିବିର

ଭୁବନେଶ୍ୱର , ୭/୦୯ (ନି.ପ୍ର): ବିଶ୍ୱ ଫିଜିଓଥେରାପି ଦିବସ ପୂର୍ବ ଗେଟାଲାଲଭ ହେଲଥ କେୟାର ଓ ଇଣ୍ଡିଆନ୍ ଆସୋସିଏସନ୍ ଅଫ୍ ଫିଜିଓଥେରାପିଷ୍ଟର, ଉତ୍କଳ ଶାଖା ମିଳିତ ଆହୁତୁଲ୍ୟରେ ଏକ ନିଃଶୂଳ ଫିଜିଓଥେରାପି ଶିବିର କଳିଙ୍ଗ ନଗର ସ୍ଥିତ ଟ୍ରାଇଡେ଼ସ୍ ଗ୍ୟାଲେକ୍ଟ୍ରି ଠାରେ ଅନୁଷ୍ଠିତ ହୋଇଯାଇଛି । ଗେଟାଲାଲଭ ହେଲଥ କେୟାର ନିର୍ଦ୍ଦେଶକ ଡ଼ା ପ୍ରଭାଞ୍ଜନ ରାୟସମନ୍ତ ପ୍ରତ୍ୟକ୍ଷ ତତ୍ତ୍ୱାବଧାନରେ ଆୟୋଜିତ ଏହି ଶିବିରକୁ ଆଇ.ଏ.ପି ଉତ୍କଳ ଶାଖାର ସଭାନେତ୍ରୀ ଡ଼ଃ ସୁଚି ପ୍ରଞ୍ଜା ଦଳବେହେରା ମୁଖ୍ୟ ଅତିଥି ଭାବେ ଯୋଗ ଦେଇ ଏହାକୁ ଉଦଘାଟନ କରି ଥିଲେ । ଆଇ.ଏ.ପି ଉତ୍କଳ ଶାଖାର ଉପସଭାପତି ଡ଼ଃ ଭୁବନା ନନ୍ଦ ପାଣି, ଗେଟାଲାଲଭ ହେଲଥ କେୟାର ନିର୍ଦ୍ଦେଶକ ଡ଼ା ଦେବାଶିଷ ମିଶ୍ର ଓ ମିହିର ନନ୍ଦ ଗୋସ୍ୱାମି ପ୍ରମୁଖ ସାମ୍ବାଦିକ ଅତିଥିଭାବେ ଯୋଗ ଦେଇଥିଲେ । ପୁନଃ ସକ୍ଷମ କରିବା ଦିଗରେ ଫିଜିଓଥେରାପି ଏକ ଗୁରୁତ୍ୱପୂର୍ଣ୍ଣ ଭୂମିକା ଗ୍ରହଣ କରୁଛି



। ନବଜାତ ଶିଶୁ, ଯୁବକ ଏବଂ ବରିଷ୍ଠ ନାଗରିକ ମାନଙ୍କର ବିଭିନ୍ନ ଜନ୍ମଗତ, ସ୍ୱଚ୍ଛମିଆଦୀ ଏବଂ ଦୀର୍ଘ ମିଆଦୀ ଭିନ୍ନକ୍ଷମତାର ଉପଚାର କରି ସେମାନଙ୍କୁ ସକ୍ଷମ କରାଯାଉଛି । ଜନ୍ମରୁ ୧୮ ବର୍ଷ ବୟସର ପିଲା ମାନଙ୍କର କ୍ଷେତ୍ରରେ ବିଭିନ୍ନ ଭିନ୍ନକ୍ଷମତା ଯଥା ବିକାଶରେ ବିଳମ୍ବ, କଥା କହିବାରେ ବିଳମ୍ବ, ଯୁବକମାନଙ୍କର ଆସ୍ଥ ଏବଂ ମେରୁଦଣ୍ଡ ତଥା ପିଠି ଯନ୍ତ୍ରଣା , ପକ୍ଷାଘାତ ଆଦି ସହ ବରିଷ୍ଠ ନାଗରିକଙ୍କର ଅଂଚା, ପିଠି ଓ ଆସ୍ଥ ଯନ୍ତ୍ରଣା ଏବଂ ସାଧାରଣ ଦୁର୍ବଳତା ଆଦି ପାଇଁ ଫିଜିଓଥେରାପି ସେବା ସେମାନଙ୍କୁ

