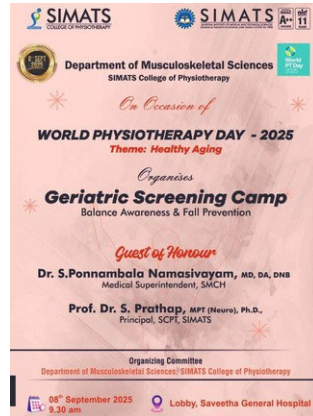
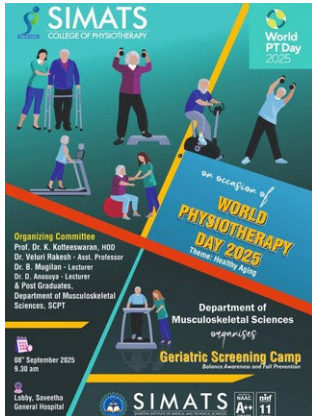


# SIMATS College Of Physiotherapy Saveetha Institute Of Medical And Technical Sciences

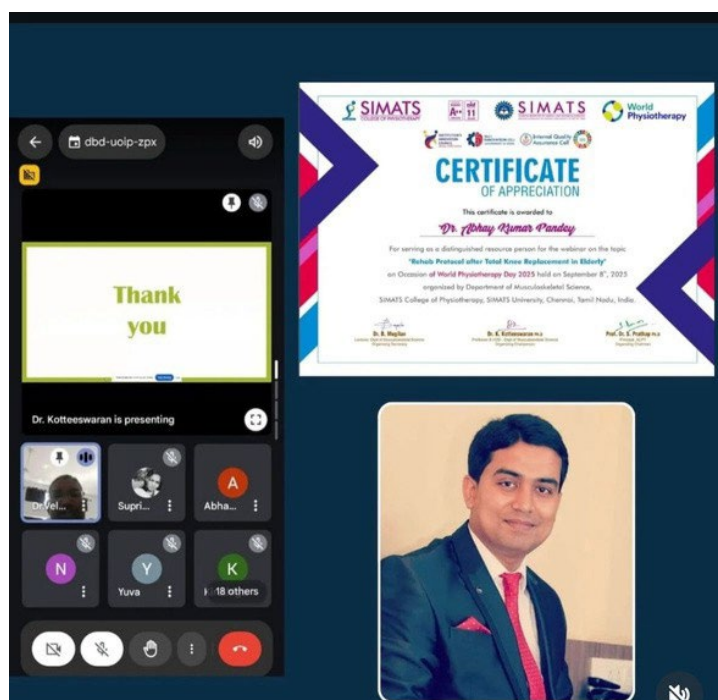
*World Physiotherapy Day Celebration - 2025*

*Event Organized By Various Departments*

## DEPARTMENT OF MUSCULOSKELETAL SCIENCES



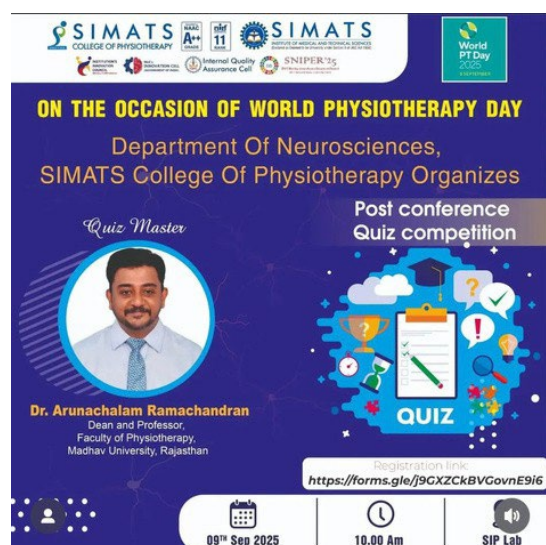
SIMATS College of Physiotherapy hosted a Geriatric Screening Camp to commemorate World Physiotherapy Day 2025 on 08.09.2025 at SMCH Hospital. The inauguration ceremony was attended by the Medical Superintendent of SMCH, HOD of the Orthopedic Department, Prof. Dr. S. Prathap Ph.D, Principal and HODs of SIMATS College of Physiotherapy. Under the guidance of Prof. Dr. K. Kotteswaran Ph.D, HOD of Musculoskeletal Science, and Dr. B. Mugilan and Dr. Rakesh Velluri Ph.D, the final-year postgraduates of the Musculoskeletal Department successfully organised the event. Over 50 geriatric individuals benefited from the camp.



SIMATS College of Physiotherapy organised webinar on occasion of World Physiotherapy Day 2025 on 08.09.2025. Dr. R. Angeline, MPT (Orthopedic and Traumatology), Associate Professor, SRIHER (Topic: Knee Cartilage Health: Foundation for Healthy Ageing and Fall Prevention) and Dr. Abhay Kumar Pandey, (Orthopedic and Manual Therapy), Ph.D., Vice President, Jharkhand State Council for Physiotherapy (Topic: Rehab Protocol after Total Knee Replacement in elderly) were invited as resource person. Post Graduates, Department of Musculoskeletal Science, SIMATS College of Physiotherapy were benefited through this knowledgeable webinar.



