

PRESS RELEASE

World Physiotherapy Day 2025 Celebration – Beaufort District, Sabah

Date: 21 September 2025

Location: Beaufort Hospital, Sabah

BEAUFORT, 21 September – The *World Physiotherapy Day 2025* celebration in Beaufort District, Sabah, was successfully held with the theme “**Healthy Ageing: Falls and Frailty.**” The event aimed to raise awareness on the vital role of physiotherapy in preventing falls and promoting lifelong wellness.

The opening ceremony was officiated by **Tuan Haji Jaludin Haji Kadir**, Special Officer representing **YB Datuk Hajah Siti Aminah Haji Aching**, Chairman of the Board of Directors of RISDA Semaian & Landskap Sdn. Bhd. and Member of Parliament for P.177 Beaufort.

Among those present were:

- **Dr. Sutharsan A/L Kannan**, Director, Hospital Beaufort
- **ASP Ng Chai Sing**, representing Superintendent Wong Leong Ming, Beaufort District Police Chief
- **Mr. Mohd Helmi bin Hashim**, Head of Physiotherapy Profession, Ministry of Health Malaysia
- **Ms. Lily Kong @ Kwong**, Head of Physiotherapy Profession, Sabah
- **Dr. Syahiskandar Sybil Shah**, Head of Rehabilitation Medicine Services, Sabah
- **Mr. Naquiuddin bin Johar**, Senior Physiotherapy Officer, Putrajaya Hospital

The event began as early as 6.00 a.m. with a warm-up and stretching session, followed by the **flag-off for the 10KM Competitive Run and 5KM Fun Run**, officiated by **Dr. Jason Jimmy Lee Pillay**, the event's main sponsor. The 10KM run featured four categories — *Men Open, Men Veteran, Women Open, and Women Veteran*.

Over **500 participants** took part, including members of the local community, government agencies, NGOs, volunteers, and representatives from Peninsular Malaysia and Sarawak.

The celebration also featured:

- A cultural dance performance by the local Beaufort group, Kumpulan Kg. Luagan
- “*Walk of Strength*” performance by patients from Physiotherapy Unit, Hospital Beaufort
- Health talks and free health screenings

- Blood donation drive
- Exhibition booths by agencies and NGOs
- Community vendor stalls

The program was organised by **Physiotherapy Unit, Hospital Beaufort**, in collaboration with **Beaufort Medical Recreation Club (BMRC)**, with support from various local agencies and sponsors including

Our deepest appreciation goes to the organising committee, volunteers, and participants for their invaluable contribution and cooperation in making this event a success.

Special thanks to our sponsors and partners:

Klinik Subha, Beaufort Kinabalu Medic Spine & Rehabilitation Centre, Explosive Gym, Pusat Khidmat Rakyat - P.177 Beaufort, Y&Y Group, D'Wellness Fitness, Sabah Physiotherapy Association (SPA), Profile Technology, DK Solutions Enterprise, InBody Asia Sdn. Bhd, Persatuan Hainan Beaufort and Persatuan Persahabatan Hung Men Beaufort.

Your generous support and collaboration made the 2025 World Physiotherapy Day Celebration (Beaufort District Level) truly meaningful.

Physiotherapy: For a Healthier, More Active and Independent Life

More event highlights can be found in:

<https://www.facebook.com/physiobeaufort/>

Some of the Organising Committee of World Physiotherapy Day Celebration 2025 in Beaufort



One of the main activities of the celebration: PHYSIO RUN 2025



Warm-up Session before the Run



Participants of the celebration including clients from Physiotherapy Unit, Beaufort Hospital



Opening & Closing Ceremony



Blood Donation Drive Hospital Beaufort (supported by Y&Y Group, Persatuan Hainan Beaufort & Persatuan Persahabatan Hung Men)