ପୁନର୍ବାର ସକ୍ଷମ ଏବଂ କର୍ମଯୋଗ୍ୟ କରାଇବା ଦିଗରେ ସହାୟତା ଦେଉଛି ବୋଲି ଅତିଥି ମାନେ ମତ ପ୍ରକାଶ କରିଥିଲେ । ଡ଼ଃ ରଜନୀକାନ୍ତ ସାଲ୍, ଡ଼ଃ ସ୍ୱାସତି ମିଶ୍ର, ଡ଼ଃ ନତାଶା ପ୍ରଧାନ, ନନ୍ଦ କିଶୋର ବେହେରା, ନିଲମ ଦେହୁରୀ, ସୁଚି ସଂଜୀବନୀ ମିଶ୍ର, ସୁଚି ଗୁପ୍ତା, ଜୟନ୍ତ ସାହୁ, ଲିକ୍ୱା ପାତ୍ର ପ୍ରମୁଖ ଉପସ୍ଥିତ ରହି ଉପସ୍ଥିତ ଶତାଧିକ ଜନସାଧାରଣଙ୍କୁ ନିଃଶୂଳ ଫିଜିଓଥେରାପି ସେବା ପ୍ରଦାନ କରିଥିଲେ । ଏହି ଶିବିରରେ ସ୍ଥାନୀୟ ନାଗରିକ, ବୃଦ୍ଧ ବ୍ୟକ୍ତି ଏବଂ ଅନେକ ମହିଳା ଅଂଶଗ୍ରହଣ କରି ନିଃଶୂଳ ଫିଜିଓଥେରାପି

ସେବା ଗ୍ରହଣ କରିଥିଲେ । ଅନେକ ଲୋକ ଏହି ପ୍ରୟାସକୁ ଏକ ସୁନ୍ଦର ଉଦ୍ୟମ ବୋଲି ବର୍ଣ୍ଣନା କଲେ ଏବଂ ଏହି ପ୍ରକାର ସ୍ୱାସ୍ଥ୍ୟ ଶିବିର ଆଗାମୀ ଦିନ ମାନଙ୍କରେ ଆୟୋଜନ କରିବାକୁ ଅନୁରୋଧ କରିଥିଲେ । ଗେଟାଲାଲଭ ହେଲଥ କେୟାର ଓ ଇଣ୍ଡିଆନ୍ ଆସୋସିଏସନ୍ ଅଫ୍ ଫିଜିଓଥେରାପିଷ୍ଟର, ଉତ୍କଳ ଶାଖା ପକ୍ଷରୁ ଏହି ପ୍ରୟାସ ଆଗାମୀ ଦିନରେ ଲୋକଙ୍କ ଉପକାର ପାଇଁ ପୁନର୍ବାର ଆୟୋଜନ କରାଯିବ ବୋଲି ଆଶ୍ୱାସନ ଦିଆଯାଇଛି । ଟ୍ରାଇଡେ଼ସ୍ ଗ୍ୟାଲେକ୍ଟ୍ରିର ସଭାପତି ଅଜିତ ଚୌଧୁରି ଶେଷରେ ସମସ୍ତଙ୍କୁ ଧନ୍ୟବାଦ ପ୍ରଦାନ କରିଥିଲେ ।