## DEPARTMENT FOR NEUROSCIENCES



On the occasion of World Physiotherapy Day 2025, the Department of Neurosciences, SIMATS College of Physiotherapy organized the Post- Conference Quiz Competition. We sincerely thank Dr. Arunachalam Ramachandran, Dean and Professor, Faculty of Physiotherapy, Madhav University, Rajasthan, for serving as the Quiz Master and for his valuable contribution. Congratulations to all the participants and winners for their commendable performance. The event highlighted the spirit of academic excellence and knowledge sharing.

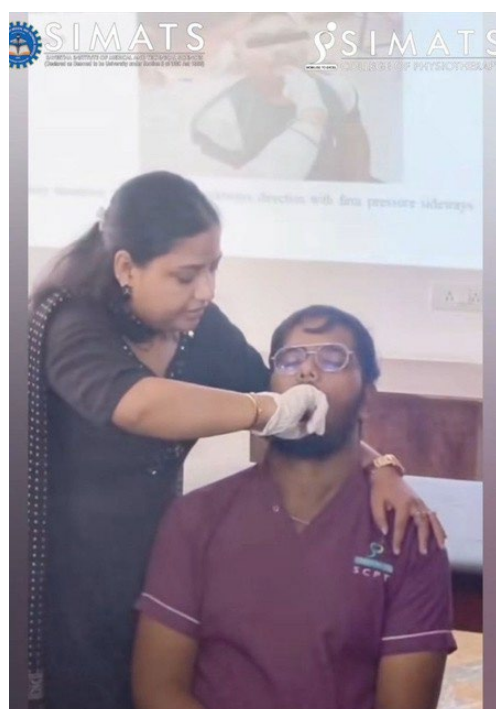
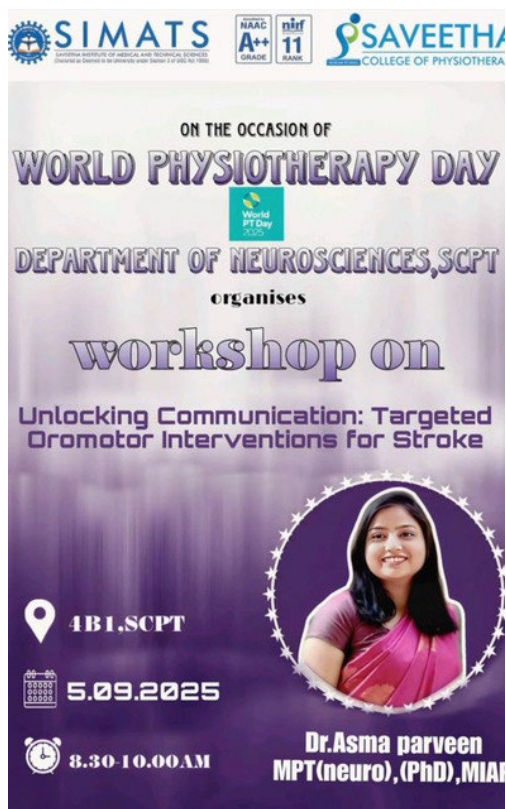




The SNIPER'25 International Interprofessional Conference, was an electrifying blend of knowledge, innovation, and collaboration, Organized and hosted by the Dept of Neurosciences, SCPT, SIMATS, and Co-organized by SIBMS, SCAHS, SCOT, SCON & SMCH.

Graced by our esteemed Chief Guests - Dr. Ashwani Kumar (Vice Chancellor) and Dr. Sheeja Varghese (Registrar), SIMATS. The conference had an overwhelming response of around 1100 participants attending from all over the country and globally.





The Department of Neurosciences, SIMATS College of Physiotherapy organized a workshop on "Unlocking Communication: Targeted Oromotor Intervention for Stroke" at 4B1, SCPT on 5th September 2025, as part of World Physiotherapy Day celebrations. Led by Dr. Asma Parveen, MPT (Neuro), Ph.D., the session (8-10 am) emphasized the importance of oromotor therapy in restoring speech, swallowing, and communication abilities in stroke survivors. Students gained practical insights into evidence-based rehabilitation strategies that can significantly enhance recovery and improve quality of life.

