

World Physiotherapy Day 2026 Celebrated at Ajman University

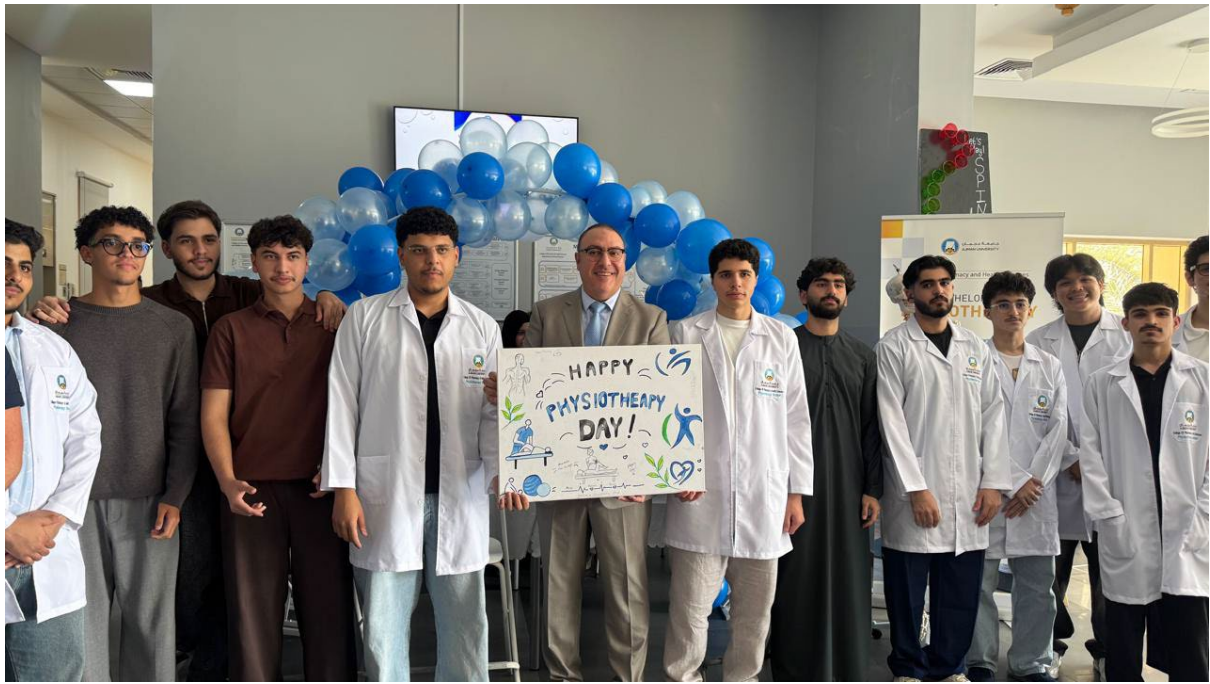
Department of Physiotherapy, College of Pharmacy and Health Sciences, Ajman University, celebrated **World Physiotherapy Day 2026** on **17 September 2026**. The event aligned with the global theme highlighting the role of **physiotherapy and physical activity in preventing cardiovascular disease and supporting stroke rehabilitation**.

More than **200 students, faculty members, and healthcare professionals** participated in the celebration. Opening remarks were delivered by **Dr. Hamzeh Awad**, followed by a special address from **Prof Dr.Abeer AlGhananeem**. Expert talks by **Dr. Prathap Suganthirababu** and **Dr. Laxmidevi** focused on cardiovascular health, stroke rehabilitation, women's health, and the importance of regular physical activity.

The program featured student-led awareness stalls, poster presentations, and interactive health education activities that promoted evidence-based physiotherapy practices and community health awareness. The event concluded by reaffirming the department's commitment to excellence in physiotherapy education, research, rehabilitation, and preventive healthcare.

#WorldPTDay #AjmanUniversity







**Department of Physiotherapy,
College of Pharmacy & Health sciences**
Venue: Ajman university, UAE
Date: 17 Sep 2026

**World
PT Day
2026**



THE IMPACT OF STROKE & CVD

UNDERSTANDING RISKS

1/4

WILL HAVE A STROKE
IN OUR LIFETIME,
BUT **25%** CAN BE
OF US PREVENTED



>3/4

of CVD deaths
in low & middle
income countries

20.5 MILLION
LIVES CLAIMED BY
CVD EACH YEAR





جامعة عجمان
AJMAN UNIVERSITY



World
Physiotherapy

**GLOBAL FOCUS: CARDIOVASCULAR
HEALTH & PREVENTION**
A collaborative approach to reducing NCDs
WHAT ARE NON-COMMUNICABLE DISEASES (NCDs)?


Cardiovascular Diseases,
Chronic Lung Diseases


Cancer


Diabetes

18 Million
people die from
an NCD
before age 70

A PHYSIOTHERAPIST'S ROLE

MANAGE LONG-TERM HEALTH CONDITIONS BE MORE PHYSICALLY ACTIVE MAKE EVERYDAY LIFESTYLE CHANGES PROVIDE SAFE, INDIVIDUALISED EXERCISE MINIMISE FALL RISK	SPOT WARNING SIGNS & PROMOTE EARLY ACTION Aerobic exercise to keep your heart healthy Resistance training to build strength Balance and flexibility exercises to help you move safely
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#WorldPTDay | 8 September | www.world.physio/wptday





جامعة عجمان
AJMAN UNIVERSITY

College of Pharmacy & Health Sciences

WORLD PHYSIOTHERAPY DAY CELEBRATION

*Movement
for a Healthier
Tomorrow*

Theme:

“Cardiovascular Disease and Stroke”

Highlighting the role of physiotherapy and physical activity in prevention, management, and rehabilitation.



Date:
17 September 2026
(Thursday)



Time:
12.00 PM – 2.00 PM



Venue:
A060 - J1F



Target Audience:
Physiotherapy Students,
Health Professionals



*Stronger Hearts
Brighter Futures*



Lectures
Expert insights



Workshop
Practical learning



Quiz
Test your knowledge



**Student Activities
and Celebration**
Prizes to be won!

Together, we move for better health.



Certificates will be provided to the winners
of the quiz and student activities.