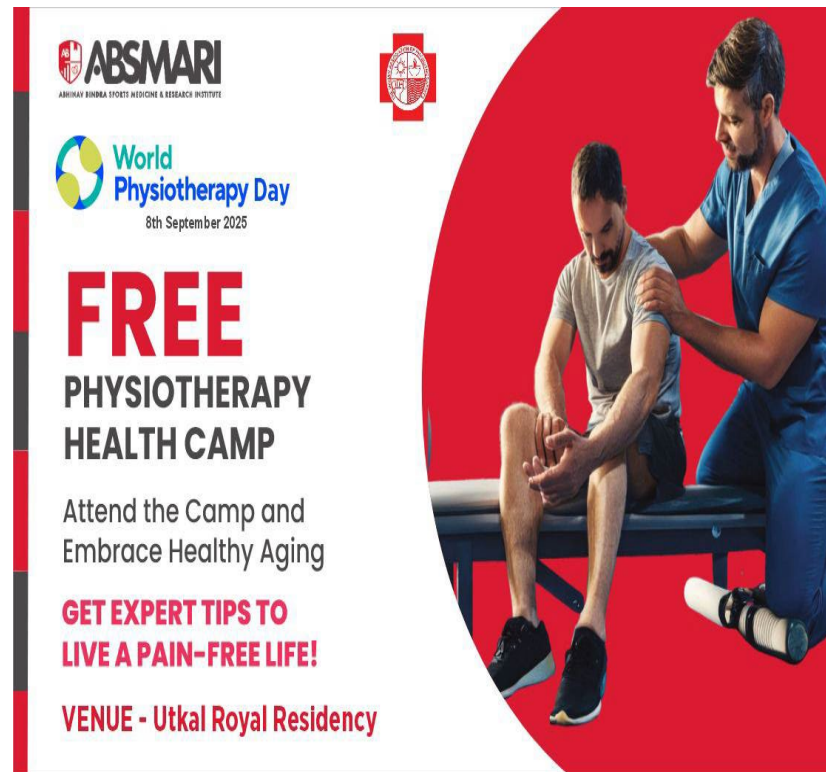


Activity Topic: Physiotherapy Health camp Date &

Time: 8/9/25 & 10 am -1:00pm

Venue: Utkal Royale Residency ,Bhubaneswar

Team Members:Dr.Priyadarshini and her team



Description of Activity:



Activity Topic: Physiotherapy Health camp

Date & Time: 8/9/25 & 10 am -1:00pm

Venue: Assotech society ,Bhubaneswar

Team Members:Dr.Asif and his team



A promotional poster for a physiotherapy health camp. The poster features a red and white color scheme. On the left, there is a vertical bar with red and grey segments. The main text is in bold, black and red fonts. The top left corner has the ABSMARI logo (Abhinav Sports Medicine & Research Institute) and a red cross logo. Below these is the 'World Physiotherapy Day' logo with the date '8th September 2025'. The central text reads 'FREE PHYSIOTHERAPY HEALTH CAMP'. Below this, it says 'Attend the Camp and Embrace Healthy Aging'. Further down, it says 'GET EXPERT TIPS TO LIVE A PAIN-FREE LIFE!'. At the bottom left, it states 'VENUE - Assotech Society' next to the Assotech logo (Next Generation Spaces). On the right side, there is a large circular image showing a physiotherapist in blue scrubs performing a massage on a man's shoulder while he sits on a black table.

ABSMARI
ABHINAV SPORTS MEDICINE & RESEARCH INSTITUTE

World Physiotherapy Day
8th September 2025

FREE
PHYSIOTHERAPY
HEALTH CAMP

Attend the Camp and
Embrace Healthy Aging

GET EXPERT TIPS TO
LIVE A PAIN-FREE LIFE!

VENUE - Assotech Society

ASSOTECH
NEXT GENERATION SPACES



Description of Activity:



Activity Topic: Physiotherapy Health camp Date &

Time: 8/9/25 & 10 am -1:00pm

Venue: Mothers public school ,Bhubaneswar

Team Members:Dr. Sunanda and her team



The poster features a woman in a pink shirt assisting a young girl with a large green exercise ball. The background is white with a red and black diagonal stripe in the top right corner. Logos for ABSMARI, World Physiotherapy Day, and a medical cross are at the top. Text on the left describes the camp's purpose and venue.