## DEPARTMENT OF PEDIATRIC AND NEONATAL SCIENCES

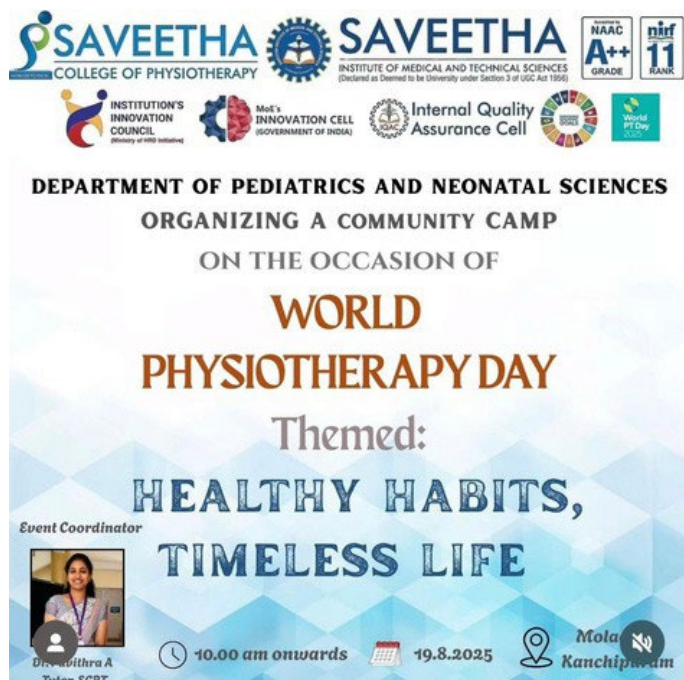


The Department of Pediatrics & Neonatal Sciences from The Saveetha College of Physiotherapy, SIMATS on the occasion of World Physiotherapy Day 2025, conducted a Community Awareness Camp at Aranvoyal village, Thiruvallur district on 9-8-25.

Around 40 Geriatric Individuals and their caregivers benefited from this camp. The camp was led & coordinated by Lecturer, Dr.S Pavithra along with Post graduate students Dr.Sneha and Dr.Shri from the Department of Pediatrics and Neonatal sciences.

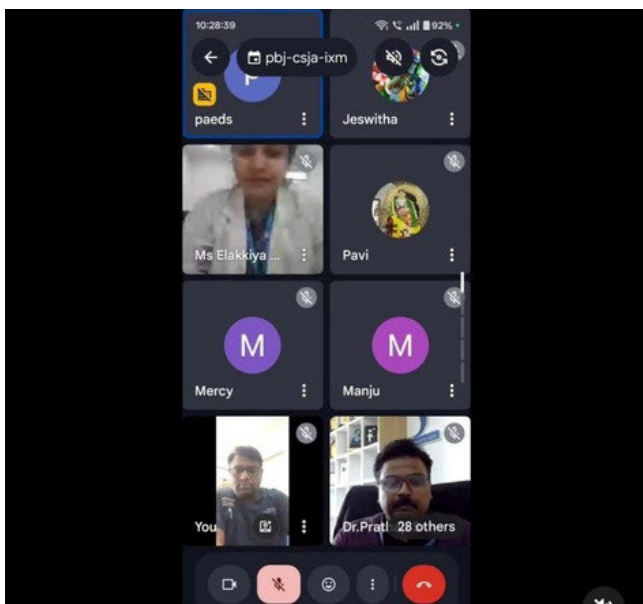
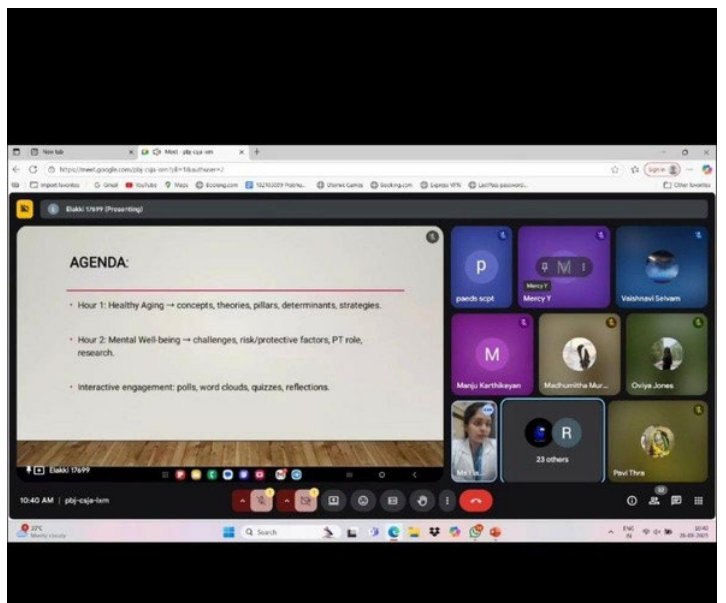
They conducted physiotherapy assessments that focused on mobility, fall prevention, posture and suggested the age-appropriate exercises for the elderly population to promote active, healthy living.





The Department of Paediatrics and Neonatal Sciences at Saveetha College of Physiotherapy (SCPT), SIMATS, organized a Community Awareness Camp on the occasion of World Physiotherapy Day at the Government School in Molachur, Kanchipuram district, on 19.08.25.

