



**PHYSIOTHERAPY SECTION,
JAWAHARLAL INSTITUTE OF POSTGRADUATE MEDICAL EDUCATION & RESEARCH,
PUDUCHERRY, INDIA**

WORLD PHYSIOTHERAPY DAY - 2025 JIPMER CELEBRATIONS REPORT

The Physiotherapists from JIPMER celebrated World Physiotherapy Day on 8th September 2025 at the Physiotherapy section in Department of PMR based on this year's world PT day theme, "Healthy Ageing - Preventing falls and frailty". Dr. Navin Kumar, Head of the Department, PMR presided over the event and Dr. V. Padmapriyadarshini, Assistant Professor, PMR delivered the welcome address. Dr. L.N. Dorairajan, Medical Superintendent, and Dr. Jagadish Menon, Senior Professor, Department of Orthopaedic Surgery, were the special guests for the occasion. Mrs. M. Suganthi, Senior Physiotherapist, Dept of PMR gave a talk based on this year's theme, emphasizing the vital role of physiotherapy for the elderly, in view of healthy ageing.

The event featured the release of informative video on "Exercises for the elderly" which will be broadcast in JIPMER urban and rural health centers and also the release of educative pamphlets on 'Healthy ageing and Physical activity' prepared based on World Physiotherapy and WHO resources, in Tamil, English and Hindi languages to educate patients on the benefits of physical activity for Healthy Ageing. A video highlighting a month-long themed community outreach campaign and on-campus activities at JIPMER, focused on the elderly, was compiled and showcased during the program. It featured key initiatives including the distribution of informative pamphlets, awareness talks, exercise demonstrations for older adults, and capacity-building training sessions for healthcare workers.

Awareness posters sourced from World Physiotherapy website on Healthy Ageing and Physical Activity were displayed for public viewing at the various places in and out of JIPMER.

The Chief Guests also presented certificates and mementos to all the physiotherapists and staff at JIPMER. The event concluded with a vote of thanks delivered by Mrs. Bhanumathy Mohanakrishnan, Physiotherapist, Department of Neurology.

GLIMPSES OF WORLD PHYSIOTHERAPY DAY 2025 AT JIPMER









The public awareness informative video and JIPMER Physiotherapy day celebration videos were uploaded in official institutional YouTube page. To view the videos scan the following QR Codes:

**JIPMER PHYSIOTHERAPY
DAY 2025 ACTIVITES**



**PUBLIC AWARENESS
INFORMATIVE VIDEO**