ABSMARI
ASHINAY BINDRA SPORTS MEDICINE & RESEARCH INSTITUTE

World Physiotherapy Day
8th September 2025

**PHYSIOTHERAPY
HEALTH CAMP**

**Helping children move better,
grow stronger, and stay active**

Empowering children with the
right care for a **healthier tomorrow**

VENUE - Mother's Public School



Description of Activity:



Activity Topic: Ergonomic assessment workshop

Date & Time: 8/9/25 & 2:00 pm -5:00pm

Venue: Impulsion ,Bhubaneswar

Team Members:Dr.Deepak and his team



ABSMARI
ABHINAV BINDRA SPORTS MEDICINE & RESEARCH INSTITUTE

World Physiotherapy Day
8th September 2025

ERGONOMICS
ASSESSMENT WORKSHOP

Balance Your Posture,
Boost Your Health!

VENUE - Impulsion Pvt. Ltd

**LEARN EXPERT TIPS FOR
A PAIN-FREE, ACTIVE LIFE**

Description of Activity:



Activity Topic: Physiotherapy Health camp

Date & Time: 8/9/25 & 9:00 pm -1:00pm

Venue: Lifeline Physiotherapy , Sambalpur

Team Members:Dr. Subhashree and his team



The poster is for a physiotherapy health camp. At the top, it features logos for The Indian Association of Physiotherapists & IAP Women Cell, and World Physiotherapy (Member Organisation). The text reads: "Celebrating World Physiotherapy Day 2025 In association with LIFELINE PHYSIO CARE". Below this, there are two green boxes: one on the left says "FREE PHYSIOTHERAPY CONSULTATION CAMP" and one on the right says "DATE SEPT 8, 9 & 10TH 10:30 AM to 1:00 PM". Under the left box, it lists "DR. Prateek Kumar Panda" (MPT Musculoskeletal) and "DR. Subhashree Panda" (MPT Rehabilitation). Below the names, it says "Better to Consult for:" followed by a list of conditions: "low back ache, neck pain, elbow pain, heel pain, knee pain, ACL reconstruction or injury, cerebral palsy, bells palsy, paralysis, TKR n etc". At the bottom left, there is a phone icon and the text "Book Appointment 7008358396". At the bottom right, there is a location pin icon and the text "Lifeline Physiocare Lifeline Diagnostics & Daycare Center Hospital Road, Modipara, Sambalpur".

The Indian Association of Physiotherapists & IAP Women Cell

World Physiotherapy
MEMBER ORGANISATION

Celebrating
World Physiotherapy Day 2025
In association with

LIFELINE PHYSIO CARE

FREE
PHYSIOTHERAPY CONSULTATION CAMP

DATE
SEPT 8, 9 & 10TH
10:30 AM to 1:00 PM

DR. Prateek Kumar Panda
MPT Musculoskeletal

DR. Subhashree Panda
MPT Rehabilitation

Better to Consult for:
low back ache, neck pain, elbow pain,
heel pain, knee pain, ACL reconstruction or injury,
cerebral palsy, bells palsy, paralysis, TKR n etc

Book Appointment
7008358396

Lifeline Physiocare
Lifeline Diagnostics & Daycare Center
Hospital Road, Modipara, Sambalpur



Description of Activity:



Activity Topic: Radio Talk

Date & Time: 8/9/25 & 3:00pm

Venue: Radio, Bhubaneswar

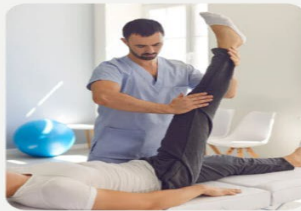
Team Members: Dr. Prabhanjan Rayasamanta