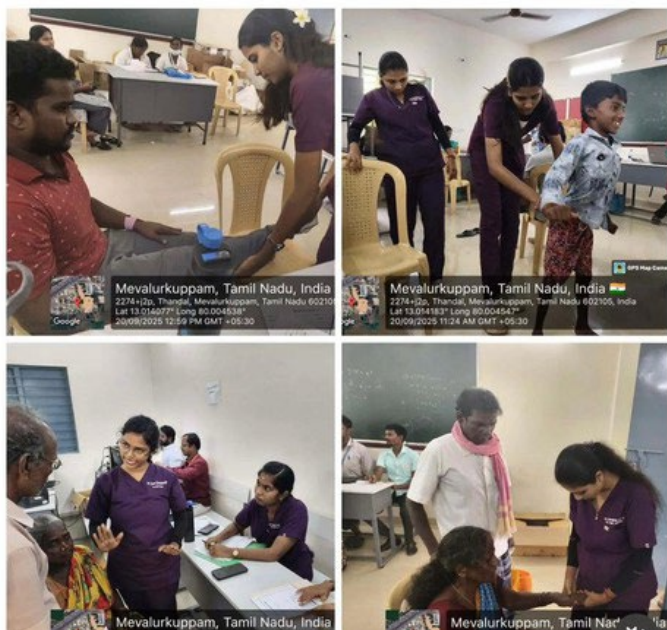
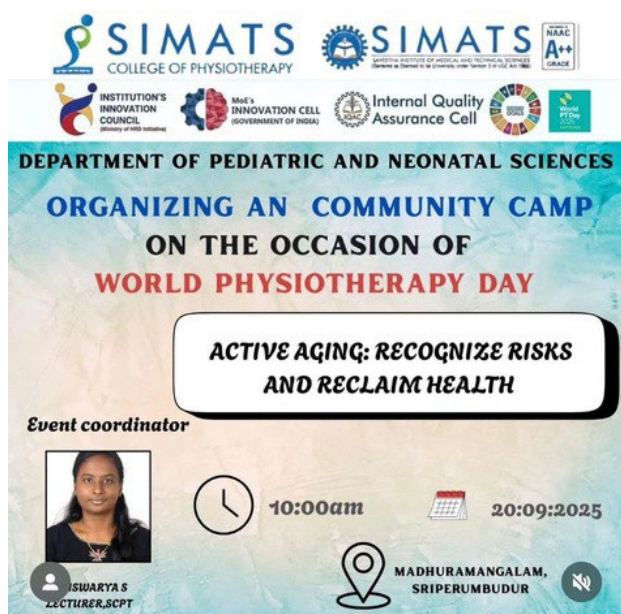
The event was co-ordinated and led by Dr. Pavithra A and supported by postgraduate students Dr. Rosaline Sujitha, Dr. Yazhini, 30 undergraduate students, who not only primed the participants for long-term physical and mental well-being but also embodied the service- learning educational model. More than 150 school students were engaged enthusiastically in the sessions of the camp which emphasised "Healthy Habits" and "Timeless Life," featuring stimulating brain games designed to promote cognitive agility and wellness. The initiatives were shown to enrich learning for physiotherapy students by enhancing moral sensitivity, ethical reasoning, academic knowledge, self-efficacy, and civic responsibility through real-world engagement



The Department of Pediatric and Neonatal Sciences, SIMATS College of Physiotherapy, successfully organized a webinar on the occasion of World Physiotherapy Day on August 28, 2025. The session on “Importance of Mental Well-Being in Healthy Aging”, delivered by Dr. Elakkiya Thinakaran, Assistant Professor, Nehru College of Physiotherapy, Coimbatore, was highly insightful.

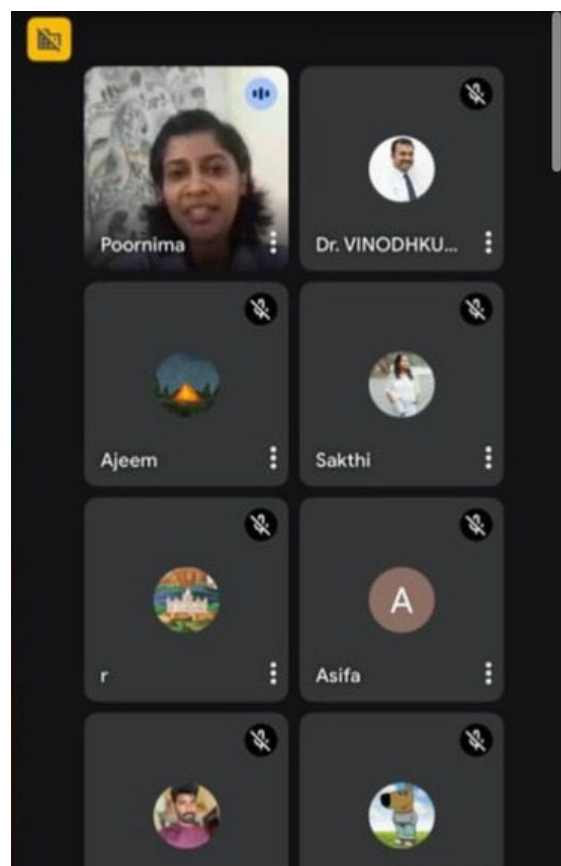
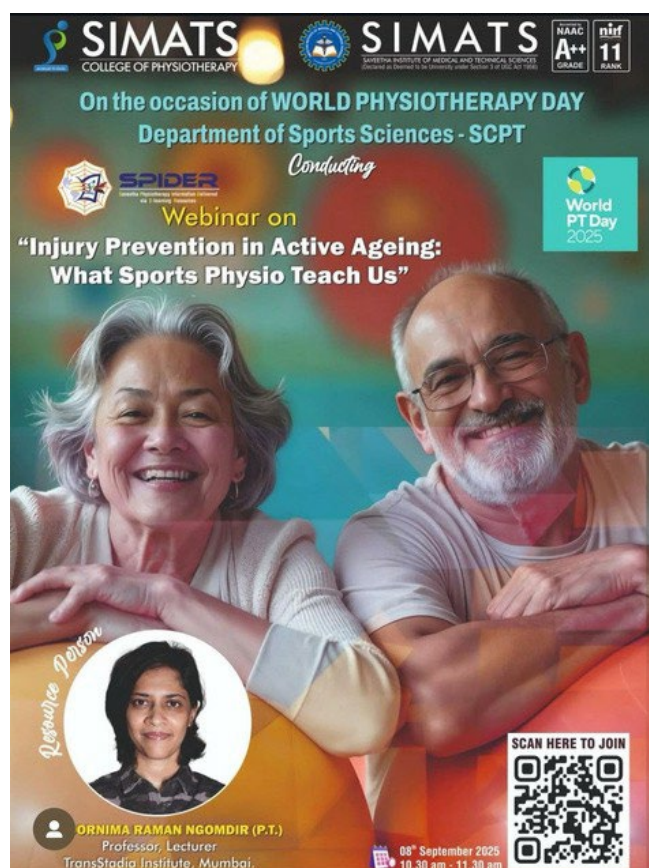
The program was coordinated by Dr. Pavithra S, Tutor, SCPT, benefitted around 30 undergraduate and 10 postgraduate students, enriching their understanding of the role of mental health in promoting healthy aging.





