DÍA MUNDIAL DE LA FISIOTERAPIA 2026

As part of the celebration of World Physiotherapy Day 2026, the School of Physiotherapy of Universidad Mariano Gálvez de Guatemala, through its Central Campus and its rural branch in Huehuetenango, joins the initiative promoted by World Physiotherapy. This year's focus highlights the fundamental role of physiotherapy and physical activity in the prevention, management, and rehabilitation of cardiovascular diseases and strokes.

As part of our commitment to promoting health and well-being among the Guatemalan population, we organized activities aimed at raising awareness about the importance of maintaining an active lifestyle, encouraging regular physical activity, and teaching patients how to exercise safely. These initiatives seek to promote healthy habits and contribute to cardiovascular health.

Through the participation of our students and professional physiotherapists, we carried out educational, guidance, support, and supervised physical exercise activities, reaffirming the importance of physiotherapy in the prevention of cardiovascular diseases.



English translation prepared with the assistance of ChatGPT (OpenAI, 2026).
































¡Muévete,
activa tu cuerpo, mejora
GIMNASIA
CARDIOVASCULAR
¡Tu salud
también se entrena!