Our Special Interview On World Physiotherapy Day

Monday Sept 8 2025 At 1 PM & 3 PM



**With Physiotherapist
Dr. Pravanjan Raysamant**



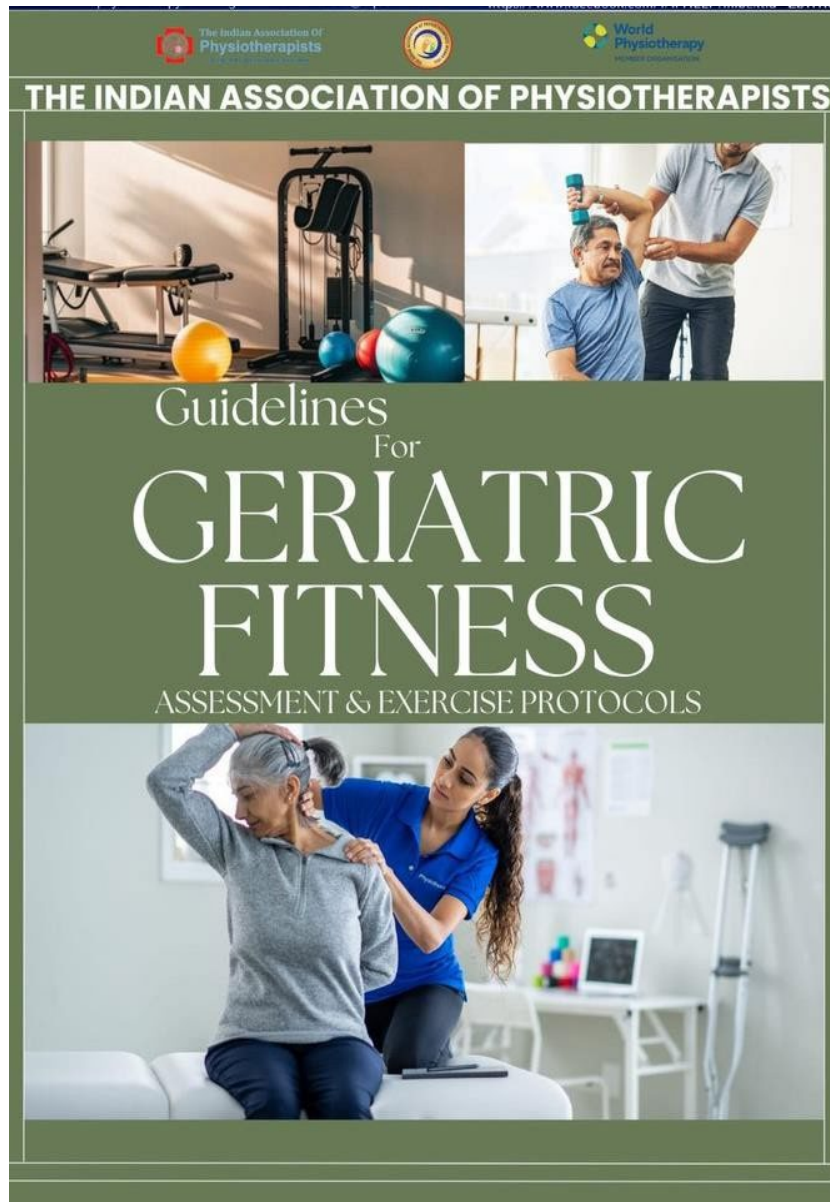
Activity Topic: Facebook post from Law minister Mr.Prithviraj

Harichandan

Date & Time: 8/9/25



Reference Guidelines





TOOLS FOR:

- Standardizing care
- Promoting Evidence-based practice
- Optimizing patient outcomes
- Enhancing professionalism
- Facilitating future Research & Innovation

IAP STRIVES TO :

EMPOWER PHYSIOTHERAPISTS BY MAKING THESE GUIDELINES READILY AVAILABLE TOOLS TO DELIVER HIGHEST QUALITY OF TREATMENT TO THEIR PATIENTS.

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<https://forms.gle/cRoPHvJK5HYJJ3ab9>

Or SCAN





Thank You
+