The Department of Pediatric and Neonatal Sciences, Saveetha College of Physiotherapy, organized a community camp on the occasion of World Physiotherapy Day at Madhuramangalam, Sriperumbudur, on 20th September 2025. The camp was coordinated by Dr. Iswarya S, Lecturer, SCPT. The theme of the camp was "Active Aging: Recognize Risks and Reclaim Health." Functional capacity screening, fall risk assessment, and health education sessions were conducted. The camp created awareness on mobility, balance, and healthy ageing practices. Physiotherapy exercises were demonstrated to promote independence and wellbeing. A total of 25 people participated in the program and benefitted from the camp.

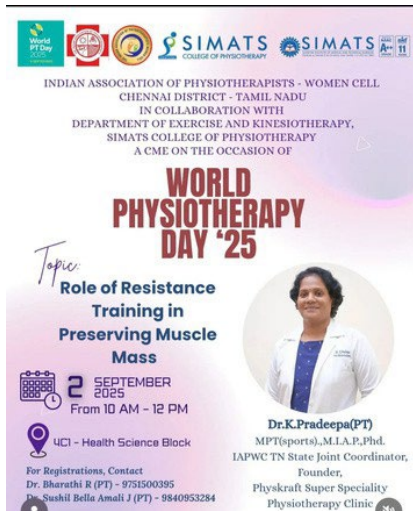
## DEPARTMENT OF SPORTS SCIENCES



On the occasion of World Physiotherapy Day, the Department of Sports Sciences, Saveetha College of Physiotherapy, organized a SPIDER Webinar on the theme "Injury Prevention in Active Ageing: What Sports Physio Teach Us" on 8th September 2025, from 10.30 am to 11.30 am via Google Meet. The session was delivered by Dr. Poornima Raman Ngomdir (P.T.), Sports Physiotherapist. A total of 36 participants actively took part and benefitted by gaining valuable insights and knowledge.



## DEPARTMENT OF EXERCISE AND KINESIOTHERAPY



INDIAN ASSOCIATION OF PHYSIOTHERAPISTS - WOMEN CELL  
CHENNAI DISTRICT - TAMIL NADU  
IN COLLABORATION WITH  
DEPARTMENT OF EXERCISE AND KINESIOTHERAPY,  
SIMATS COLLEGE OF PHYSIOTHERAPY  
A CME ON THE OCCASION OF

### WORLD PHYSIOTHERAPY DAY '25

Topic:  
**Role of Resistance Training in Preserving Muscle Mass**

2 SEPTEMBER 2025  
From 10 AM - 12 PM

UCI - Health Science Block

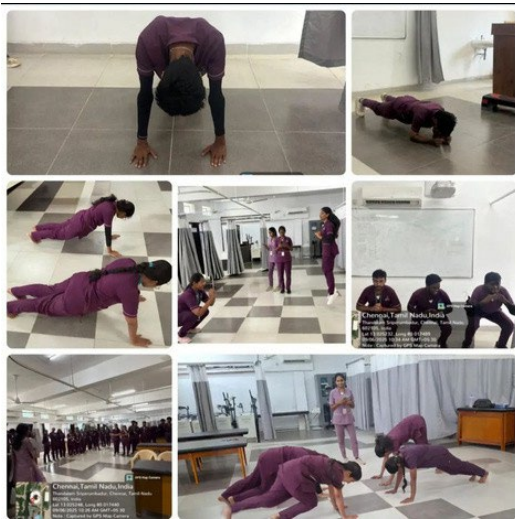
For Registrations, Contact  
Dr. Bharathi R (PT) - 9751500385  
Dr. Sushil Bella Amali J (PT) - 9840953284

**Dr.K.Pradeepa(PT)**  
MPT(sports), M.L.A.P.,Phd.  
IAPWC TN State Joint Coordinator,  
Founder,  
Physkraft Super Speciality  
Physiotherapy Clinic



On the occasion of world physiotherapy day, Indian association of physiotherapists women cell in association of department of exercise and kinesiotherapy, SIMATS College of Physiotherapy, Conducted a CME Program on Role of Resistance training on preserving muscle mass. The event happened at Health science Block, SIMATS College of Physiotherapy from 10am onwards on 02/09/2025.

Dr. Pradeepa K, IAPWC Tamilnadu joint coordinator, Founder of Physkraft Super Speciality Physiotherapy Clinic, came as resource person and around 30 students gained insights out of this event.



On the Occasion of World Physiotherapy Day Celebrations, The Department of Exercise & Kinesiotherapy,

SIMATS College of Physiotherapy in collaboration with the Rotaract Club, Saveeetha College of

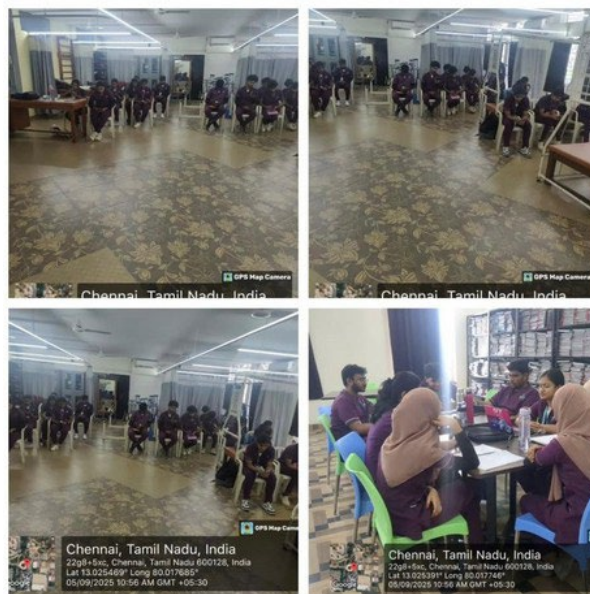
Physiotherapy, successfully conducted the HIIT & Fit Challenge

Around 30 enthusiastic undergraduate and postgraduate students actively participated in this fitness challenge, showcasing their strength, stamina, and team spirit. From high-intensity moves to pushing personal limits, the event was a true celebration of fitness, discipline, and determination.

Kudos to all the participants for their energy and commitment towards promoting a healthy and active lifestyle.

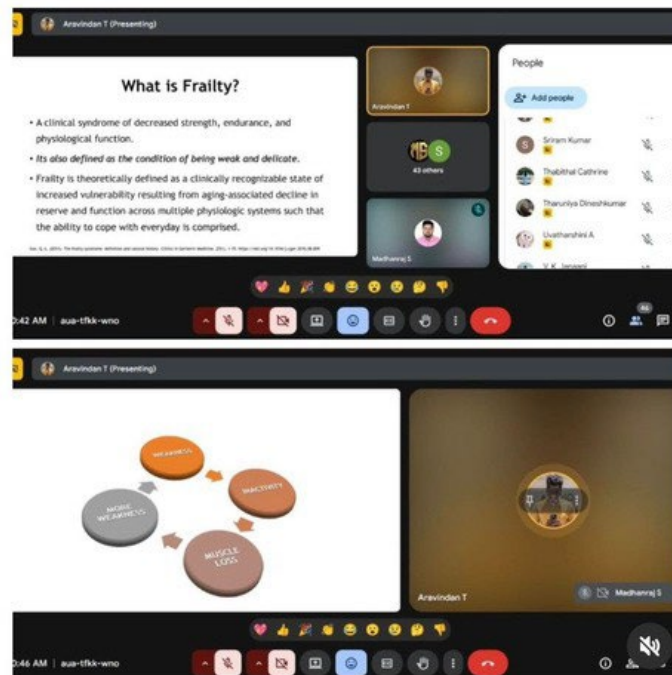


## DEPARTMENT OF COMMUNITY, GERIATRICS & PALLIATIVE CARE



The Dept. of Community, Geriatrics & Palliative Care, Saveetha College of Physiotherapy (SIMATS) successfully organized a knowledge-enriching session featuring Dr. N. Sathiyaseelan, PT, MIAP – Chief Physiotherapist, Naga Physio & Rehab Clinic, Chennai; Founder, Swasthya Connect & Swasthya e Academy.

With the enthusiastic participation of 70 attendees, the session provided valuable insights into physiotherapy's evolving role in holistic healthcare, innovation, and patient-centered practice.



The SPIDER Webinar on "Frailty Prevention: Building Resilience with Physiotherapy," held on September 4, 2025, was hosted by SIMATS College of Physiotherapy, Department of Community, Geriatrics, and Palliative Care. Dr.

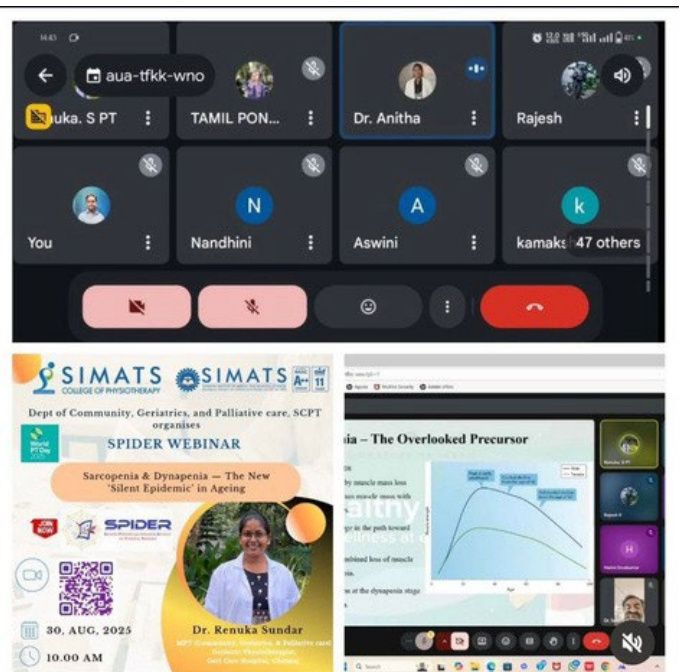
Aravindan T led the session, offering expert insights on strengthening resilience in older adults through physiotherapy. The event saw enthusiastic participation from 61 attendees, with active discussions and positive engagement. Participants can look forward to more enriching sessions and future learning opportunities from

SPIDER



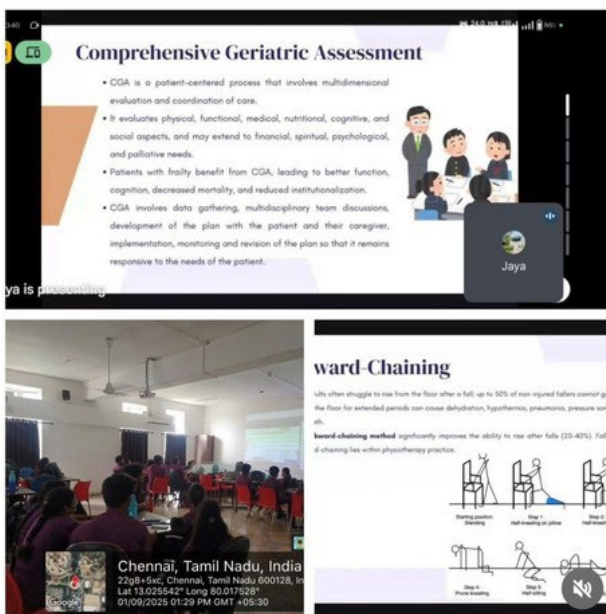


The Dept. of Community, Geriatrics & Palliative Care, Saveetha College of Physiotherapy (SIMATS) successfully conducted a SPIDER Webinar on " The Brain- Body Interface: Physiotherapy's Role in Memory and Cognitive Fitness among Older adults on World Physiotherapy Day 2025. The session was delivered by Dr. Yuvarany Parthiban. MPT (Neuro), (PhD). Assistant professor, School of physiotherapy, SBV, Chennai. Sri Balaji Vidyapeeth, and witnessed the enthusiastic participation of 61 attendees, who gained valuable insights on physiotherapy's role in promoting independence, functionality, and healthy ageing.



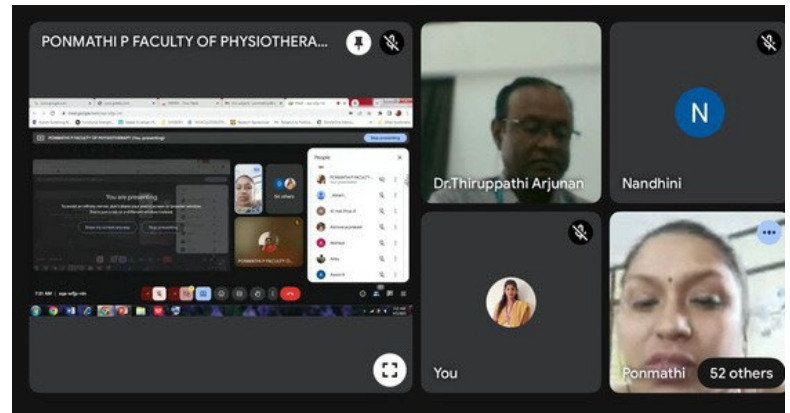
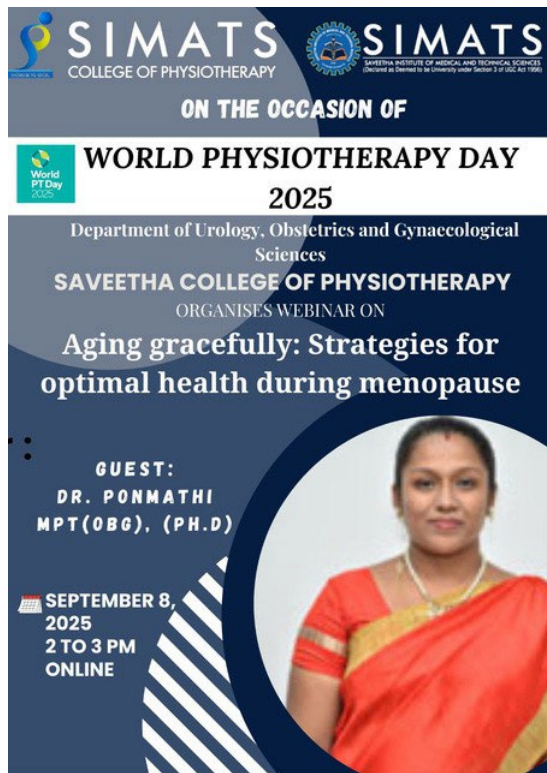
The Department of Community, Geriatrics, and Palliative Care, SCPT, organized the SPIDER Webinar on the occasion of World PT Day 2025 with the theme “Sarcopenia & Dynapenia – The New Silent Epidemic in Ageing” on 30th August 2025. The session was delivered by Dr. Renuka Sundar, Geriatric Physiotherapist at Geri Care Hospital, Chennai, and saw the enthusiastic participation of 94 UG and PG students, who gained valuable insights through the SPIDER (Saveetha Physiotherapy Information Delivered via E-learning Resources) platform.





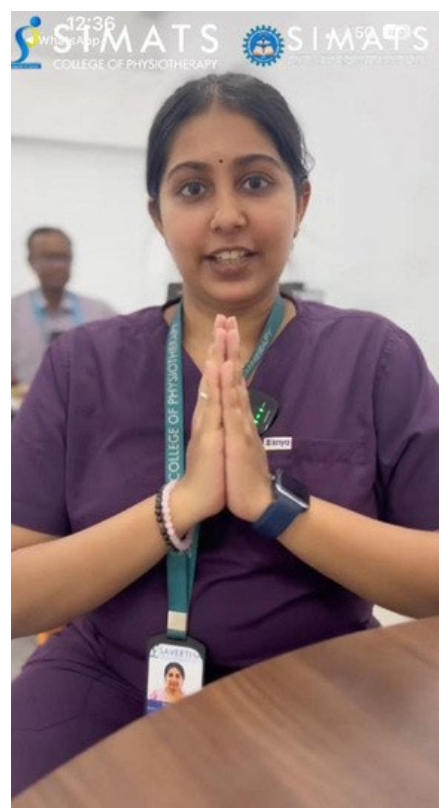
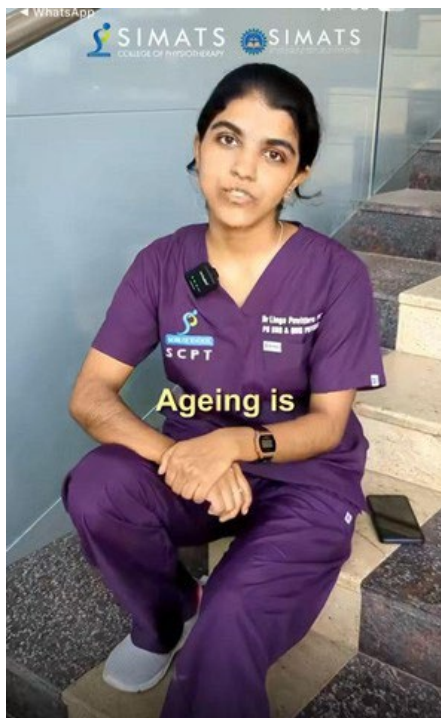
The Dept. of Community, Geriatrics & Palliative Care, Saveetha College of Physiotherapy (SIMATS) successfully conducted a SPIDER Webinar on "From Fragile to Functional: Role of Physiotherapy in Managing Frailty in Older Adults" on World Physiotherapy Day 2025. The session was delivered by Dr. Jayadharshini E, Geriatric Physiotherapist, Geri Care Hospital, Chennai, and witnessed the enthusiastic participation of 51 attendees, who gained valuable insights on physiotherapy's role in promoting independence, functionality, and healthy ageing.

## DEPARTMENT OF UROLOGY, OBSTETRICS & GYNAECOLOGICAL SCIENCES



The Dept. of Urology, Obstetrics & Gynaecological Sciences, Saveetha College of Physiotherapy (SIMATS) successfully conducted a SPIDER Webinar on “Aging Gracefully: Strategies for Optimal Health During Menopause” on World Physiotherapy Day 2025. The session was delivered by Dr. Ponmathi, MPT (OBG), Ph.D., and witnessed the enthusiastic participation of attendees who gained valuable insights on physiotherapy- based strategies to promote health, well-being, and quality of life during menopause.





As part of the World Physiotherapy Day 2025 celebrations, the Dept. of Urology, Obstetrics & Gynaecological Sciences, Saveetha College of Physiotherapy (SIMATS) also released a multilingual awareness reel on this year's theme "Healthy Aging." The initiative aimed to reach diverse communities, spreading awareness on the importance of physiotherapy in promoting active, healthy, and independent living across the lifespan.